2006 Comprehensive Nursing Conference

February 23, 24

Presented by University Hospital

Up to 12.8 CEUs!

*Pre-conference*
February 22, 2006
featuring speakers,
Fred Lee, MA & Jim Raper, DSN
8.1 CEUs

Presented by University Hospital

7 tracks offering several topics to pique your interest!

Register Now!
$225 per person. $210 for group registration of 3 or more.
Single day registration available too!
See page 11 for more info...(including optional pre-conference cost!)

Birmingham Jefferson Convention Complex
1 Civic Center Plaza, Birmingham, AL 35203
### Workshop 1
**8:30 am—4:30 pm**

**Advanced Health Assessment—Jim Raper, DSN, CRNP**

“Are you looking to increase your critical thinking skills and to improve or refresh your assessment skills?” If so, then come hear Jim Raper as he provides “pearls of wisdom” and assessment tips that will help pull it all together. Dr. Raper will walk you through a head to toe assessment and discuss general considerations, structure and physiology, review of specific symptoms, impact of the specific organ system on the patient, and physical examination techniques specific to the organ system as well as the clinical-pathiologic correlation.”

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### Workshop 2
**8:30 am—4:30 pm**

**If Disney Ran Your Hospital: Some Things You’d Do Differently—Fred Lee, MA**

Fred Lee has the unusual distinction of having been both a senior vice president of a major medical center and a cast member at Disney University. Disney recruited him because of his expertise in helping hospitals achieve a culture that inspires patient and employee loyalty. At Disney, he helped develop and facilitate Disney’s health care version of its 4-day seminar, “Disney’s Approach to Quality Service”, and a new seminar on “Customer Loyalty”. With an insider’s experience and a keen eye for cultural comparisons, he is author of a new health care best seller, *If Disney Ran Your Hospital, 9 1/2 Things You Would Do Differently*. Mr. Lee will be sharing his expertise and experience to help you catch the fire of a culture change that will improve your patient and employee satisfaction.

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### Keynote Opening
**8:15 am—9:15 am**

**Humor as a Coping Strategy—Anne Belcher, PhD, RN, AOCN, FAAN - Johns Hopkins University SON**

In an ever stressful and challenging environment it helps to see the “funny” in life. Dr. Anne Belcher will be sharing how humor is an excellent coping strategy. She will discuss the physical and psychological effects that humor has as well as its positive impact on coping. Come join us as we answer the question, “What still is funny about nursing?”

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### Keynote Closing
**3:00 pm —4:00 pm**

**Buckets n’ Dippers—Jerry Patterson, PhD**

Enthusiasm is the single best answer to apathy and inertia in people and organizations. This presentation, filled with “down-home” humor, focuses on learning and unlearning, dealing with the challenges commitment brings, and maximizing acceptance of self and others.
A few comments from last year’s attendees:

“Very well organized! I loved the fact the sessions were only 50 minutes long—kept my interest and allowed me to view various topics. Registration, facility, food, assistance—all excellent!”

“I am very impressed with the quality of speakers, the facility, the UAB staff and attendees present. Overall an excellent learning experience. Thanks.”

“The conference was great—have another next year! The variety of topics was wonderful! Very educational, inspiring, stimulating conference. Food was good!”

“The conference was wonderful. Great variety of topics, facility was nice and sessions were perfect in length. Good job, committee.”

“I liked having many choices in the breakout sessions—it enabled me to hear some things I am interested in but don’t work with everyday.”
### 2006 UAB Comprehensive Nursing Conference—DAY 1

#### Thursday, February 23, 2006—Concurrent Breakout Sessions

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am-8:00 am</td>
<td>Registration and Breakfast</td>
</tr>
<tr>
<td>8:00 am-8:15 am</td>
<td>Welcome &amp; Announcements</td>
</tr>
<tr>
<td>8:15 am-9:15 am</td>
<td>KEYNOTE OPENING: Humor as a Coping Strategy—Anne Belcher</td>
</tr>
</tbody>
</table>

Session Legend—use this coding to identify the sessions you are interested in attending. Confirm on registration page 11.

- CV — Cardiovascular
- CC — Critical Care
- ED — Education
- L — Leadership
- MED — Medical
- ONC — Oncology
- SUR — Surgical

<table>
<thead>
<tr>
<th>Time</th>
<th>Concurrent Sessions 1-7</th>
<th>Concurrent Sessions 8-14</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Barbara McLean</td>
<td>10. What’s a DNP?: Advanced Practice Nursing in the Next Decade (ED) Alberta McCaleb</td>
</tr>
<tr>
<td></td>
<td>4. Changing to a Facilitating and Coaching Manager (L)</td>
<td>13. Predicting Outcomes in the Post Operative Patient (SUR) Phillip McArdle</td>
</tr>
<tr>
<td></td>
<td>Susan Williams</td>
<td>14. Bladder Cancer: Signs, Symptoms, Diagnosis, and Treatment (ONC) Davis Campbell</td>
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<tr>
<td></td>
<td>5. Human Insulin and Insulin Analogs (MED) Annette Wright</td>
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<tr>
<td></td>
<td>6. New Treatment for Parkinson's Disease: Deep Brain Stimulation (SUR)</td>
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<tr>
<td></td>
<td>Debbie Parrott, Stephanie Guthrie</td>
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<tr>
<td></td>
<td>7. Rural African-American Women in a Breast Health Program (ONC)</td>
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<tr>
<td></td>
<td>Mary Ann Kelley</td>
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</tr>
</tbody>
</table>
### Thursday, February 23, 2006—Concurrent Breakout Sessions

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#### 1:00 pm—1:50 pm
15. Critical Thinking Algorithms for High Risk Cardiac Surgery Patients (CV)  
   Cheryl Harrmann

16. Select Pulmonary Centers of Excellence: Strategy for Continued Success (CC)  
   Craig Johnson, Allan Goldstein

17. The Name of the Game: Rekindling the Spirit of Learning (ED)  
   Ann Colvin, Janice Martin

18. Leaders of the Future: The Clinical Nurse Leader (CNL) Initiative (L)  
   Alberta McCaleb

19. Safe Nurse, Safe Patient (MED)  
   Stephanie Burnett

20. LINK: The New Incompatibility Program for Patients Seeking and Requiring Renal Transplantation (SUR)  
   Alan Hawxby

21. Bridging the Gap: From Pediatric Oncology Patient to Adult Survivor (ONC)  
   Meredith Weintraub, Bethany Heron

#### 2:05 pm—2:55 pm
22. Endovascular Grafting Thoracic and Abdominal Aneurysms (CV)  
   Cheryl Harrmann

23. The Agony and Ecstasy: 411 on Club Drugs (CC)  
   Doris Strother

24. Nuts & Bolts of a Professional Nursing Presentation (ED)  
   Joan Walker, Shannon Graham

25. Magnet Designation as a Quality Indicator (L)  
   Douglas Oliver

26. Hypertension and the Metabolic Syndrome (MED)  
   Gail Hill

27. Reconstructive Surgery for Patients with Mastectomy (SUR)  
   Jobe Fix

28. Hematology for Dummies (ONC)  
   Jeanie McKay

#### 3:25 pm—4:25 General Session

525,600 Minutes—A Year in the Life of a Woman—Dianne Richmond
### Concurrent Breakout Sessions

**Friday, February 24, 2006**

**8:00 am-9:00 am**

**GENERAL SESSION:** Characteristics of Different Aged Learners—Carol Lammon

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**9:15 am—10:05 am**

**Concurrent Sessions 29-35**

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>29.</td>
<td>Options for the Patient with Cardiovascular Disease (CV)</td>
<td>Mary Zellinger</td>
</tr>
<tr>
<td>30.</td>
<td>Essentials of Chest Films (CC)</td>
<td>Charles A. Downs</td>
</tr>
<tr>
<td>31.</td>
<td>Perspective Transformation: Enhancing the Development of RN to BSN Students’ Professionalism (ED)</td>
<td>Debbie Faulk, Arlene Morris</td>
</tr>
<tr>
<td>32.</td>
<td>The Stress Mess: Sorting Through a Healthcare Dilemma (L)</td>
<td>Sharon Yeldell</td>
</tr>
<tr>
<td>34.</td>
<td>Advances in Peripheral-Vascular Reconstructive Surgery (SUR)</td>
<td>Mark Allen Patterson</td>
</tr>
<tr>
<td>35.</td>
<td>Risk Assessment for Chemotherapy—Induced Neutropenia (ONC)</td>
<td>Rebecca Donohue</td>
</tr>
</tbody>
</table>

**10:40 am—11:30 am**

**Concurrent Sessions 36-42**

<table>
<thead>
<tr>
<th>Session</th>
<th>Topic</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>36.</td>
<td>Cardiac Rhythm Management Devices (CV)</td>
<td>Lisa Findley</td>
</tr>
<tr>
<td>37.</td>
<td>Solving the Mystery: Abdominal Compartment Syndrome (CC)</td>
<td>Christina M. Cantey</td>
</tr>
<tr>
<td>38.</td>
<td>On-Line Learning (ED)</td>
<td>Betty Norris</td>
</tr>
<tr>
<td>39.</td>
<td>Cultivating a Culture of Change: Changing Fruit by Changing Roots (L)</td>
<td>David James, Joan Walker, Wanda Sandlin, Shannon Graham</td>
</tr>
<tr>
<td>40.</td>
<td>Communication 101: You Know this Stuff…. Remember? (MED)</td>
<td>Pam Turner</td>
</tr>
<tr>
<td>41.</td>
<td>Multi-disciplinary Treatment of Pancreatic Cancer (SUR)</td>
<td>Juan Arnoletti</td>
</tr>
<tr>
<td>42.</td>
<td>Review of Oncologic Emergencies (ONC)</td>
<td>Marynell Winslow</td>
</tr>
</tbody>
</table>

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### 2006 UAB Comprehensive Nursing Conference—Day 2

**Friday, February 24, 2006—Concurrent Breakout Sessions**

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<table>
<thead>
<tr>
<th>CV — Cardiovascular</th>
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<th>SUR — Surgical</th>
</tr>
</thead>
</table>

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<tr>
<th>12:45 pm—1:35 pm</th>
<th>1:50 pm—2:40 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concurrent Sessions 43-49</td>
<td>Concurrent Sessions 50-56</td>
</tr>
</tbody>
</table>

| 43. Sudden Cardiac Death in Adolescents  (CV) | 50. Top Ten List for Cardiovascular Care: 2006 and Beyond (CV)  
Barbara Mostella | Theresa Wadas |
|-----------------------------------------------|-------------------------------------------------------------|
| 44. Continuous Renal Replacement Therapy (CRRT) at UAB (1999-2005) (CC)  
Rajesh R. Gupta-Speer | 51. The Development of a Nurse Practitioner Led Rapid Response Team: Bringing Critical Care to the Floor (CC)  
Kate J. Morse |
| 45. Conquering Negativity in the Healthcare Environment (ED)  
Sharon E. Yeldell | 52. Age-Specific/Trans-cultural Competencies for Healthcare Providers (ED)  
Dave Slaubaugh |
| 46. Characteristics of an Effective Leader (L)  
Cynthia Barginere | 53. The Thrill is Gone...How do I get it back? (L)  
Wanda Sandlin |
| 47. Spinal Cord Injury: Acute Care through Rehab (MED)  
Melanie Schultz | 54. Workplace Violence: Personal Safety in Today’s Unpredictable World (MED)  
Felicia Watkins |
| 48. TBA (SUR) | 55. Managing the Post Renal Transplant Patient: Implications for Nursing (SUR)  
Alan Mayes |
| 49. To Use or Not to Use: VAD Complications (ONC)  
Cynthia Ryan |

**3:00 pm—4:00 pm Closing Keynote Session**

**Buckets n’ Dippers — Jerry Patterson**
CONFERENCE FACULTY

Alan Mayes, BSN, RN
Clinical Care Coordinator
UAB University Hospital

Carol Lammon, PhD, RN
Associate Professor &
RN Mobility Coordinator
UAB School of Nursing

Debbie Parrott, MSN, CRNP
Nurse Practitioner
UAB University Hospital

Alberta McCaleb, DSN, RN
Associate Professor & Chair,
Undergraduate Studies
UAB School of Nursing

Charles A. Downs, MSN, RN, CRNP,
CCRN

Dianne Richmond, MSN, RN
Director of Quality &
Process Improvement for UAB
Health System

Allan Goldstein, MD
Medial Director of Select
Specialty Hospital

Cheryl Harrmann, MN, RN, APN,
CCRN, CCNS-CSC—Cardiac CNS
Methodist Medical Center of Illinois

Doris Strother, MSN, RN, NP-C
Hospital Education Coordinator
UAB University Hospital

Alan Hawxby, MD
Asst. Professor of Surgery
UAB University Hospital

Christina M. Cantey, MSN, RN,
CCNS

Douglas Oliver, MSN, RN, CNS
Magnet Coordinator
UAB University Hospital

Allyson Mobley, BSN, RN
UAB University Hospital

Cynthia Barginere, MSN, RN, CHE
Assoc. Vice President
Chief Nursing Officer
UAB University Hospital

Felecia Watkins
Birmingham Police Dept
Crime Prevention Unit

Ann Colvin, MSN, RN
Hospital Education Coordinator
UAB University Hospital

Cynthia Frazier, MA, MSN, RN, CNN
Nurse Manager
VA Medical Center

Workshop 2
Fred Lee
National speaker & book author

Keynote Speaker
Anne Belcher, PhD, RN, AOCN, FAAN
Johns Hopkins University SON

Cynthia Ryan, PhD
Associate Professor of English
UAB

Gail Hill, PhD, CRNP
Associate Professor
UAB School of Nursing

Annette Wright, MSN, RN, CRNP
Nurse Practitioner
UAB School of Nursing

Craig Johnson, BSW, MBA
Chief Executive Officer
Select Specialty Hospital

Jane Martin, PhD, RN
Professor, Assistant Dean
Ida V. Moffett SON
Samford University

Arlene Morris, MSN, RN
Assistant Professor of Nursing
Auburn University Montgomery

Dawn Camp-Sorrell, MSN, RN, FNP,
AOCN—Oncology Nurse Practitioner
Hematology & Oncology Associates
of Alabama, LLC

Janet Herring, BSN, RN
UAB University Hospital

Barbara McLean, MN, RN, CCRN,
CCNS, CCNP

Dave Slaubaugh, BNS, MSN,
Postgraduate Certification
Family Nurse Practitioner
UAB University Hospital

Janice Martin, MSN, RN
Hospital Education Coordinator
UAB University Hospital

Barbara Mostella, RN
UAB University Hospital

David H. James, MSN, RN, CCRN
Clinical Nurse Specialist
UAB University Hospital

Jeanie McKay, RN, BSN, MPH,
OCN, CAN—Nurse Manager
UAB University Hospital

Bethany Heron, MSN, CRNP
Oncology Nurse Practitioner
Children’s Health System

Davis Campbell, MSN, CRNP
Cardiovascular Services
UAB University Hospital

Closing Keynote Speaker
Jerry Patterson, PhD
UAB Adjunct Associate Professor

Betty Norris, RN, DSN
Hospital Education Coordinator
UAB University Hospital

Debbie Faulk, PhD, RN,
Assistant Professor of Nursing
Auburn University Montgomery

Workshop 1
Jim Raper, DSN, CRNP
Assistant Director/NP
UAB 1917 Outpatient HIV/AIDS Clinic

Beverly Tidwell, DSN, RN
Ida V. Moffett School of Nursing
Samford University

Deborah Grimes, JD, RN
Administrative Director of Joint
Commission & Quality Resources
UAB University Hospital

Joan Walker, MSN, RN, BC
Clinical Nurse Specialist
UAB University Hospital
CONFERENCE FACULTY

Juan Arnoletti, MD  
Asst. Professor Surgery—Oncology  
UAB University Hospital

Karen Edwards, BSN, RN, CWOCN  
Nurse Clinician  
UAB University Hospital

Kate J. Morse CRNP MSN, CCRN  
Director of Nurse Practitioners  
Chester County Hospital, PA

Leigh Ann Poole, MSN, RN  
Assistant Professor  
Ida V. Moffett School of Nursing  
Samford University

Lisa Findley, BSN, RN, MA  
Clinical Care Coordinator  
UAB University Hospital

Mark Alan Patterson, MD  
Asst Professor of Medicine—Surgery  
UAB University Hospital

Mary Ann Kelley, DSN, RN  
Asst Professor of Nursing  
Capstone College of Nursing  
University of Alabama

Mary Ann Winslow, MSN, RN, CRNP, AOCN—Oncology Nurse Practitioner  
UAB University Hospital

Mary Zellinger, MN, RN, ANP, CCRN  
Clinical Coordinator/Cardiovascular Svc.  
Emory University Hospital

Melanie Schultz, MSN, RN, CN  
Clinical Nurse Specialist  
UAB University Hospital

Meredith Weinstein, MSN, CRNP  
Oncology Nurse Practitioner  
Children’s Health System

Paige Lee, BSN, RN  
UAB University Hospital

Pam Turner, MSN, RN, AOCN  
Certified End of Life Nursing  
Consortium Education Instructor

Phillip McArdle, MD  
Associate Professor—Anesthesiology  
UAB University Hospital

R. Jobe Fix, MD  
Professor of Surgery—Plastics  
UAB University Hospital

Rajesh R. Gupta Speer, M. S. RPh  
Pharmacist  
UAB University Hospital

Randie Carter, BS, OT  
UAB University Hospital

Rebecca B. Donohue, NP, AOCN, APNG  
Acadiana Medical Oncology

Shannon Graham, MSN, RN, AOCN  
Clinical Nurse Specialist Oncology  
UAB University Hospital

Sharon E. Yeldell, MSN, RN  
President & CEO  
Wilson Yeldell & Associates

Sharron Schlosser, DSN, RN, CTN  
Professor  
Ida V. Moffett School of Nursing  
Samford University

Stephanie Burnett, MSN, RN, CCRN  
Hospital Education Coordinator  
UAB University Hospital

Stephanie Guthrie, MSN, CRNP  
Nurse Practitioner  
UAB University Hospital

Susan Williams, PhD, RN  
Assistant Professor  
Capstone College of Nursing  
University of Alabama

Theresa Wadas, MSN, CRNP, FNP, ACNP, CCRN  
Coordinator—Adult, Acute & Continuing Care NP Program, Graduate Studies  
UAB School of Nursing

Wanda Sandlin, MSN, RN, CCRN  
Administrative Director  
UAB University Hospital
Objectives

What’s in it for me? This conference offers participants a chance to:

✓ Explore opportunities for optimizing patient care delivery in healthcare environments.
✓ Identify state-of-the-art interventions for selected acute care patients.
✓ Identify treatments supported by evidence-based practice for selected acute care patient populations.
✓ Examine the characteristics of leadership excellence, values, and current issues in healthcare delivery.

Continuing Education Credits

Attend this conference and you can earn up to 12.8 continuing nursing education credits (excluding the optional pre-conference). Interested in topics outside your specialty? Feel free to mix and match your conference package. See legends at the top of agenda pages to identify concurrent session tracks. The Alabama Board of Nursing (Provider No.: ABNP0055; expiration date: June 4, 2009) and the Alabama State Nurses Association, ASNA (Provider No.: 5-69; expiration date: September 20, 2007) approves UAB Hospital’s Department of Continuing Nursing Education as a provider of continuing education. The ASNA is an accredited approver of continuing education in nursing by the American Nurses Credentialing Center’s Commission on Accreditation (ANCC).

Accommodations

Where do I stay? Reservations are available at the Birmingham Sheraton Downtown, adjacent to the conference location. There is a special rate for conference participants. Be sure to mention that you will be attending the 2006 UAB Comprehensive Nursing Conference to receive your discount. Call locally 205-324-5000 or call 1-888-625-5144 (be sure to mention Birmingham, Alabama and the conference title for the special conference rate). Go online at www.sheraton.com/birmingham for more details. Parking is available at the hotel and at the conference center.

Registration/Cancellation Policy

Registration fee provides for session attendance, CEU certificates, handout CDs, continental breakfast and lunch each day and one parking confirmation card per day. Refunds, minus a $25 administrative fee, will be issued for requests received in writing by February 10, 2006. Cancellations received after February 10, 2006 will forfeit all fees. Tuition Transfer—tuition for this program can be transferred to another person without penalty. Registration cannot be shared among participants. Registration at the door is pending available space. Registration fee at the door will be payable by cash, money order, or institutional check only.
# Registration Form

Please complete the registration form and return to: UAB University Hospital Division of Continuing Nursing Education 725 Building Richard Arrington Jr. Blvd. South Birmingham Alabama 35249-6901

Confirmation will be emailed or faxed to those who complete the registration form by FEBRUARY 1ST, 2006. Payment must accompany all registrations. For questions, call (205) 934-7272. Fax # (205) 934-0594 Attention: Shelia Daniel.

Last Name: ________________________________ First Name: ________________________________ MI: _____

E-mail Address: ________________________________ Job Title: ________________________________

Nursing License #: ___________________________ (State: ______) Fax Number: ___________________________

Home Address: ________________________________ Home Phone: ___________________________

City: __________________ State: __________ Zip Code: ___________

Employer Name: ________________________________ Business Phone: ___________________________

Employer Address: ________________________________

City: __________________ State: __________ Zip Code: ___________

**Payment Method:** (check one) Check/Money Order (make payable to UAB Hospital c/o 2006 Nursing Conference)
☐ Visa
☐ MasterCard
☐ Personal Check/Money Order

Card Holder: ________________________________ Card No.: ________________________________

Expiration date: ________________ Signature: ________________________________

**Registration/Cancellation Policy:** Cancellations received no later than FEBRUARY 10, 2006 will receive a refund minus a $25 administrative fee. Cancellations received after FEBRUARY 10, 2006 will not receive a refund. Tuition for this program can be transferred to another person without penalty. Registration cannot be shared among participants. Registration at the door is pending available space and is payable by cash, money order, or institutional check only.

**Concurrent Sessions:** Please indicate which concurrent sessions you are most likely to attend by filling in the session numbers. Fill in concurrent session numbers—one session per time frame.

<table>
<thead>
<tr>
<th>Pre-Conference—Wednesday, February 22</th>
<th>Day 1—Thursday, February 23</th>
<th>Day 2—Friday, February 24</th>
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<tbody>
<tr>
<td>Workshop 1 8:00 am—4:30 pm______</td>
<td>9:30 am—10:30 am</td>
<td>9:15 am—10:05 am</td>
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<td></td>
<td>Sessions 1—7______</td>
<td>Sessions 29—35______</td>
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<td>10:55 am—11:45 am</td>
<td>10:40 am—11:30 am</td>
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<td>Sessions 8—14______</td>
<td>Sessions 36—42______</td>
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<tr>
<td>Workshop 2 8:00 am—4:30 pm______</td>
<td>1:00 pm—1:50 pm</td>
<td>12:45 pm—1:30 pm</td>
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<td>Sessions 43—49______</td>
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<td>Sessions 22—28______</td>
<td>Sessions 50—56______</td>
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</tbody>
</table>

**Registration Fees**

| February 22 | Pre-Conference registration fee $150 ($175 if received after February 1, 2006) |
| February 23 | One-day registration fee $125 ($150 if received after February 1, 2006) |
| February 24 | One-day registration fee $125 ($150 if received after February 1, 2006) |
| February 23 & 24 | Two-day registration fee $225 ($250 if received after February 1, 2006) Group registration of 3 or more $210 |
| YES! I am registering for the entire conference (pre-conference & the 2-full day sessions) $350 ($400 if received after February 1, 2006) |
| Group registration of 3 or more for entire conference (pre-conference & the 2-full day sessions) $340 ($365 if received after February 1, 2006) |
Poster Presenters Wanted!

Send abstracts to sgraham@uabmc.edu
No later than January 9, 2006—

-Circle the following requirements-

√ 1 page—1 inch margins—size 12 font
√ Word Format
√ Title, objectives & description in paragraph or outline format
√ Biographical info: name, credentials, place of employment & position

Note: Poster presenters will be expected to register for the conference.

If you have a disability and require assistance to facilitate your participation in this conference, please indicate your needs in writing and send in with your registration via fax 934-0594. Attention: Shelia Daniel.