Equipment gives nurses a hand giving patients a lift

Safe Patient Handling should reduce on-the-job injuries

Nursing is a physically demanding profession. Push, pull, lift and repeat are as much of a cornerstone of the profession as the Nightingale Pledge. Tarina Orr, a staff nurse in Spain Rehab, knows the rigors of her occupation. She suffered an injury to her left shoulder and neck while transferring a patient from the stretcher to the bed. “Four of us were transferring the patient, but in the middle of the transfer somebody bumped the bed button and the level of the bed changed,” she says. “When we pulled the patient over I had to lift higher than I anticipated, and that’s how I sustained the injury. At first I didn’t know exactly what happened, but the pain was immediate. I thought I was having a heart attack. It was a burning sensation. You kind of try to shake things off, but it’s not always easy to do.”

Now UAB Hospital’s Safe Patient Handling program will use newly purchased equipment to replace the routine, hazardous task that has required as many as seven or eight caregivers to move patients from a stretcher to the bed or table—and resulted in problems such Orr’s. The results will be less missed work due to injury, enhanced patient outcomes and improved staff retention, recruitment and satisfaction.

“UAB is doing this because we believe it’s the right thing to do for our patients and our employees,” says Stephanie Burnett, SPH program coordinator. “We have a sicker, aging population and growing obesity in health-care workers and patients. Combine these elements with an aging workforce and that puts health-care workers at risk.”

Survey reveals injuries

In a survey of almost 1,000 UAB healthcare workers conducted this past year, more than 20 percent say they have injured themselves on the job. Many said they injured themselves while trying to reposition a patient in the bed or transfer a patient from the bed to a stretcher or... (See SAFE PATIENT HANDLING p3)

Federal grant advances UAB’s position as leader in special education instruction

General education teachers must play an ever-increasing role in educating children with special needs because of the federal Individuals with Disabilities Education Act, which requires such students to be educated with their peers to the “maximum extent possible.”

UAB’s Evidence-Based Special Education Preparation Program (ESEPP) will train teachers to instruct children with mild to moderate disabilities. Some 35 teachers will participate, and the program is funded by a four-year, $800,000 federal grant.

Healthier lifestyle is goal of EatRight 25 by 25th Challenge

The temperature outside may still be soaring, but school is back in session and football games are on the horizon. That can only mean one thing—the holidays are not too far behind, along with our promises not to overindulge. Instead of waiting until New Year’s Day to begin that weight-loss regimen—annnnnd the holiday turkey, dressing and desserts have been devoured—change your lifestyle now through programs offered by UAB’s EatRight Weight Management Services.

The inaugural “Lose 25 by the 25th EatRight Health Challenge” begins Sept. 10, and Jamy Ard, M.D., director of EatRight, wants you to use the challenge to give yourself the gift of better health. To lose 25 by Dec. 25, a person would need to lose a little less than two pounds per week. “Most people should be able to lose that kind of weight,” Ard says. “Losing two pounds a week is reasonable and simple to do using our programs.”

The number 25 includes more than pounds. Lowering other indicators of health risk such as blood pressure, cholesterol and blood sugar or reducing your waistline makes you eligible to receive a gift card for $250. “This is a health challenge that goes beyond losing weight,” Ard adds. “It’s about developing a healthier lifestyle. We want to give UAB’s faculty, staff and students the opportunity to be successful at being healthy during a time of year when most people traditionally aren’t focused on that.”

“Better gift to give yourself this holiday season than a new outlook on life and a new commitment to a healthy lifestyle.”

Sign up soon

Group classes for the EatRight Challenge begin Monday, Sept. 10. Registration runs through Sept. 28, and the contest ends Dec. 19. EatRight class members automatically are eligible to participate in the contest, and discounts are available to those who join its programs and participate in the challenge.

To participate you need to join one of the following programs: EatRight Lifestyle, EatRight OPTIFAST, EatRight Worksite Wellness or EatRight Maintenance. The Lifestyle program is discounted $50, and OPTIFAST participants will receive a $250 credit toward products. Other special pricing is available for those who participate in the challenge.

Jamy Ard, left, and Debbie Strong talk with Corey Wiggins about the inaugural “Lose 25 by the 25th EatRight Health Challenge,” which begins Sept. 10 and ends Dec. 19. “This is a health challenge that goes beyond losing weight,” says Ard, director of EatRight. “It’s about developing a healthier lifestyle.” Visit www.eatright.uab.edu to learn more.
Dale Benos to share advice on developing scientific manuscripts

Dale Benos, Ph.D., chair of Physiology and Biophysics, is the lead presenter for “Developing Scientific Manuscripts,” a two-session course set for Monday, Sept. 10 and Tuesday, Sept. 11 from 11 a.m. to 1 p.m. in Spain Auditorium.

The goal of these sessions, part of the Scientific Writing Seminar Series developed by the Office of Program Planning and Educational Research, is to develop practical skills for writing a scientific, peer-reviewed article. Information will include introductory material on types of scientific writing, where to submit articles, the elements of a journal article and how to respond to critiques and correspond with editors.

Benos is editor for the series Physiology in Medicine, published in Amals of Internal Medicine, associate editor for the Journal of Biological Chemistry and series editor for Current Topics in Membranes. A former editor-in-chief of the American Journal of Physiology - Cell Physiology, he has served on nine editorial boards and chaired the publications committee of the American Journal of Physiology.

This course is being sponsored by the UAB K30 Program, and lunch will be offered. To register, please contact Laurel Hitchcock at lhitch@uab.edu by Wednesday, Sept. 5.

Stephens’ book sales benefit support group

Author and Health Care Hero Christina G. Stephens will sign copies of her book Tuesday, Sept. 4 during a special event at UAB Highlands to raise awareness of adoption and ovarian cancer. Refreshments and literature will be available from 11 a.m. to 2 p.m. in the UAB Highlands fourth floor atrium.

Stephens will sign copies of Christmas’ Gift, a memoir of her experience as an adopted girl and the family she did not know she had. Stephens said she wrote the book to increase awareness of adoption and to help others who have been adopted. Proceeds from the day’s book sales will be donated to the CanSurvive GYN Cancer Support Group, a UAB patient-advocate group that promotes awareness and provides patient support regarding ovarian and other GYN cancers.

Stephens, a cytotechnologist who works for Russell Kirklin Clinic, received the Health Care Hero Award in November 2005. For 30-plus years, Stephens has dedicated her life to caring for women with cancer, and she has worked tirelessly to raise research money for the UAB Division of Gynecologic Oncology’s Ovarian Cancer Fund.

Reminder of UAB’s drug-free policies

UAB periodically republishes existing policies so that new faculty, staff and students will be kept informed of the policies and guidelines governing the university.

UAB’s Drug-Free Workplace Policy, which has been in effect since March 1992, can be found online at www.uab.edu/Pol/DrugWorkDrab.pdf. UAB’s Drug-Free Campus Policy for Students, which has been in effect since December 1991, can be found at www.uab.edu/ Pol/DrugCampDrab.pdf.

Employees and students should read and be familiar with these and other UAB policies and guidelines.

Endometriosis is next ‘Let’s Do Lunch’ topic

Endometriosis – which can cause discomfort and affect fertility – is one of the most common gynecological problems today. UAB OB/GYN physician Todd Jenkins, M.D., will discuss this and more during the next “Let’s Do Lunch” meeting Wednesday, Sept. 12 at noon in The Kirklin Clinic Fifth Floor Conference Room.

Reservations are required, and attendance is limited to UAB employees. Call 996-2259 to reserve your seat. Lunch will be provided.

Van training course to be offered Sept. 6

The department of Occupational Health and Safety is once again offering its free lunchtime stress management classes that will teach you to manage stress through Tai Chi and meditation. Tai Chi is a slow-motion exercise with movements that gently build strength and flexibility, improve balance and, at the same time, help you relax. The class begins Thursday, Sept. 13 from 12:10 p.m. until 12:50 p.m., and will meet each Thursday thereafter. The class is appropriate for all ages and levels of fitness, and no experience is necessary. No special equipment or special attire is required, but comfortable clothes and flat shoes are recommended.

The introductory meditation class for stress management is Tuesday, Sept. 11, and it will be conducted by Mary Whetsell, a local clinical psychologist. Classes will meet from 12:10 p.m. until 12:50 p.m. at the Resource Center in Suite 130, 21 Office Plaza South at Magnolia Office Park, 2112 11th Ave. South. The meditation class will meet every Tuesday thereafter.

Both classes are free for UAB employees. Registration is required, but employees may begin attending classes at any point during the fall. Call the Resource Center at 934-2281 for information or to register.

The Resource Center EAP provides free counseling and wellness programs for UAB employees and their family members. For more information, call 934-2281 or visit www.uab.edu/eap.
SPECIAL EDUCATION

CONTINUED from page 1

those who complete ESEPP training will earn a master’s degree in special education with an emphasis on literacy and educa-
tional administration.

“We also have a focus on diversity and the issues that surround that,” Goldman says. “These skills will make them better able to teach children from diverse populations.”

Training needed

According to a report from the Study of Personnel Needs in Special Education, three-fourths of the students receiving special education services spend 40 percent or more of their day in general education classrooms. Consequently, 96 percent of general education teachers teach, children with special needs.

The same study indicates general educators have, on average, 3.5 special education students assigned to their caseload. Most general educators (87 percent) felt successful in teaching students with disabilities, giving their efforts a success rate of moderate to great extent; however, their confidence was tied to their relationship with special education teachers.

Many of these responding teachers completed their professional preparation at a time when few students with disabilities were taught in general education classes. This was true even among those instructors who had been teaching for no more than six years. Fewer than one-third of those instructors said they received any pre-service training for collaborating with special education teachers. Some general educators reported they were able to acquire some skills through in-service programs, and those professional development hours were associated significantly with their perceived success.

A goal of ESEPP is continuing the good experiences beyond the end of the grant. “Information about skills and strategies will be disseminated to other teachers at national, state and local levels using mate-
rials that were developed in this training program,” Goldman says.

Teachers excited

Educators certainly are excited. Goldman says that her office has received more than 110 inquiries and applications for the 35 available training spots.

The participants will be divided into two groups. The first group of 18 will begin training this fall, and the second group of 17 will begin next summer. “The expecta-
tion is that the first group can offer some mentoring to the second group,” Goldman says.

Most of the participating teachers have general education degrees and represent a cross-section of teachers in both back-
ground and geographical location. “They are coming from the Birmingham area and beyond,” Goldman says. The majority of the grant funds will defray tuition costs and book fees. The goal is to keep out-of-pocket costs to a minimum.

An educator of young children with spe-
cial needs can make a positive difference in the lives of those children and their fami-
lies, Goldman says. The training program will help make that kind of difference, and these teachers will share these skills with other general education instructors.

The program will generate many quality improvements, Goldman says. ESEPP graduates will possess greater compe-
tencies enabling them to be valued and retained by employers for a long period of time. Graduates will have expanded employment options, particularly in the area of reading and leadership within school systems (e.g., administrators in special education and/or reading), and the follow-up evaluation extends several years to ensure satisfaction. Graduates also will encourage mentorship of previous students and engage in cooperative recruit-
ment activities for the profession.

“The anticipated impacts of ESEPP are manifold,” Goldman says.

SAFE PATIENT HANDLING

CONTINUED from page 1

table. The most common injuries reported were sustained in the back, shoulders and neck.

"Caregivers have a tendency to sacrifice themselves for the benefit of the patient," Burnett says. “What they don’t realize is they are putting themselves at risk for injury and possibly sacrificing their health. And they’re doing it every day.”

The risk of injury increases among an aging workforce, and trends suggest work-

ers are extending their careers beyond the traditional retirement age. A 2006 Health Resources and Services Administration report estimated the average age of a reg-
istered nurse as 46.8 — more than a year older (45.2) than the estimated average in 2000.

“One of the ways we can accommodate an aging workforce is offering the latest and greatest technology in safe patient-handling services,” Burnett says. “Safety training and ergonomic planning in the environment also are vital.”

Strong commitment

UAB Hospital has committed more than $987,000 to initiate the program and fund equipment, soft goods and clinical sup-
port services.

Research from Medscape, a Web site resource for physicians and other health-
care professionals, shows that a well-im-
plemented ergonomic plan will positively affect a facility’s bottom line by prevent-

ing musculoskeletal injuries, decreasing workers’ compensation costs and retaining

nurses and other health-care staff.

“The program will get its money back in a very short period of time by the reduc-
tion in on-the-job injuries and medical expenses to employees — both upfront and hidden,” Burnett says. “It’s a significant investment, but it’s a wise investment.”

Cheri Plasters is a registered nurse in Transplant and General Surgical Services and chair of the Professional Nurse Practice Council, a group comprising RN representatives from each unit. She says the group supports the changes because between September and February 2008 before its use will be mandatory. Training classes will take place in the former critical-care unit on the eighth floor of Spain Wallace from September through February. Employees should talk to their supervisor or educator about the training schedule for their unit.

Early Alert System being implemented for faculty use

A part of its student retention efforts, UAB is implementing an “Early Alert System” that will target courses at the 100 and 200 level with rates of “D, F and W” at 20 percent or higher and that enroll 250 students annually.

Between the fourth and fifth week of the term, faculty will be asked to use a chan-

nel (currently under development) on the BlazerNET Faculty Resources tab to des-

ignate students in their class who need to receive an “alert.” Faculty will determine their own criteria for what constitutes the need for an early alert (for example, grades from early assignments, class atten-
dance, class participation).

When a student has been designated to receive an alert, an e-mail to him or her will be generated by the Registrar’s Office on behalf of each faculty member. The student’s e-mail will recommend certain actions and will provide links to resources such as academic advisors and an Early Alert Resources Web site, which also is currently under development.

UAB is committed to ensuring that stu-
dents receive academic support and are aware of the resources available that will help assist them in successfully completing their degree program.
behaviors such as keeping a record of food intake and circumference and weight. Bonus points are awarded for blood glucose, total cholesterol, LDL cholesterol, waist indicators, including systolic and diastolic blood pressure, Points will be awarded for reductions in several health for every single patient. I've tried to do that my entire career.” Raper counts Mike Saag, M.D., director of the UAB Center for AIDS Research and the Division of Infectious Diseases, as another mentor. Raper had the opportunity to work for Saag after moving to the 1917 Clinic. Raper had seen several friends with HIV die, including his partner in 1993. So when the opportunity to manage the Alabama HIV vaccine clinic emerged, Raper jumped at the chance. Before long, Raper became its administrative director and nurse practitioner. Now, 12 years later he’s the only non-physician director of a clinic at UAB after taking the reins of the 1917 Clinic in April.

The future Raper went back to school in 2000 in pursuit of a law degree. “I wanted to investigate what it would be like to work in health-care advocacy and reform,” he says. He received his juris doctor degree in 2003. Raper says he believes bedside nurses can do a good job in health-care advocacy, and at some point he might like to move in that direction.

That’s not likely to happen anytime soon, however. He has made a commitment to his patients that he intends to keep. “You wake up one day and realize you’ve worked for 30 years at something, and you certainly hope you’re making a contribution and moving your profession forward,” he says. “For me, nursing has been a wonderful profession. I tell my patients I don’t plan to retire until I’m 85. I don’t know if that will come true or not, but that’s my plan.”

EATRIGHT CHALLENGE

CONTINUED from page 1

“We’re also extending our usual class lengths to 15 weeks from 12 weeks,” Ard says. “We want this to be fun. We want UAB’s faculty, staff and students to be energized for this campaign. We’ve made it easy for people to qualify for the opportunity to win prizes, and anyone who wants to improve their health is eligible to participate.”

Rules, bonus points Each participant must obtain their baseline measurements on or before Sept. 28, and any desired lab work must be taken within three months of the start date. For each 25 points accumulated in the challenge, participants will receive one chance for the grand prize drawing.

Points will be awarded for reductions in several health indicators, including systolic and diastolic blood pressure, blood glucose, total cholesterol, LDL cholesterol, waist circumference and weight. Bonus points are awarded for behaviors such as keeping a record of food intake and attending group sessions.

“We understand you may not need to lose 25 pounds; you may need to only lose 10 to 15 pounds,” Ard says. “Every participant – regardless of how much weight they want to lose – may be eligible for the prizes at the end of the program.”

Other activities EatRight is introducing two free, interactive activities during the campaign. The first is the Walking Breaks program. Beginning Sept. 4, EatRight will coordinate 15-minute walking breaks across campus on Mondays, Wednesdays and Fridays; the breaks will begin at 11:25 a.m., 12:25 p.m. and 1:25 p.m.

EatRight also will host free monthly cooking demonstrations to help you learn to prepare healthier foods. Local chefs will provide tips on modifying recipes for a healthier lifestyle.

To learn more about the challenge, designated walking locations and scheduled demonstrations, visit www.eatright.uab.edu or call EatRight Weight Management Services at 934-7053.
CHANGES MADE
The Office of Grants & Contracts has changed the methods used to report grants and contracts awarded. Following the only the following will be listed: all new grants and contracts, competing continuations, competitive renewals, supplements and amendments for projects that add additional funds to an existing award. The name of the principal investigator will be listed, if not all key personnel. The words “Confidential Title” will replace the title for all awards made by industry sponsors. For multi-year awards, the total amount for all years will be listed as the entire project period. For more information, contact Grants & Contracts Administration at 934-5266.

New/Renewal/ Competing Continuation
David Allison (Biostatistics) Diet, Genetics, and CVD Risk Factors Response in Blacks NIH/ Pennington Biomedical Research Center $4,728 1/5/2007-6/30/2008
W Winn Chatham (Immunology- Rheumatology) Confidential Title Genentech Inc $134,480 5/25/2007- 6/30/2011
Yahing Chen (Pathology) Confidential Title Actelion Pharmaceuticals Inc $75,000 7/1/2007-6/30/2008
Rita Cowell (Psychiatry) Transcriptional Regulation of Metabolism in Early Postnatal Brain Development UAB/H $100,000 1/5/2007-6/30/2008
Rita Cowell (Psychiatry) Transcriptional Regulation of Metabolism in Schizophrenia NIH/NIMH $60,000 7/1/2007-12/31/2008
Angelo De Mattos (Nephrology) Patient Outcomes in Renal Transplant: Development of Cardiovascular Predictive Risk Equations in Renal Transplantation Minneapolis Medical Research Foundation $29,145 8/12/2006-3/31/2008
Andres Forero-Torres (Hematology- Oncology) Confidential Title Ascarta Therapeutics Inc $62,329 7/30/2007- 7/29/2014
G Neal Kay (Cardiovascular Disease) Confidential Title CryoCath Technologies Inc $32,640 7/18/2007-7/17/2012
Susan Lasey (Nursing Academic Affairs) RWJ Executive Nurse Fellows Program Robert Wood Johnson Foundation/ The Regents of the University of California, San Francisco $35,000 6/1/2008- 5/31/2010
Fernando Ovalle (Endocrinology) Confidential Title TeklinaRx Inc $57,820 4/8/2006-4/30/2008
Meredith Preus (Human Gene Therapy) Confidential Title Actelion Pharmaceuticals $75,000 7/1/2007- 6/30/2008
Mark Prichard (Pediatrics) Confidential Title Novartis Pharmaceuticals Corp $55,816 7/1/2007-6/30/2008
Kenneth Saag (Immunology- Rheumatology) Confidential Title Arie Inc $26,729 7/12/2007- 1/11/2008
Jane Schwebke (Infectious Disease) Confidential Title Quidel Corp $93,750 5/1/2007-5/1/2008
John Sweatt (Neurobiology) Triphasic Interactions of Nerve and Muscle NIH $1,486,250 8/1/2007-4/30/2012
Sergey Vyzovkin (Chemistry) Nanostructuring and Thermal Behavior of Polymer Gels Toward Improving Longevity of Important Petroleum Derived Products American Chemical Society Petroleum Research Fund $45,000 9/1/2007-8/31/2008
Riedar Oestenstad (Psychiatry) Confidential Title Telecis Biotherapeutics Inc $48,424 1/5/2007-4/30/2008
John Mountz (Immunology- Rheumatology) Development of Shielded Adenosine Vector as a Vaccine for Anthrax NIH/ SBIR/ Vectorial Metabolic Engineering $43,000 5/30/2007-10/30/2007
Natividad Stover (Neurology) Confidential Title Eisai Medical Research Inc/ Quintiles Inc $63,700 8/15/2007-8/15/2011
David Sweatt (Neurobiology) Confidential Title Philip Morris $43,200 7/13/2007-7/12/2008
Trygve Tollesbol (Biologics) Glenn Award for Research in Biological Mechanisms of Aging Glenn Foundation for Medical Research $50,000 9/1/2007-8/31/2009
Charles Wilcox (Gastroenterology) Confidential Title Centocor Inc $1,000 6/1/2007-3/15/2008
Hui Wu (Pediatric Dentistry) Glosysgenesis and Function of an Oral Streptococcal Adhesin NIDCR $1,818,750 8/1/2007-7/30/2012
Lyndia Harrison (Nursing Academic Affairs) A Culturally Competent Nursing Online NNP Program (Advanced Education Nursing Grants) DHHS/ Health Resources & Services Administration $784,520 7/1/2007-6/30/2010
Donna Arnett (Epidemiology) Genetic and Environmental Determinants of Triglycerides NHLBI $714,936 7/15/2007-5/31/2009
Amendment/ Modification/Supplement
Ilene Brill (Promotion of Couples) VCT in Two African Capitals NIAID $37,000 3/1/2007-6/30/2008
LaTanya White (VCT in Two African Capitals NIAID $194,922 10/6/2006-9/30/2010
Bradley Giuste (Biological Markers and Interactions of VCP with Component Complements NIAID $48,424 12/1/2006-11/30/2007
John Hartman IV Quantitative, Global Expression Analysis of Cancer Networks that Buffer DNA Replication by Regulation of Thromboxane Metabolic Flux Howard Hughes Medical Institute $75,000 8/1/2009-7/31/2011
Robert Gaston (Confidential Title Isotecnica Inc $6,500 3/7/2006- 9/31/2007
Christopher Coffey Secondary Prevention of Small Subcutaneous NIDDK/ University of Texas at San Antonio $75,725 2/1/2007-1/31/2008
James Cullinan Confidential Title Pfizer Inc $1,250 7/5/2007-7/15/2009
James Cullinan Confidential Title Pfizer Inc $1,250 7/5/2007-7/3/ 2010
Joao DeAndrade Confidential Title Inter/Nurse $13,000 1/1/2007- 12/31/2009
Mark Dransfield Confidential Title Boehringer Ingelheim LTD $13,747 6/1/2007-12/31/2007
Bryan Nee Graduate Research Fellowship Program NSF $81,000 9/1/2006-8/31/2007
Sarah Morgan (Confidential Title Inter/Nurse $2,175 7/24/2007-4/23/2008
Mark Dransfield Confidential Title Boehringer Ingelheim LTD $13,747 6/1/2007-12/31/2007
Brian Nee Graduate Research Fellowship Program NSF $81,000 9/1/2006-8/31/2007
Sarah Morgan (Confidential Title Inter/Nurse $2,175 7/24/2007-4/23/2008
Mark Dransfield Confidential Title Boehringer Ingelheim LTD $13,747 6/1/2007-12/31/2007
Pamela Goode Treatment of Post- Proctectomy Incontinence NIDDKD $127,000 7/31/2007-7/30/2008
John Bolland A Study of African American Marriage and Health NIH/ Pennsylvania State University $10,000 7/1/2007-6/30/2008

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GRANTS & CONTRACTS
Summary of the August 14 Faculty Senate Meeting

Chair Report: Chair Pat Greenup announced the following items: 1) State of the University address by President Garrison is scheduled for Oct. 4 from 1:30 to 5 p.m. in Spain Auditorium. 2) Provost reported no activities in termination for cause review panel, grievance hearing committee and university wide grievance panel from March 11 to June 30. 3) Topics discussed at FSEC meeting included agenda, return status of photo authorization forms, periodic career-development review proposal, and parking for new academic classroom building. 4) Topics discussed at FSEC meeting with provost included budget presentation at September senate meeting, university wide initiatives update, center for teaching and learning and writing center update, Sterne Library renovation committee. Commission on the Nurses of Women recommendation about representation and compensation, annual faculty evaluation process and faculty rates with the University. 5) Senate-approved intellectual ownership recommendations will be considered by appropriate administrators. 6) Senate representatives to university wide committees have been appointed by President. 7) Administrator evaluation surveys for president and provost will be distributed electronically to faculty in late August; Senate office will be relocated to Campbell Hall during next month; 9) Senate budget for 2007-2008 has been developed and submitted.

President Report: President Carol Garrison announced the following items: 1) Discussion book activities include presentation by and reception with Rick Bragg on Aug. 21, ice cream social on the Green, and campus conversations events; 2) New faculty encouraged to attend reception as part of orientation activities planned for Sept. 19; 3) Faculty should complete required online courses listed in BlazerNET since most training is mandated by regulatory agencies; 4) Faculty encouraged to discuss incentives and barriers for participation in various activities on campus such as strategic enrollment management and student advising.

Standing Committee Reports: Curriculum and Research Committee – Senate Chair Pat Greenup reported for Chair Nasim Uddin that committee is discussing scholarly communication and research day for faculty development grant award winners to report on projects. Faculty Affairs Committee – Chair Mark Lockhart reported on current cycle of administrator evaluations and planning for next cycle including how survey results are used and how to close feedback loop. Faculty Policies and Procedures Committee – Senate Chair Pat Greenup reported that committee is discussing standards of behavior and policies for firearms and use and consumption of alcoholic beverages.

Finance Committee – Chair Stephen Moneymaker reported that committee is comparing UAB faculty salaries with SUGI data. Senate Representative to UAB Fringe Benefits Committee Linda Reed reported on topics discussed at two meetings held in July. Please contact her at reedl@uab.edu with questions or concerns by faculty about benefits before next meeting on Aug. 21.

Governance and Operations Committee – Chair Pat Higginbottom reported that committee is reviewing constitution and bylaws and explained role of senate liaisons.

Open Forum: Senators completed surveys on administrators to be evaluated, faculty interests and concerns, and current practices for annual faculty evaluation process based on guiding principles in each academic unit.

Announcements: Next senate meeting is Sept. 11 in Hill University Center Great Hall, next FSEC meeting is Aug. 29, next FSEC meeting with president and provost is Sept. 4, and next FPPC meeting is Aug. 17. Secretary Jennifer Long submits this draft summary of the minutes. A more complete record will appear on the senate page at www.uab.edu/senate/home.html after approval at the September Senate meeting. The minutes of the FPPC meeting also are available for review on the Senate page.
Anatomical Theatre
Depictions of The Body, Disease and Death in Medical Museums of The Western World

A Photographic Exhibition of Medical Museums of the Western World
SEPTEMBER 6 - DECEMBER 7

JOIN US FOR A SPECIAL
Reynolds Lecture
Anatomical Theatre: The Art and Science of Medical Museums of the Western World
Presented by Joanna Ebenstein, Photographer
THURSDAY, SEPTEMBER 6, 4 PM
Wine and cheese opening reception to follow lecture

UAB Historical Collections, 3rd floor
Lister Hill Library • 1700 University Boulevard
Monday through Friday, 9 AM - 5 PM, 205 • 934 • 4475

PHOTOGRAPHS FROM UPPER LEFT TO BOTTOM RIGHT, CLOCKWISE:
Fay Carroll, a messenger in the Division of Hematology and Oncology, is August’s Employee of the Month. If you know of a great employee and would like to nominate them for this recognition, e-mail Jason Turner at jturn1@uab.edu or send a letter to Employee of the Month Committee, AB360, ZIP 0103.

Bonnie Zarzaur thought she might have found a permanent administrative assistant for her office in the Division of Hematology and Oncology when Fay Carroll arrived.

Carroll was battling an injury that was keeping her from her normal duties as a messenger in the division and thus was on a temporary assignment – one Zarzaur says Carroll performed in an exceptional manner.

“She did an absolutely beautiful job, and I would have been thrilled to have her in our pool,” Zarzaur says. “However, sitting behind a desk all day wasn’t for her, and I’m actually very thankful for that. We never would be able to find another messenger of her caliber – ever.”

An extraordinary attitude, a willingness to help others and dedication to her job and fellow co-workers are just a few of the reasons Carroll has been named UAB’s August Employee of the Month.

Carroll is well-organized, efficient, patient, conscientious and respected by her peers. Zarzaur says many messengers have come and gone through the years and Carroll has trained them all, displaying superior supervisory skills and seemingly endless patience.

“I must admit I have learned much from watching her interactions with co-workers when she would have discipline, attendance or quality issues to confront,” says Zarzaur, who supervised Carroll for more than six years. “She calmly, cheerfully and respectfully addresses weaknesses without demeaning or accusing.“

Carroll says she is humbled by the praise of her co-workers and honored to be selected employee of the month.

“It’s a joy even to be considered for the award,” she says. “I just come in to the office and try to stay focused on what I need to do.”

Co-workers marvel at the positive attitude and work ethic Carroll brings in to the office every day. “If she has any stress in her home life she doesn’t bring it to work,” says Betty Crowe, an administrative support specialist in the division. “She never complains, and she is the most trustworthy person I have ever worked with. She will get the job done, regardless, with a smile.”

Carroll says it’s easier to leave interferences outside the office than some might think. “She says she focuses on doing her job, and when it’s time to leave for the day, she will worry about those other issues then.”

“Besides,” she says, “you don’t need to make someone else miserable just because you may be miserable. I try to let my job be the joy in my life while I’m here.”

Co-workers clearly notice the happiness she has doing her job. At a recent Administrative Professional’s Day Lunch, everyone in attendance was asked to write something about themselves on a piece of paper. The papers were collected and read out loud, and everyone was asked to guess who said what about themselves.

“One piece of paper read ‘I love my job.’ And in a room of 20 people, we all knew it was Fay who wrote it,” says Kelly Adamson, an administrative associate in the division. “She really does love her job, and we really do love having her here.”

Carroll can’t imagine not being a messenger. When she recovered from her injury, she was right back to her normal job – making deliveries and meeting people.

“I would never be able to sit behind a desk all day,” she says. “I love meeting in with people and talking to people. I appreciate this division, the people who work in it and the opportunity to do what I do.”

**Wilson to direct Sparkman Center for Global health**

Pediatric AIDS researcher Craig Wilson, M.D., is the new director of the Sparkman Center for Global Health in the School of Public Health.

The Sparkman Center collaborates with institutions and agencies abroad to implement graduate-level education and training programs in public health that respond to health problems in developing countries. This mission expands UAB’s capacity to engage, prepare and support current and future health professionals through a global health agenda.

**Shipman to direct UAB CDC**

Martina Shipman is the new director for the UAB Child Development Center.

Shipman, who worked with the Child and Youth Services section of the U.S. Department of the Army for more than 17 years, has received a number of awards from the Army for her civilian service. As a training and curriculum specialist, she has developed training programs in early childhood development consistent with the methods and techniques endorsed by the National Association for the Education of Young Children (NAEYC). Under her direction, four child development centers and one school-age center have been accredited by NAEYC.

The UAB Child Development Center, a NAEYC-accredited program, is an equal opportunity provider of child-care services for UAB faculty, staff, and students. To learn more, call 934-7353.
Children

Healthy African-American, Caucasian, and Hispanic children ages 7-12 need to be monitored for diabetes. This includes a blood test, composition, blood, and potential risk for diabetes. 2 visits required. Compensated up to $250. Call 5-5378.

Healthy girls 17-10 years old need for a health exam. This is a blood test for the presence of herpes simplex virus. If you have never had herpes (fever blisters or cold sores), you cannot be compensated. Compensated: 997-6793/5371.

Children ages 10-11 and their parents would like to know how their child's pediatrician safety. No stress, danger or invasive procedures. Paid $15 + children receive a complimentary pizza. 4-6988/1064@yahoo.com.

Are you a cancer survivor? How are you coping? UAB Preventive Medicine needs African-American men age 21 or older diagnosed with cancer within the last 6 months to 5 years ago to learn more about the ways people cope with cancer and what has helped them through their illness. 1 hour phone interview. Recruitment contact: Gail Mertz 6-6600/ 522 press 2.

Healthy adults age 55-90 with mild memory loss and/or diagnosed with Mild Cognitive Impairment (MCI) needed to study how exercise and nutrition may improve memory and mood. Physical exam and pencil & paper testing; no meds. 1 visit for 4 yrs. Compensated 6/yr. James C. 4-9969.

Do you have rheumatoid arthritis? Are you age 18-85 diagnosed with rheumatoid arthritis? If you may qualify to participate in a study using the drug Catinis-9 Inhibitor drug for a 16-20 week period. Compensated. Antia A 4-2993/antia.turner@uab.edu.

Do you have tomal fun? You may qualify for a study being conducted by the UAB Department of Dermatology. You may be eligible to receive investigative medication at no cost to you. Compensation. Misty Wintson 522-9967.

Men & women age 50-85 with a diagnosis of Alzheimer’s disease needed for a 5 year study evaluating the effects of a nutritional supplement on memory loss. This is a double blind study using a nutritional product. You must be on a stable dose of current medication for at least one month. Cans 4-2991.

Are you a cancer survivor? How are you coping? UAB Preventive Medicine needs African-American men age 21 or older diagnosed with cancer within the last 6 months to 5 years ago to learn more about the ways people cope with cancer and what has helped them through their illness. 1 hour phone interview. Recruitment contact: Gail Mertz 6-6600/ 522 press 2.

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Is your blood pressure uncontrolled (higher than 140/90)? Are you on three or more blood pressure medications including a diuretic? You may qualify to participate in a national 14-week research study to determine the safety and effectiveness of a new investigational medication in the treatment of severe hypertension. Study includes a physical exam, laboratory tests, daily blood pressure checks, medications, and ECQ at no cost. Compensation: 4-9281.

Anemia study: Do you worry most of the time? Is your outlook on life generally negative? It may be caused by muscle tension, headache, restlessness, feeling fayed up on or edge, difficulty concentrating, or your relations with others are age 16-49 and in good physical health; you may be eligible for our study. Call to see if you qualify to participate in our study. Evaluation, study medication at no cost. Compensation: 4-9326.

Do you have diabetes? The Division of Endocrinology is conducting research studies in the treatment of diabetes and diabetic complications. Healthy adults age 18 and older with type 1 or type 2 diabetes. All study related care is provided at no charge including. 4-4112.

Type 2 diabetes. The Webb Clinical Research Center is currently conducting a research study with an investigational compound for diabetes. If you are age 19 or older and have type 2 diabetes, and are on three or more blood pressure medications including a diuretic. You may qualify for a study being conducted by the UAB Department of Dermatology. You may be eligible to receive investigative medication at no cost to you. Study visits, Compensation. Misty 522-9967.

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Appliances & Electronics

**Garvin Nuri 350 portable GPS**, 3.5" color touch-screen, windshield mount, in-prep, computer compatible, $120. Cell 205-339-1242, paid $412, asking $312; Shiftie-mar headlight wont work, $75. Meters, cell 1-888-700-3737, paid $413, asking $350. 422-8393@att.net. Iomega USB 750MB & 100MB zip drives & diskettes, Y 300, cell 774-0523, paid $300, asking $120.

GE gas stove, white, exc, cord, rarely used, $300, 599-5590. Hot water heater, in good cond, large size, $65. Princess 8-2256/44-311.

Whirlpool hardhat, white, extra-large, extra-capacity dryer, y 360, $250. Hot water heater, 2 temperature, heavy duty, large capacity, both for $250. 908-609-6206@socialau.com.

**Automobiles**

70 Chevy C-10 truck, needs clutch, brakes, battery, T/LC, $750; '93 Cadillac Eldorado, 86,000 original mi, needs battery, $500. 633-3001/837-7243.

0301/837-7243. Battery, TLC, $750; '83 Cadillac Eldorado, 10 uAb reporter 4-5773/298-0822. Barley twist legs, $1200/obo; all exc cond. 482-Allen chairs, exc cond, $250/obo. 533-1594. (6) dining room chairs, solid maple, Ethan white washer/dryer, $100. 907-0883.

Kitchen table/4 chairs, $25; Kenmore electric table, $25; secretary good cond, $100; round television/matching stand, $300; off-white end, $150; Sony 22” w/bodypack, adapter cords, never used, paid garmin nuvi 350 portable GPS.

'94 olds ninety-eight regency elite, $300. 599-1956.

'S9 land rover range rover cassette, $1950. 969-1659.

'99 toyota solara, terry, fair cond, $1450. 581-2941/254-3368/'97 geo Prism 643-4254.

'96 mazda mPV '96 chevy blazer base, 93,000 mi, exc cond. $8500. 243-0081.

'01 mazda miata ls 4X4, auto, PB, PS, AC, heat, AM/FM/CD, '02 honda odyssey eX '05 gmc sierra 1500 sle clAssifieds, silver, automatic trans-

heavy-duty, extra-large, 33,300 mi, fully

porch, fenced backyard, detached storage, 342923. Art 243-9812.

in ready, completely renovated, tile/carpet

chalkville/clay area $59,900 + $500 gift card from Lowe’s, Home for the budget conscious 1st time homebuyer at

of 4 enclosed parking spaces, on cul-de-sac, detached garage/workshop provides a total

appraisal $6200, asking $3500. 4-9413.

uabmc.edu.

Miscellaneous

Weatherbox, $50, 18" chassis, Sears, no fan, works fine, $10. Also do repair work. Dale 835-0933.

Grain feed, cooked process blended, all natural no steroids or antibiotics, 2.5 lbs, self, whole, half or quarter sides. shop pammollot.com

Flute. Gamehend 73, silver plates, 2-yr-old exc, cord, case & shoulder bag, paid $110, sell for $100. Laura 4-633-1603/diamonds@ uabmc.com.

Savannah & Egyptians Mau kittens, exc cond, $750/obo. 269-8684. Norway Granite Retreat Garden—fruit-full Sunsuite, $25,000, and 2 BB condo, $375,000; tile floor, new or newer appli-

ances and cabinets, great views, 4% discount if purchased through owner/agency, ad-

justed to Kiva Dunes Golf. 823-3136/joel@comcast.net.

Hoeve/Butler Park—4 BB plus one large bungalow & 3 small guest houses, 2 car garage, fenced backyard, niek, tiled, nice neighbor hood, $725,000. 666-1946.

Grain flint, $40, unblemished, $75, sample available. Peter: hickory, unused & $1000/both. 5-7931.

Donna 520-3465.

Colors: blue, orange, yellow, exc cond, $60.

3 days/2 nights stay at Myrtle Beach. Teresa 4-527/873-7098.


Pony saddle, like new, with pad, $150. Kathy 4-9186/368-6899.

Ancient wood floor, $302/yard, riding lawnmower, 4-yr-old, $450, rear-project for 60” TV; 7” white/ebony & silver flat screen, $1050/both; 12” flat.

24” crown molding: hickory, unusual & order direct, see sample available. 4-354/995-3386.

40-yr-old upright piano free to anyone who will come and get it, in need of repair. John 494-5224.

Elmwood Cemetery: 2 lots/valleys located (overhead, right of 359, Block 39, valued at more than $5000, offer under $1,100-1342.

Comforter queen set: include 2 pillows, dust ruffle, bedspread, sheet, 4 pillows, mattress pad, cal-\n
tons; blue, orange, yellow, exc cond, $60. Donna 526-3540.

Coach handbags: authentic Coach wallet, brass/hick/black, MSRP $184, asking $140, authentic Coach Stiped Denim handbag, hick,

red, MSRP $150, asking $100; authentic/ Coach shoulder handbag, hick/black, legacy strap fabric, MSRP $598, asking $200

Samanta 865-3033-0365.

Furnishings

Burlington/cheap/foveseat, $160. Sony 22” television, in box, $35; 32” television, in box, $65;

table, $25; headboard, $25; 1 nightstand, $25;

dinette, $125.

B&G discount, solid maple, Ethan Allen chairs, exc, cord, $250/obo, 533-194.

Birchwood 326, 33,300 mi, fully loaded, sun roof, leather, bumper-to-bumper warranty, asking $35,000. Allen 886-1526/ alen_tasha@bellsouth.net.

GMC Sierra 1500 SL 5.3 cyl, set, cab, truck, 160,000 mi, tire, brake, exhaust, MWL, PL, alloy wheels, trailer hitch, new tires, 38,000 mi, ask-
ing $20,000. 6-511.

Furnishings

Burlington cheap/foveseat, $160. Sony 22” television, in box, $35; 32” television, in box, $65; table, $25; secretary, $25; twin bed, $25; headboard, $25; 1 nightstand, $25; 3 drawer, $25; lamp, $10; chair, $35; wall clock, $10; dining room table, $10; flat screen, exc cond. 449-2244.

Robbie Springars–3 BB plus 1 BR, 2 car garage, all new, newly remodeled/white walls, new同情 cabinets, new floors, no pets, no smoking, really nice.

Destin/Shoreline Gardens—2 BB plus 1 BR, large fenced backyard, no pets, tennis, nests, no pets, no smoking, owner rates. 835-1539.

Apartment—30a very close to Rosemary Beach, close to shopping and great restaur-
ts, 2 BB house, pool, for pets. For availability call at Destin; http://www.shorelinegardens.com around Portofino on Sunset 5-303.

Florida Keys —3 BB studio (2 of 3 BB are studio) in town. No pets, no smoking, 2 parking spaces, easy to walk to V. Richards Market, 2 BB apt, new, enclosed-in, kitchen-in, walk-in closet; also have 1 BB apt, water, info from $940, 633-1536.
ery a set up; also have tents, canopies, tables & chairs. 908-651-0412. 

Tyng: 51-60 pg. Maxine 4-4182. 


Professional housecleaning: contact me to maintain your lawn; cut & trim, prune, trim, thin leaves, hedge management, etc. Call your free estimate 281-2994.


Need a tutor? Hoover elementary teacher. I have affordable rates, flexible schedule and great references. All subjects through 6th grade. Alison 807-9290.

Housekeeper: experienced in cleaning and organizing. Basements & attics dependent upon service. Clean and maintain your home on a weekly or biweekly basis; also will do one-time cleanings.

Lawn Care: 16 years of combined experience. Services include: mowing, weed-eating, blowing, landscape design. Call me for free estimates. John 256-252-9206/Perry 427-8506.

Many types of carpet cleaning: regular, area rugs, upholstery, etc. Call for a free estimate. John 492-6236/4196/485-0252.

Houseboat: We offer pasture boarding so you can enjoy the lake with your horse. Off Hwy 79 in the beautiful farming community of Taffy, AL 35701-8703.

Do you work full time? Need a home to clean your home? 590-7560.

Lawn service by 2 athletes and a lawn mower; over 5 yrs of experience, quality workmanship. Nancy 731-9643/274-0813.


Lawn maintenance: Tree service and outdoor water systems. Curtis 681-5126/613-1831.

Need help with repairs, computer problems? Call 428-8773.

Lawn care from 6 am-7 pm Mon-Fri. Paula 218-2359. Flexible rates; references avail. 

Lawn mowing: home service & retail yard service. A. D. Smith 656-1580. 

Relax and leave the cleaning to me. I clean houses and offices on an weekly or biweekly basis. Free estimates also. Call Meg for a free estimate. Megan at 524-2477 or indyrandys@yahoo.com.

Lawn mowing: 2 yrs of experience looking to take care of your lawn. Reese 908-0230/tarry@lawndesigns.net. 

Professional string quart & harp for weddings and at all occasions. (Modern repertoire). Soloists and other performance artists also available on Malaga or John 492-6236/4196/485-0252.
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