



South Central Public Health Partnership

TRAINING PROFESSIONALS TO PROTECT THE PUBLIC

<http://lms.southcentralpartnership.org/scphp>

Mentoring and Coaching

Instructor: Louis Rowitz, PhD

The purpose of this course is to distinguish the difference between a mentor and a coach and how to shape these relationships. A discussion of the utilization of learning contracts to help in this process is also discussed. Exercises are included to help the learner understand how to use a learning contract and how to choose a mentor or a coach.

Learning Objectives

- Distinguish between mentoring and coaching
- Develop strategies for picking a coach or mentor
- Learn to develop a learning contract
- Identify the steps in structuring a coaching relationship
- List the benefits of coaching and mentoring relationships

Competencies

- Identify limits to own knowledge/skill/authority and identify key system resources for referring matters that exceed these limits.

** Bioterrorism and Emergency Readiness*

- Identifies the individual's and organization's responsibilities within the context of the Essential Public Health Services and core functions
- Attitude: Develops a lifelong commitment to rigorous critical thinking

** Council on Linkages – Core Competencies for Public Health Professionals*

*To register for this course visit us at
<http://lms.southcentralpartnership.org/scphp>*