CHANGING THE FACE OF MEDICINE
CELEBRATING AMERICA'S WOMEN PHYSICIANS

Stefanie Rookis, curator of the Alabama Library of the Health Sciences, says an interactive exhibit celebrating female physicians hopefully will inspire new ones.

LHL exhibit celebrates women in medicine

Women have always been healers. These mothers, grandmothers and midwives have nurtured the sick in their homes and cared for those in their communities. But access to medical education and hospital training was not easy in coming. UAB celebrates the role of women in medicine and highlights their journey with Medicine and highlights their journey with Medicine.

Cerfolio, Dransfield meet in Great Debate

This promises to be a year of great debate. No, not between the Republicans and the Democrats — between Robert Cerfolio, M.D., and Mark Dransfield, M.D.

While the upcoming presidential race and associated debates promise to be entertaining if not enlightening, Cerfolio and Dransfield are guaranteed to deliver on both fronts when they debate a key health issue: Should there be screenings for lung cancer? The doctors will argue their positions in The Great Debate 2008: Screening for Lung Cancer. The debate, part of surgical grand rounds, will take place Thursday, Jan. 10 from 5 to 6 p.m. in West Pavilion Conference Room E. The general public is invited to attend, though seating will be limited.

Judging the debate will be Kirby Bland, M.D., professor and chair of surgery; Nancy Dunlap, M.D., Ph.D., chief of staff, Kirklin Clinic; and Edward Partridge, M.D., director of the UAB Comprehensive Cancer Center.

Cerfolio is arguing for lung cancer screening; Dransfield is arguing against it. And the gamesmanship has already begun.

“All the data supports his side,” Cerfolio says, “which should make it fun for me.”

First of its kind

The Great Debate 2008 is the first of its kind at UAB. It was organized by William Bailey, M.D., professor of Pulmonary, Allergy and Critical Care. Bailey says his reason for organizing the debate is simple; he believes it creates a unique environment for internists and surgeons to learn together.

David Klock named dean of business school

David Klock, Ph.D., dean of the College of Business Administration at California State Polytechnic University–Pomona, has been named the new dean of the UAB School of Business. Provost Eli Capilouto, D.M.D., said Klock’s appointment is effective March 1.

“Dr. Klock has been both a high-quality academic leader and a business entrepreneur who established a health-benefits company that became an industry standard,” Capilouto said.

Prior to joining Cal Poly–Pomona, Klock spent 11 years as chairman and CEO of CompBenefits Corp., a health-care benefits provider. He joined the company in 1991 as

Pulmonologist Mark Dransfield will argue against screening for lung cancer against an opponent he says is knowledgeable and formidable. “This is a Miracle on Ice moment for me,” he says.

Thoracic Surgeon Robert Cerfolio will argue in favor of screening for lung cancer against an opponent loaded with information. “All the data supports his side, which should make it fun for me,” he says.

See LHL EXHIBIT p3

See DEBATE p3

See KLOCK p3
Change in sick time usage announced

The UAB Office of Human Resources has announced that as of Jan. 1, full-time regular, part-time regular and 312 hour shift employees are now able to use up to three days of their accrued sick time for the care of children, a spouse or parents who do not reside in the same household as the employee.

While in almost all cases both spouses will reside in the same household, this change will recognize the fact that an increasing number of employees have spouses that live apart from them for short or long periods of time. Sick time granted for an illness or injury outside of an eligible family member may be granted up to a maximum of three days in any one calendar year and must be approved by the employee’s immediate supervisor.

Part-time regular employees will be granted prorated days of sick-time use in accordance with their assigned FTE rate.

The changes in sick-time use were approved by President Carol Garrison, Ph.D., based on a recommendation from the Fringe Benefits Committee. Previously, employees had to use other accrued benefit time in order to care for immediate family outside of their household. This change does not add any additional days/hours to the sick-time accruals or change the existing policy that allows sick time to be taken for anyone who resides in an employee’s household.

For questions regarding the use of sick time or any other leave, please contact an HR consultant or the Human Resources Records Administration Office at 934-4409.

New administrator for on-the-job injury claims

Effective Jan. 1, the UAB On-the-Job Injury/Illness Program has a new third-party administrator to manage OJI claims.

The contract has been awarded to Brentwood Services Administrators Inc., at 210 Magnolia Avenue South, Suite 100B. Contact Kathy Spakes to report an injury in your area of supervision. Her office number is 321-4200, or you may call 1-800-524-0604. Her fax number is 321-4888.

The change in administrator the only modification to the program. Employees should continue to be sent to the Workplace for treatment. Direct questions about the OJI Program to Gail Pilkerton, claims analyst in the Employee Relations Department, at 934-5548.

Scale Back weigh-ins set for this week

A UAB Campus Recreation Center is hosting its fourth annual Health and Wellness Fair Friday, Feb. 1, from 10 a.m. to 2 p.m.

The UAB Campus Recreation Center is hosting its fourth annual Health and Wellness Fair Friday, Feb. 1, from 10 a.m. to 2 p.m.

This year’s theme, “Highlighting Health,” encourages individuals to make their health a top priority by adopting healthier behaviors. Personal health assessments, informational booths and giveaways such as gym bags, T-shirts, highlighters and stadium cups will be provided. Admission to the fair is free.

More than 30 organizations from UAB and the surrounding Birmingham area are scheduled to participate in the Health and Wellness Fair. The UAB School of Optometry will conduct free eye screenings, and New Balance representatives will be on hand to assess the best style and size shoe for you. Campus Rec staff will conduct body fat testing, and the staff of Physical & Health Leaders in Athletics, Management and Education will conduct fitness testing.

As an added bonus, faculty, staff and alumni will be allowed access to the Campus Rec Center free of charge from 10 a.m. to 4 p.m. that day. Faculty and staff will be required to show a current UAB ID upon entering and active members of the National Alumni Society must present their NAS card upon entering. Visit www.uab.edu/campusreccenter or contact Wendi Stanley at 934-8224 or wstanley@uab.edu for more information.

ePortfolio workshop scheduled for Feb. 1

Nationally renowned consultant and researcher Helen Barrett will present a workshop on ePortfolios and their role in higher education Friday, Feb. 1 at 8:30 a.m. in the Lister Hill Library Ireland Room. The presentation will showcase the basic principles of electronic portfolios by linking these dynamic processes to promote learning and support assessment for learning.

This is part of the ePortfolio Series sponsored by UAB Instructional Technology and Office of the Associate Provost for Faculty Development and Faculty Affairs. A continental breakfast will be provided.

For information and registration, go to www.uab.edu/~traindev and select Faculty Development.

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UAB Reporter

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2 UAB Reporter January 7, 2008
Employees must certify online for Educational Assistance

Beginning this month, BlazerBucks will become the new form of payment accepted for printing services at Lister Hill and Sterne Libraries, says Shira Fogel, business officer for the CampusCard Office.

Fogel says that BlazerBucks replaces our old pay-ment system, where funds were stored on the card itself, with a system that works in conjunction with the CampusCard System. The CampusCard works like a bank debit card; funds are stored in an account, not on the card, which makes it more secure.

Employees can add funds to their BlazerBucks account via the CampusCard Web site at www.uab.edu/campuscard, at the CampusCard Office in Room 158 of Hill University Center or through machines at various locations on campus.

Cardholders also can use the CampusCard Web site to view their transaction history, monitor their account activity and freeze an account if the card is lost or stolen.

“BlazerBucks is like online banking,” Fogel says.

BlazerBucks is a declining balance account for purchases at the UAB Bookstore, BlazerBookstore, all campus restaurant locations, residence hall laundry facilities and other on- and off-campus locations.

As long as you load your CampusCard, your money will remain in your account. If your card was lost under the old system, any money left on it was lost, too.

Employees have the option of getting a CampusCard with their photo and name linked to their BlazerID for $3 at the CampusCard Office. Employees also can have their security badges encoded with their CampusCard card number, eliminating the need for two cards.

“Some employees don’t want a second card and that’s OK,” Fogel says. “We have the ability to encode the magnetic stripe on recent physical security badges, and it doesn’t interfere with building access privileges. You will still be able to enter your building, parking deck or any other place your card has been programmed for you to enter.”

Guest cards can be purchased for $1 from card dispensers in Lister Hill, Sterne and the HUC. Guest card accounts are linked to the cardholder’s BlazerID, making online services unavailable for guest card accounts.

Old print/copy cards that still have money on them will be honored at the libraries, but employees will not be able to add funds to those cards.

Visit www.uab.edu/campuscard to learn more.
### CALENDAR

#### Special Lectures

**Wednesday, Jan. 9**

- Noon Reynolds Historical Lecture. Sisters in science: Conversations with black women scientists on race, gender, and the passion for science, by Dr. Diann Jordan (Alabama Humanities Foundation Road Scholar; Alabama State University); Lister Hill Library. Limited lunch is sponsored by UAB Advance; Book signing to follow the lecture.

- Noon UAB OB/GYN’s Let’s Do Lunch series. Sex. Not just for fun: Helpful hints on getting pregnant, by Assoc. Prof. Wright Bates (Pregnancy Endocrinology); TKC 5th fl cor. For more info, call 996-2229.

- 12:15 pm Lister Hill Center for Health Policy Seminar Series. The effect of education on adult mortality and health: Evidence from the United Kingdom, by Dr. Heather N. Royer (Case Western Reserve University); RHBP-407.

- Thursday, Jan. 17

  - 2 pm Office of Postdoctoral Education. Transition to Independence: How to respond to a job offer at a finer. Finley ConfCtr. For more info, call 5-7020.

#### Friday, Jan. 18

- 11 am Biology. The ecology of geology: clues to understanding climate-change effects and ecosystem response in the Western Antarctic peninsula region, by Dr. William Fraser (President, lead investigator, Polar Oceans Research Group, Sheridan, Montana); CH-274.

#### Defenses

For a complete list of defenses and other Grad School events, visit the Calendar of Events located in the Students section of the Graduate School Web site at www.uab.edu/graduate.

#### Meetings

**Monday, Jan. 7, Jan 14**

- Noon Foreign Language & Literatures Language Tables. Arabic conversation table; HB-3rd fl The Hub. For more info, lazayza@uab.edu or foreignlangs@uab.edu.

- 5:25 pm Power Yoga; UAB Marshall Conference Center. For more info, call Fran 967-0303.

- 3 pm Music. Imani Winds performs at Alys Stephens. The Grammy-nominated Imani Winds expands the boundaries of the traditional wind quartet. The name Imani, which literally means “faith” in Swahili, embodies the mission of this young African/Latin-American ensemble. Tickets are $10. For tickets, call 5-2787 or visit www.AlysStephens.org.

- Tuesday, Jan. 8, Jan. 15

  - 10 am International Women’s Group. Smolian International House, 4-1205/awovens@uab.edu.

  - 12:10 pm Stress Management through Meditation: The UAB Resource Center. Call 934-2281 or visit www.uab.edu/ep for more info.

  - 12:15 pm Foreign Language & Literatures Language Tables. Spanish Conversation Table: HB-3rd fl The Hub. centro@uab.edu or foreignlangs@uab.edu for more info.

  - Tuesday, Jan. 9, Jan. 16

  - 9 am New parent support group (birth-2 years); WP-Conf Ctr. Questions? Call Freda 5-2337/fconter@uab.edu for more info.

  - 10 am Conversational English classes, levels 1-4; Smolian International House. 4-1205/awovens@uab.edu.

  - 5:25 pm Power Yoga; UAB Marshall Conference Center. For more info, call Fran 867-0303.

- 7 pm Foreign Language & Literatures Language Tables. Italian conversation table: Rend Hall-3rd floor Study Lounge. For more info, Belita Faki at belita@uab.edu or foreignlangs@uab.edu for more info.

- 4 pm Foreign Language & Literatures Language Tables. Chinese Conversation Table; HB-3rd fl The Hub, maxvin@uab.edu or foreignlangs@uab.edu for more info.

- 6:30 pm SMART recovery group meetings: not a 12-step or religious program. Any addiction or habit can be helped. Southside Baptist Church. Call WJ. Fulcher 975-7755 for details.

- 8 pm Stammtisch conversation table, for anyone who speaks German; Giuseppe’s Café, 905 8th Street South. For info, agresti@uab.edu.

- Friday, Jan. 11, Jan. 18

  - 7 am Funafuta exercises, an ancient Chinese exercise that brings harmony & health. UAB Mini Park, 4-8289.

  - 12:30 pm Foreign Language & Literatures Language Tables. Russian Conversation Table; HB-3rd fl The Hub. marina_lysenkova@yahoo.com or foreignlangs@uab.edu for more info.

#### Religion

**Tuesday, Jan. 8, Jan. 15**

- Noon Medical Center Christian Fellowship Meeting. WP-B. All welcome. Marq 647-5177 or Bilir 216-8621.

- Wednesday, Jan. 9, Jan. 16

  - Noon Employee-led bible study: Interfaith Chapel-West Pavilion. For more info, Andrew 822-9338.

- Sunday, Jan. 13, Jan. 20

  - 10 am Catholic mass: St Stephen Church, 1515 S 12th Ave. 933-2500.

  - 5 pm Catholic mass: St Stephen Church, 1515 S 12th Ave. 933-2500.

  - 5 pm UAB Hindu Student Council. We will have a session on singing and feasting the Hare Krishna way where everyone is welcome to join. For more info, Varadraj Prabhu 383-9805. 1501 15th Ave S, Apt 20, Bham.

- **Exhibits**

- Mervyn H. Sterne Library, African-American Life Achievement. The exhibit ends Feb. 29. Library hours: 7:30 am-11 pm Mon-Thurs; 7:30 am-7 pm Fri; 9 am-5 pm Sat; 1-11 pm Sun.

- The Samuel Uhlem Museum. Home of prominent Birmingham civic leader and poet. Open by appointment only. 4-3328.


- **Special events**

- Thursday, Jan. 10

  - 7:30 pm Alys Stephens Center. Imani Winds. The Grammy-nominated Imani Winds strives to expand the boundaries of the traditional wind quartet. The name Imani, which literally means “faith” in Swahili, embodies the mission of this young African/Latin-American ensemble. Tickets are $10. Call 5-2787 or visit www.AlysStephens.org.

- Sunday, Jan. 13

  - 4 pm Music. Imani Winds performs at Alys Stephens. A fund-raising effort as the UAB Percussion Studio works towards the purchase of a new five-octave concert marimba. Tickets are $10. For tickets, call 975-5833 or 934-7376.

- **Imani Winds quartet to perform Jan. 10**

  - The Grammy-nominated Imani Winds expands the boundaries of the traditional wind quartet during its performance Thursday, Jan. 10 at 7:30 p.m. in the Alys Stephens Center. Tickets are $25; student tickets are $10. Call 975-2787 or visit www.AlysStephens.org.

  - The name Imani, which literally means “faith” in Swahili, embodies the mission of this young African/Latin American ensemble. Their commitment to explore new forms can be seen in their tribute to Josephine Baker that premiered in 2006 to great acclaim. They are the former ensemble-in-residence at the Chamber Music Society of Lincoln Center.

- **UAB Sports**

  - Jan. 10: Women's Basketball vs East Carolina. Bartow Arena, 7 pm.


  - Jan. 16: Men's Basketball vs Southern Miss. Bartow Arena, 7 pm.

- **UAB Honor Choir concert; Jimmy Concert Hall. Free: 5-2787.**

- **Thursday, Jan. 17-Sat., Jan. 19**

  - 7:30 pm Alys Stephens Center, Bridgman/Packer Dance. The innovative choreography of Art Bridgman and Myrna Packer uses video and projections to transform the duet form into a magically populated stage where image and reality collide. Their captivating partnering, deep sensuality and surprising humor give their work a physically and theatrically riveting edge. Tickets are $45, $35 and $25; student tickets are $10. Call 5-2787 or go to www.AlysStephens.org.

- **Saturday, Jan. 19**

  - 3 pm Music. UAB Honor Choir concert; Jimmy Concert Hall. Free: 5-2787.

- **Sunday, Jan. 20**

  - 3 pm Alys Stephens Center. Reflect & Rejoice: A community tribute to Dr. Martin Luther King, Jr. Reflect & Rejoice has become a tradition, bringing the community together in a joyous program of music to remember the past and imagine the future. Tickets are $20; student tickets are $8. 5-2787 or go to www.AlysStephens.org.

- **Saturday, Jan. 19**

  - 3 pm Music. UAB Honor Choir concert; Jimmy Concert Hall. Free: 5-2787.
Clinical Trials

January 7, 2008
UAB Reporter

Behavioral study of cognitive function; people age 20-80 needed to participate in a behavioral study exploring whether changes in diet can reduce the risk of memory loss you may qualify. One visit a year for 4 years. Dr. Burrage 4-0630.

Are you能 participate in this study? You may qualify if you have normal cognitive abilities, experiencing any of the following symptoms: imaginary playing tricks, poor impulse control, hearing voices, hostility, over-excitability and/or confusion. Compensated $150. Compensated. Patrick hubbardp@son.uab.edu.

Women & Men

Are you a postmenopausal woman at increased risk for breast cancer? You may be eligible to participate in a breast cancer prevention study. Call Ella Maddox 5-1980.

Can you participate in this study? You may qualify if you are an overweight woman age 45-60 who has normal periods, not be pregnant, have no history of any of the following: high blood pressure, cholesterol or diabetes. Compensated. 939-5279/939-5271.

Do you have diabetes? Are you taking Metformin or any other medication for diabetes? You may qualify for a research study associated with Metformin (Glucophage)? We want to interview anyone who has been diagnosed with diabetes for time. Call Kenneth Saag 888-534-0367/5-2174.

Are you a woman age 60 or older? You may qualify. Visit the site for information regarding participation. Compensation: Dr. Green 5-6440.

Are you a female study participant needed for the ALLS study (Adult Lesbians Living in the South). This is a 214-site study exploring the roles of social support and psychological issues and roles unique to lesbian women and their responses and response specific clinical data. 873-9672/pb@uab.edu.

Are you a woman age 45-60 concerned about developing diabetes? You may be eligible for a study if you have been diagnosed with diabetes. Compensation: Keesha 996-6270. CONTACT.

Is your blood pressure uncontrolled (higher than 140/90)? Are you on three or more blood pressure medications including a diuretic? You may qualify to participate in a national 14-week research study to determine the safety, and if at all, use of a new investigational medication in the treatment of severe hypertension. Participants will receive study medication, blood pressure checks, physical and paper testing; no medical insurance required. Compensated up to 4 years. Compensated. 5-3732.

Are you a postmenopausal woman at increased risk for breast cancer? You may be eligible to participate in a breast cancer prevention study. Call Ella Maddox 5-1980.

Are you a woman age 60 or older? You may qualify. Visit the site for information regarding participation. Compensation: Dr. Green 5-6440.

Are you a woman age 21-65 who frequently take prescription sleep aids? Are you dependent on sleeping pills. Paid $15 + children receive small toys. 4-4068/uabsafetylab@yahoo.com.

Are you a woman age 45-60 concerned about developing diabetes? You may be eligible for a study if you have been diagnosed with diabetes. Compensation: Keesha 996-6270. CONTACT.

Is your blood pressure uncontrolled (higher than 140/90)? Are you on three or more blood pressure medications including a diuretic? You may qualify to participate in a national 14-week research study to determine the safety, and if at all, use of a new investigational medication in the treatment of severe hypertension. Participants will receive study medication, blood pressure checks, physical and paper testing; no medical insurance required. Compensated up to 4 years. Compensated. 5-3732.

Are you a woman age 60 or older? You may qualify. Visit the site for information regarding participation. Compensation: Dr. Green 5-6440.

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**For Sale**

**Appliances & Electronics**

Wireless G Notebook adapter, used: $10. Logitech VX Revolution cordless mouse for PC, MM700 $5. Labtec Pulsar 375 speaker system, 3 speakers for PC, used: $15. Includes Software.

Kemogen refrigerator/maker, exc cond, new cond, $325; double compressor set w/kist, malt, 720-477-0200. 12-cup ge/ greenidol, 149; 19 TV, $30. Teresa Burril 279-3077.


Dellvis 5000 watt generator with Briggs and Stratton motor, $20; Poulan 205 Pro 20" bar chainsaw, $150; Ryobi power blower/vacuum, $60. Conal 4-7193-979-1205.

**Automobiles**

Ford F150, short wheelbase, Jasper engine, $1,000; good work truck, etc, Lynn 680-5342.

GMC Yukon GT, '17,500 mi, 6.2L, 355/25-21 new tires, AC, PX, PW, VLT, brush guard, $650, black,gray/513-785-6741/3-5174.

'95 Nissan Altima, asking $2300, 120,000 mi, auto trans, nrs, good clean, $1,003. 258-0899.

'97 Honda Accord Special Addition, 89,384/maomao2007@gmail.com.

'02 infiniti G35, 1-yr warranty, auto, ask-... 10421-35/12.5/15 new tires, AC, PS, PW, tint, brush, $3,000.

'94 Gmc Yukon, 120,000 mi, Auto, asking $2,300; diaper genie w/refills, $20; Graco full size child craft white crib never setup, asking $170. 912-7177.


'05 mazda 3S Sports package auto trans, runs good, clean, 1 owner, 87,500 mi, exc cond, $14,000. 276-2565.

'03 infiniti G35, 1-yr warranty, auto, ask-... 6390.

'99 Honda Accord, 12,500 mi, exc cond, $325; double comforter set w/skirt, used, no box, $15. altk79@gmail.com.

King headboard, triple dress-... 979-522-2117.

Diaper genie w/refills, $20; Graco full size child craft white crib never setup, asking $170. 912-7177.

**Properties**

Cond, 1 owner, 97,500 mi (hwy miles), black/gray, good cond & already assembled. 335-w... 3-5174.

Disc, 1 owner, exc cond, $14,000. 276-2565.

'03 infiniti G35, 1-yr warranty, auto, ask-... 6390.

'97 honda Accord Special Addition 0384/maomao2007@gmail.com.

For Sale

Alabama: Ab - 2 BR/2 BA end unit townhouse at the Pointe, 1st floor: 2 bedrooms, 2 BA, 2BR, 2... 6390.

Birmingham: new, 3 BR, 2 BA, 1, 11000 sq ft, new, asking $1,250,000. 20-406-4915.

Boston: 4-3588.

Cond: $325; double comforter set w/skirt, used, no box, $15. altk79@gmail.com.

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Boston: 4-3588.
Robert Hyatt is crafting a computer for all seasons

I machines ever take over the planet, I blame Robert Hyatt, Ph.D. He’s teaching them how to think like humans.

This UAB computer scientist created the legendary Cray Blitz, a two-time world computer chess champion and the first program to beat a human chess master in tournament play. His doctoral thesis helped IBM defeat Garry Kasparov in the all-time greatest man-vs-machine chess match.

Now, Hyatt, his latest silicon contender, is challenging the world again. But this time there’s more at stake. Hyatt’s research may help uncover the buildings blocks of life and the secrets of weather forecasting.

“Chess, like the weather — and life — is a complete game. ‘Horribly complex,’" suggests Hyatt. White starts the game with 20 possible moves, and Black can counter each one with 20 moves of its own. After a few turns, the variations are in the trillions. In fact, there are more possible moves on a chessboard than there are atoms in the universe.

“It’s computationally impossible to solve the game," Hyatt says, explaining he pre- fers “visiting all checking chess, and so does Crafty.” Instead, chess programmers work on their machines’ basic strategy — then let them play to their strong suit: pure speed. The goal is to refine software and hardware until they can extract the thimbleful of use- ful information in this ocean of data — in seconds.

“If you could search fast enough, you could see all the way to the end of the game, and then you would win every time,” Hyatt says.

“I don’t think we will ever be able to do that. But the faster you can search, the better answer you can come up with.”

A grand master looking for his next move analyzes one position per second. In that same second, Crafty can tear through a few million possibilities, finding the best choice in a single calculation. Eventually, human players miss something, and the computer pounces. "We have a saying," Hyatt says. "Meat makes mistakes.” Crafty won’t even spare its creator: “I play against it regularly at home, and I have no chance,” Hyatt admits. Crafty finds its true competition on the Web, challenging all comers on the Internet Chess Server and regularly win- ning online tournaments. (Download a free copy of the program at www.cisc.uab.edu/hyatt.)

Now that computers have beaten us at our own game, is there any point in continuing? Certainly. Hyatt insists. The same principles that a computer uses to select chess moves are helping geneticists crack the body’s chemical code and meteorologists track long-range weather patterns.

“Weather is as complex as chess,” Hyatt says. “There’s just so much data.”

The field of medicine certainly is attract- ing new versions a week, assisted by Internet-based collaborators. Two-time U.S. chess champo Roman Dzindzichashvili plays Crafty regularly and has been known to call up after midnight if the computer makes a questionable move. “It drives my wife crazy,” Hyatt says. But that’s only to be expected. After all, meat makes mistakes.

Robert Hyatt is no stranger to creating gee-whiz computers. His latest, Crafty, may help uncover the building blocks of life and the secrets of weather forecasting.

Robert Hyatt is crafting a computer for all seasons. His latest, Crafty, may help uncover the building blocks of life and the secrets of weather forecasting.

T he UAB Resource Center is once again offering free lunchtime stress manage- ment classes to teach you to manage stress through Tai Chi and meditation.

The Tuesday, Jan. 8 introductory medita- tion class for stress management will be conducted by Janet Bronstein, Ph.D., pro- fessor in the UAB School of Public Health.

Classes will meet from 12:10 p.m. until 12:50 p.m. at the Resource Center in Suite 330, 211 Office Plaza South at Magnolia Office Park, 211 11th Ave. South. The meditation class will meet every Tuesday thereafter for meditation and brief discus- sion led by Resource Center counselor John Quinelle.

Bronstein, who is certified as a teacher in the Shambhala meditation tradition, has taught meditation for many years.

The popular Tai Chi class begins Thursday, Jan. 10 from 12:10 p.m. until 12:50 p.m., and will meet each Thursday thereafter. The class is appropriate for all ages and levels of fitness, and no experience is neces- sary. No special equipment or special attire is required, but comfortable clothes and flat shoes are recommended.

Tai Chi is a slow-motion exercise with movements that gently build strength and flexibility, improve balance and, at the same time, help you relax. Certified New Forest Tai Chi instructor and Resource Center Counselor Alessa Adams is the instructor.

Both classes are free for UAB employees. Registration is required, but employees may begin attending classes at any point during the semester.

Call the Resource Center at 934-2281 for more information or to register, and visit www.uab.edu/uap for a map and directions.

CONTINUED from page 1

“You don’t have to be a female physician or patient to add a story,” Rookis says. “You or your family just has to have been touched by a female physician in some way.

The exhibition Web site, located at www.nlm.nih.gov/changingthefaceofmedicine, features biographies of more than 330 women physicians who have practiced medicine in the past 150 years. Visitors can browse through hundreds of photographs, search the physician database, watch a series of short films and view resources for planning a career in medicine.

Inside look at change

Hughes Evans

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Call the Resource Center at 934-2281 for more information or to register, and visit www.uab.edu/uap for a map and directions.

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“You don’t have to be a female physician or patient to add a story,” Rookis says. “You or your family just has to have been touched by a female physician in some way.

The exhibition Web site, located at www.nlm.nih.gov/changingthefaceofmedicine, features biographies of more than 330 women physicians who have practiced medicine in the past 150 years. Visitors can browse through hundreds of photographs, search the physician database, watch a series of short films and view resources for planning a career in medicine.

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