Badgett takes schoolwork to Paralympics competition

Becky Duncan knew Mallerie Badgett was a special person within a few minutes of meeting her.

Badgett, a 19-year-old sophomore studying early childhood education, is in Beijing and will compete in the 2008 Paralympics from Sept. 6-17.

However, the Oxford native also intends to take a full schedule of classes this fall. She will be out of the country for more than a month, training and competing in the 100- and 200-meter wheelchair track competition. Badgett met with Duncan and other professors before leaving for Beijing Aug. 21 to discuss plans to continue her education while chasing her dream.

“I have great admiration for Mallerie,” says Duncan, the instructor of the English Composition online course Badgett enrolled in this semester.

“She is an inspiration — and not only to others with physical challenges. She’s an inspiration to me.

“Mallerie’s determination indicates that she is a person who doesn’t look to see what she can get by with,” Duncan says.

“She looks to see what she can do to push the boundaries of her disability. That is what I admire about Mallerie — what inspires me the most.”

Badgett will be taking courses in health education, English and teaching and technology. She will be taking 12 hours in

SDES, UAB team up for service-learning project

The Southeastern Diabetes Education Services had a pressing need this summer. UAB had a way to fill it.

The result was a tremendous service-learning opportunity for UAB faculty and students and a state-of-the-art facility for Southeastern Diabetes Education Services (SDES) to hold its annual Camp Sugar Falls, a four-day camp for children ages 6-15 with Type 1 or Type 2 diabetes in which participants learn to monitor their diet, exercise and medication.

UAB hosted the camp in July in the Campus Recreation Center. UAB graduate students in the School of Education physical-education program planned and lead all of the camp’s physical activities, including games and sports such as basketball, T-ball, indoor soccer, kickball, flag football, disc soccer and swimming.

The Lakeshore Foundation has hosted Camp Sugar Falls, but this summer the foundation was an official U.S. Olympic and Paralympic training site and SDES Executive Director Terry Ackley had to find his camp a new home. Lakeshore officials recommended he contact Kristi Menear, Ph.D., associate professor of Physical Education.

“He said, ‘I’ll give you anything you need to make this a learning endeavor for your students if you can help me secure a facility and provide the physical activities for our children,’” Menear says.

Menear says the camp gave UAB students an opportunity to learn about diabetes and ways to manage the health of children with diabetes in a physical-education setting.

“...to be able to do it in this format, on a miniature scale before running their own physical education class in a public school with 80 children in the gymnasium at one time, is invaluable,” Menear says.

“I’ve been able to see who my student leaders are; I know who’s taking charge on certain activities, and I can see what their strengths are. Everybody’s strengths are going to come to the surface during a four-day period.”

Dawn Wilson, who graduated in August, was the student leader of the camp. The physical-education student had to set the

Volunteers wanted for service-learning project

Kristi Menear is planning a meeting in early September to secure collaboration from other interested disciplines across campus for next year’s Camp Sugar Falls. Contact her at kmenear@uab.edu or 975-7409 to learn more.
The following is a list of fiscal year-end deadlines. For more information, visit www.uab.edu/adminsys/#/ and select Finance Closeout Calendars.

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**Sunflower Assets training scheduled**

Equipment Accounting will conduct training for users throughout UAB on the newest version of the Sunflower Assets equipment-accounting system Thursday, Sept. 4 in Administration Building Room 16B. Sunflower Assets 4.5 will enable users to access information and run reports about capital equipment in their organization. Register on the Training and Development Web page at www.uab.edu/traindev under Computer Courses.

**Public forum on schizophrenia, depression is Sept. 14**

UAB is one of the 50 top academic institutions participating in a simultaneous event to promote awareness of new research in schizophrenia and depression that will enable clinicians to develop new, better treatments. The forum, Healthy Minds across America, will be held from 1 to 4:30 p.m. Sunday, Sept. 14 in the UAB Margaret Cameron Span Auditorium. It is free and open to the public.

The Birmingham chapter of the National Alliance for Research on Schizophrenia and Depression (NARSAD) hosts the event, organized by the UAB Department of Psychiatry & Behavioral Neurobiology (NARSAD) hosts the event, organized by the UAB Department of Psychiatry & Behavioral Neurobiology.

Information about the event is available on the NARSAD Web site at www.narsad.org/help/campaign/publicannouncement.html or e-mail Ellen Abbott at abbott@uab.edu.

Paid parking is available at the deck located at 1801 Fourth Ave. South, or limited free parking is available on the street near to the auditorium.

**UAB Warehouse auction is Sept. 17**

A public auction will be held 9 a.m. Wednesday, Sept. 17 to dispose of surplus used equipment in the University Stores Warehouse, located at 1405 Second Ave. South.

Registration will begin at 8:30 a.m. on the day of the sale. Items available for sale may be viewed Monday and Tuesday Sept. 15-16 from 8:30 a.m. to noon and 1 p.m. to 4:30 p.m. each day.

The warehouse will be closed to the campus Sept. 10-12 in preparation for the auction.

For additional information, contact Equipment Accounting at 934-3344 or 934-5144.

**Resource Center offers insight into addiction and recovery**

Steve Moore, program coordinator with the Center for Psychiatric Medicine, will lead a program.

“Understanding Addiction and Recovery,” Wednesday, Sept. 10 from 11:30 a.m. to 1 p.m. in the UAB Hospital West Pavilion Boardroom. Moore, a therapist who has studied addictions for many years, specializes in relationships that have been affected by addiction.

The program, presented by the UAB Resource Center, is free and open to all employees and family members. Attendees are invited to bring a lunch to the session. Call 934-2281 to register.

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**Keep it clean**

Spencer and Tyler Welch of Green Power Clean powerwashed and cleaned the area around the arts & Humanities building. The Welch's, students at UAB who own the Green Power Clean business, use EPA-approved, biodegradable products, making it an environmentally friendly business. The Welch's cleaned all of the walkways around the building, removing all of the gum and other objects stuck to the sidewalks. Green Power Clean also offers roof washing and wood restoration in addition to its pressure washing service.
**Use Early Alert System to notify, help struggling students**

UA has expanded its Early Alert System to enable faculty to notify and provide support for students who are not performing at a satisfactory level in a course this semester. The electronic notification provides students sufficient time to seek and receive support or assistance if needed.

In the inaugural year for the Early Alert System, the faculty participation rate was 46 percent. “We would like to increase participation because the evidence suggests that students are more successful when warned early in the semester of a likely D, F or W grade,” said Philip Way, associate provost for undergraduate programs.

“The percentage receiving those grades in courses using the EAS last year declined compared with the same courses in the previous year when the EAS was not available,” Way said. Also, in spring 2008, 32 percent of students who received alerts made C or better in courses in which they received alerts.

The Early Alert System (EAS) is on the Faculty Resources tab on BlazerNET at blazernet.uab.edu. Faculty will be guided through the process with step-by-step instructions.

This year the Early Alert window has been adjusted to six weeks; it began the day after add/drop deadline, Aug. 27, and ends about a week before the withdrawal deadline, Oct. 8.

Several enhancements have been made to the Early Alert System this fall. Faculty will find:

- A new check box for instructors who have no alerts to report. This demonstrates faculty awareness of and participation in the EAS.
- An option to send additional personalized e-mail to students.
- A feature for faculty to record student visits.
- An option for instructors of 300- and 400-level courses to be included.

A new link available soon in the EAS channel to access aggregate and school-level reports; this is a work in progress.

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**SERVICE LEARNING**

Continued from page 1

schedule for each day, decide on the activities and provide the equipment. She also ensured the physical-education majors knew the rules of each activity and implemented appropriate modifications for the campers’ ages and ability levels.

Wilson, who plans to work with special-needs students in adapted physical-education classes, says experience setting up a camp of this magnitude is important in her own development.

“I’ve organized softball camps before, but this is different,” she says. “It’s been very important to see how much time and how many resources you need to set up a camp like this or even your physical education program. You have to plan well ahead for what you need because you want to be prepared.”

Peter Gamble, a former paraprofessional pursuing his master’s degree and teacher certification in physical education, says the other bonus for UAB students who has been learning about diabetes.

About 1 in every 400 children has Type 1 diabetes, according to the American Diabetes Association, and that number is increasing. The likelihood Gamble and other teachers will encounter students with diabetes is growing.

“To have this opportunity to learn more about what kids with diabetes can do rather than focusing on what they can’t do is good,” Gamble says. “It’s good for us to learn more about the issues they face, and it’s good for them to learn they can be physically active. They just need to monitor their blood sugar.”

First-time host

The mission of SDES is to motivate

people with diabetes and their families through education and social and recreational experiences in a safe and nurturing environment. SDES has conducted Camp Sugar Falls for four years in Birmingham and expanded the program to Mobile in 2007 and to Montgomery this year.

“I’ve told us what the children needed during physical education,” Menear says. “They told us what the children needed during physical education, they brought an insulin pump, offered to prick our fingers and check our blood sugar, showed us what a sugar pilled tastes like and advised us on ways to manage diabetes during physical activities. They brought things to us I couldn’t have provided.”

Ackley says the partnership was a success. “Dr. Menear and her students were very helpful to us in designing and implementing a fun physical-education and recreation leisure program that fully engaged the students,” Ackley says. “UAB’s students helped Camp Sugar Falls children understand the importance of physical activity and learn that it can be enjoyable.”

Future with UAB

Both parties hope to expand the camp in 2009, and Menear hopes to engage students from other disciplines. This year’s camp also included volunteers from the schools of Nursing and Medicine.

Menear is interested in developing a research project from the camp. Gamble took on a special project prior to the camp, developing a fact sheet for physical educators and coaches to help them have a better understanding of students and athletes with diabetes.

It has been submitted to SDES for review by its medical staff and will go on its Web site at www.southeasterndiabetes.org.

“I’m trying to determine what more we can do from a standpoint of scholarly activities,” Menear says. “Do we have a model program or something we can ask a research question of in the future? We certainly want the collaboration to continue because of what all of our students gain from it.”

Menear is planning a meeting in early September to secure collaboration from other interested disciplines across campus.

Camp Sugar Falls featured older diabetic counselors who were once part of the summer camp. The camp, which is for children with Type 1 or Type 2 diabetes who are age 6-15, was hosted at UAB for the first time this past July.

“We’re trying to determine what more we can do from a standpoint of scholarly activities,” Menear says. “Do we have a model program or something we can ask a research question of in the future? We certainly want the collaboration to continue because of what all of our students gain from it.”

Menear is planning a meeting in early September to secure collaboration from other interested disciplines across campus.

Contact her at kmneear@uab.edu or 975-7409 to learn more.

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**More courses integrating service-learning component**

A growing number of UAB courses are incorporating service-learning pedagogy to combine classroom instruction and community experiences. Instructors select partnership sites to meet learning goals in the same way they would select a textbook; and these community partners become colleagues in service-learning through collaboration and reciprocity that meets the course objectives and community needs.

Norma-May Isakow, director of the Office for Service Learning, says students and faculty involved in service-learning courses report an enhanced appreciation for both community issues and assets.

Some of the courses offered this fall include:

- **Peer Education**, incorporating the principles and skills underlying the SHAPE training developed by the UAB 1917 Clinic, is led by Retta Evans, Ph.D., associate professor of Health Education and Recreation. Students examine the values and skills needed for effective citizenship and address some social problem or problems is led by Assistant Professor Harry Hamilton.

- **Exploring Birmingham: In Search of Community**, a freshman learning community seminar that examines the effects of physical spaces and design on the way we interact with each other and build community, is led by Rosie O’Beirne, Center for Urban Affairs program coordinator, and Chrissy Duvall, Ph.D., director of the Office for Undergraduate Research.

- **Dollars and Sense: An Introduction to Business, Economics, and Personal Finance**, a freshman learning community for students to understand the fundamentals of business and economics as they relate to everyday life and career goals to foster lifetime personal financial planning and a practical understanding of supply, demand and price determination is led by Stephanie Rauterkus, Ph.D., associate professor of business.

- **Intro to Digital Community Studies**, exploring the concept of community through the lens of urban redevelopment using digital applications and direct field experience, is led by Rosie O’Beirne.

For more information about service learning see www.uab.edu/service-learning or contact Isakow at nnisakow@uab.edu.
Badgett has spastic diplegic cerebral palsy that affects her legs more than her arms, but it never has discouraged her from being active. She always wanted to learn how to read and write, and she was encouraged to participate in sports as a young girl. She started wheelchair racing by chance.

"I'm really excited we can offer this option for her in a core-curriculum course that gives the flexibility to help with the challenges she and other students face," Duncan says. "There are some unknowns, specifically with her schedule in China, but I get the feeling she's going to do all she's capable of doing. And I'm going to do all I can to accommodate her and still maintain the academic integrity of her participation in the class."

Reading aloud to children is key in reading development

Kay Emfinger (left) and Kathleen Martin are co-authors of the new book Sharing Books Together: Promoting Emergent Literacy Through Reading Aloud and Home-School Partnerships, which encourages teachers and parents to read aloud regularly to children.

EMPHASIZING WORDS IS KEY

Her first wheelchair race was in the 2004 Athens Games in Athens, Greece. She qualified for the Paralympic team by competing in the 2008 Paralympic Trials in Tempe, Ariz., in June, finishing fourth in the 100-meter and third in the 200-meter races. This will be her first Paralympic Games.

Badgett says she practices on the track for 20 hours each week. Her best times are 40.82 in the 200-meter and 22.54 in the 100-meter races.

"The most difficult part of wheelchair racing is learning to steer the chair because it's a lot of work and you have to learn how to adjust your body," she says.

Writing abroad

Badgett will be doing her schoolwork while training and competing in Beijing. Even though she's taking online classes, her workload will not be lighter.

Duncan's English Composition class, for example, is writing-intensive.

"We turn out a major paper every few weeks," Duncan says. "If you get behind, that can be difficult to overcome."

Duncan talked with Badgett at length about the class schedule and assignment calendar. They talked about pacing and structure. The topic the class will write about is on climate change, selected by Duncan in conjunction with UAB’s Discussion Book for this year, Field Notes From a Catastrophe: Man, Nature and Climate Change. The structure of the class and the campus resources on climate change information helped ease any fears Badgett may have had about the class.

"It's so exciting it's overwhelming," she says. "I can't wait to get there, and I think I'm ready for the games to begin."

PARALYMPICS

Continued from page 1

courses that all are requirements for her degree.

"We’ve worked to keep her at full-time student status, taking as many online classes as possible so she can still be a student while she’s competing," says Abby Westerhold, undergraduate advisor with the School of Education.

"That was something she wanted to do. She didn’t want to take a semester off, and now she will be able to jump back in next semester and keep going," Badgett says she’s thankful for the opportunity to continue her education while competing.

"My UAB professors have been so helpful," she says. "They are being very understanding with all of this."

From basketball to track

Badgett has spastic diplegic cerebral palsy that affects her legs more than her arms, but she never has discouraged her from being active. She always wanted to participate in sports as a young girl. She started wheelchair racing by chance.

She began playing basketball at the Lakeshore Foundation at age 14, and her coach suggested she participate in track in the off-season, largely as a way to stay in shape. "I tried it, and I loved it," she says.

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Badgett says she’s ready for the challenge ahead and is confident she can handle the dual workload. She’s also ready for the games to begin.

"It’s so exciting it’s overwhelming," she says. "I can’t describe how excited I am. I’m also a little nervous because I don’t know what to expect. It’s truly an honor and privilege to compete for my country."
As she sat on a train in early August crossing over from North Dakota into Montana, Windsu Kelly started to cry. The UAB cardiovascular surgical scrub nurse didn’t think she would react that way as she officially completed visiting all 50 states. But two years ago it looked like one of her life-long dreams might never be realized when Kelly was diagnosed with Hodgkin’s lymphoma.

“When I came into Montana and I got tears in my eyes, I just felt so blessed that the Lord gave me that opportunity,” Kelly says. “He gave me a glimpse of mortality at a mid-life stage. It’s obviously not something I would have chosen, but it’s a privilege to have gone through it and to be able to embrace life.”

Kelly wants to support others battling the life-threatening illnesses of leukemia and lymphoma. She is participating in this year’s Light the Night Walk Sept. 11 at 6 p.m. in Regions Park. The annual event, sponsored in part by the UAB Health System, is celebrating its 10th year raising funds to aid researchers seeking cures for leukemia, lymphoma and myeloma.

“I’ve had lymphoma, and my father died of leukemia, so I’ve been on both sides of it,” Kelly says. “I want to do everything I can to encourage others who are going through a hard time or have difficult diagnoses to have hope. We want to find a cure for these diseases, and Light the Night is a great way to contribute.”

**Surrounded with support**

Kelly was diagnosed with Hodgkin’s lymphoma after a biopsy in summer 2006. She had noticed an enlarging lump on the left side of her neck a few weeks before and visited Marty Heslin, M.D., a UAB surgical oncologist who ordered a CT scan. Andres Forero, M.D., associate professor of hematology and oncology, quickly put a treatment plan in place that included six months of chemotherapy infusions every other week and radiation treatment as needed.

Friends, family and co-workers surrounded Kelly with support. Her fellow nurses and doctors in the cardiovascular operating room ordered and wore red bracelets that read “Do Not Be Afraid,” pitched in to cover for her at work when needed and made a quilt for her complete with inspirational messages.

“The Lord really surrounded me with terrific people,” says Kelly, whose lymphoma is now in remission. Kelly was treated in the Comprehensive Cancer Center at UAB. She says she was met with professionalism and compassion at each point in her treatment and was overwhelmed by the cutting-edge medicine available.

“I think it’s real important to realize what a great facility we have here at the Comprehensive Cancer Center,” she says. “I did not know about the extent of the facility and treatment options until I had cancer, and I’m an employee. It’s a fantastic thing we have here.”

**Research ongoing at UAB**

UAB has grants from The V Foundation for Cancer Research, the Cancer Research Institute, The Dana Foundation and the NIH, among many others, to study leukemia and lymphoma. These grants would not be possible without the support of groups across the country, including the Light the Night Walk.

Anyone can walk in the Sept. 11 event, and teams are being formed at UAB. The walk is a casual walk that features walkers carrying an illuminated balloon — white balloons for cancer survivors, red for supporters and gold balloons for those walking in memory of a loved one. If you would like to walk with Kelly or donate to her team, The Lymphoma Eliminators, contact her at wkelly@uabmc.edu. Donations also can be made online at www.lightthenight.org or contact Cam Sabo to participate at csabo@uabmc.edu.

**SITEWATCH: Life Stories**

The UAB Comprehensive Cancer Center has launched the first issue of its online periodical *Life Stories* at www3.ccc.uab.edu/lifestories/index.htm. *Life Stories* offers a new look at cancer through the eyes of the people who live with it every day. Short video features introduce you to a cancer survivor, along with a UAB physician, a researcher and a caregiver who help patients fight the disease. Hear about their trials and triumphs, the latest advances in treatment and recovery, and the insights they want to share with newly diagnosed patients and families.

The current issue of *Life Stories* focuses on head and neck cancer. The fall issue features colon cancer.
Special Lectures

Wednesday, September 3
4 pm UAB Center for Clinical & Translational Science Research Forum. Induced pluripotent stem (IPS) cells and gene replacement therapy for sickle cell disease. Chien-Tong Tzou (Biochemistry & Molecular Genetics); Hugh Kaul. Bldg Finley Conf Ctr.

Monday, September 8
2 pm Dept of Pathology’s annual Paulette Shirley Pritchett Endowed Lecture. The biology and medical promise of small RNA’s, Dr. Philip A. Sharp, Prof, David H. Koch Institute for Integrative Cancer Research. MTTI. Sharp won the 1993 Nobel laureate in Physiology or Medicine for his discovery of RNA splicing in 1977. This work provided one of the first indications of the startling phenomenon of “discontinuous genes” in mammalian cells.

Wednesday, September 10
4 pm UAB Writers’ Series. A reading by award-winning author John Sullivan. Sullivan, a native of Louisville, Ky., earned recognition for his first book Blister, a novel of a Sportswriter’s son. The event is free and open to the public. Huley Recital Hall. For more details, call 4-4250.

Friday, September 12
10 am UAB Comprehensive Cancer Center. Oesogenic and leptogenic nutrient sensing pathways of p27Kip1: Implication in breast cancer, Assoc Prof Isa Ete (Nutrition Sciences); WP-E.

Defenses
For a complete list of defenses and other Graduate School events, visit the Calendar of Events located in the Students section of the Graduate School Web site at www.uab.edu/graduate.

Meetings

Tuesday, Sept. 2, Sept. 9
9 Am Chinese Conversation Table: HB – 3rd fl “The Hub”; Humanities Building. Dima Zeiden, drn200@uab.edu or foreignlangs@uab.edu.
10 am International Women’s Group, provides activities to promote the cultural and social interests of the international community. Smolian International House. 4-1205 or foreman@uab.edu.

Monday, September 11
11 am Arabic Conversation Table; HB – 3rd fl “The Hub”; Humanities Building. Dima Zeiden, drn200@uab.edu or foreignlangs@uab.edu.
12:10 pm UAB African American Studies

Tuesday, Sept. 2, Sept. 9
2 pm Spanish Conversation Table: Intermediate/Advanced; HB – 3rd fl “The Hub”; Humanities Building. Centero, centero@uab.edu or foreignlangs@uab.edu.
7 pm Conversational English Classes levels 1 – IV, offered free to those interested in enhancing their English conversational skills. Smolian International House. 4-1205/ carol@uab.edu.

Tuesday, Sept. 2, Sept. 10
10 am Conversational English Classes levels 1 – IV, offered free to those interested in enhancing their English conversational skills. Smolian International House. 4-1205/ carol@uab.edu.

Friday, Sept. 5
12:20 pm UAB African American Studies. Tackling Books, an open house event. Tackling Books, is a metaphor for the blending of African-American oral tradition with the Euro-American written tradition. This is an opportunity for students and the community to learn more about the program and to meet the faculty and staff. The event is free and open to the public. For more info, call 9-5630.

Friday, Sept. 5
5 pm Visual Arts Gallery. Opening reception for Angela West, UAB Morton Visiting Artist. Her works explore issues of women’s history as well as questions of place. The exhibition will feature nine works from her “Sweet Sixteen” series, a selection of works from her “Coraage” series and a number of large-scale landscapes. 900 13th St. S. Admission is free. Through Oct. 3. 4-0815.

Exhibits
Mervyn H. Sterne Library. Global Warming and Climate Change. The exhibit ends Sept. 30. Library hours: 7:30 am-3:10 pm Mon-Thurs; 7:30 am-7 pm Fri; 9 am-5 pm Sat; 1-11 pm Sun.

The Samuel Ullman Museum. Home of prominent Birmingham civic leader and poet. Open by appointment only. 4-3328.

Visual Arts Gallery. Selected works by Angela West, UAB Morton Visiting Artist. Her works explore issues of women’s history as well as questions of place. The exhibition will feature nine works from her “Sweet Sixteen” series, a selection of works from her “Coraage” series and a number of large-scale landscapes. 900 13th St. S. Admission is free. Through Oct. 3. 4-0815.

Special events

Tuesday, Sept. 2
6 pm UAB BookTalk. Louise Erdrich’s novel The Painted Drum. The discussion will be led by Axel Prof Gale Temple (English); Sterne Library Herley Rm. For more info, call 4-4250.
3:00 pm UAB Outdoor Pursuits 30 minutes to outdoor success stories. Why do I feel Idiotic? How to pack your backpack. Near the fountain outside of the Commons on the Green. For more info, call 996-4913 or outdoor@uab.edu.

Tuesday, Sept. 9

Thursday, Sept. 11
Noon Outdoor UAB Pursuits 30 minutes to outdoor success stories. Dude, there’s sand in my eggs! Quick tips on how and what to cook in the backcountry. Near the fountain outside of the Commons on the Green. For more info, call 996-4913 or outdoor@uab.edu.

or outdoor@uab.edu.
6 pm Alys Stephens Center. Inter-ARTive ASC Social Club. The event is a celebration of Birmingham’s thriving arts and culture scene. The party is an invitation for young professionals to participate in the arts; the party is free for all young professionals. The ASC Social Club brings young professionals ages 21-40 together to experience great live performances and social gather-ings. Memberships include ticket discounts, special events, meet-the-artist opportunities, prize giveaways and more. Membership is $25 for students, $40 for individuals and $75 for couples. To join the ASC Social Club, contact Kimberly Kirklin at 4-0862 or kkirklin@uab.edu.

UAB Sports

Sept. 5-7: $10 freshman trip backpacking Joyce Kilmer Memorial Forest, NC & Whitewater rafting Ocoee River, TN. Depart at 10 am on Sept. 5 and return at 10 pm Sept. 7. Hike the great Smokey Mountains, camp overnight in the Smokies and participate in the arts. The trip is open to all UAB students, $50 for faculty, staff and alumni; and $60 for non-students and non-affiliates. The pre-trip meeting and deadline for signup is Sept. 7 at 6 pm in Room 290 of the Campus Rec Center. Email signup is first in; first served. Discover the wonders of the Appalachian forest, then whitewater raft down the Smokies and explore the South's most scenic river. For more info, call 996-4913 or e-mail outdoor@uab.edu.

Sept. 13: Tumbling Rock; Wild Caving. Ala. Depart at 8 am and return at 10 pm. The cost is $40 for students, $50 for faculty, staff and alumni; and $65 for non-students or non-affiliates. The pre-trip meeting and deadline for signup is Sept. 9 at 6 pm in Room 290 of the Campus Rec Center. Check out Kings Shoovers, Alabama's largest waterfall. Be sure to pack a lunch. For more info, call 996-4913 or e-mail outdoor@uab.edu.

Outdoor Pursuits

Sept. 5-7: $10 freshman trip backpacking Joyce Kilmer Memorial Forest, NC & Whitewater rafting Ocoee River, TN. Depart at 10 am on Sept. 5 and return at 10 pm Sept. 7. Hike the great Smokey Mountains, camp overnight in the Smokies and participate in the arts. The trip is open to all UAB students, $50 for faculty, staff and alumni; and $60 for non-students and non-affiliates. The pre-trip meeting and deadline for signup is Sept. 7 at 6 pm in Room 290 of the Campus Rec Center. Email signup is first in; first served. Discover the wonders of the Appalachian forest, then whitewater raft down the Smokies and explore the South's most scenic river. For more info, call 996-4913 or e-mail outdoor@uab.edu.

Sept. 5, 7: Men’s Soccer vs Illinois-Chicago. West Campus Field. 7 pm
Sept. 7: Men’s Soccer vs Mercer, West Campus Field. 2 pm
Sept. 12: Women’s Soccer vs Wright State. West Campus Field. 5:30 pm
Sept. 12: Men’s Soccer vs UC Irvine. West Campus Field. 8 pm
Sept. 14: Men’s Soccer vs Western Illinois. West Campus Field, 2 pm
Sept. 14: Women’s Soccer vs Samford. West Campus Field, 4 pm
Thursday, September 11 @ 6 - 8:30 p.m.
Outdoor Haskell Courtyard
FREE!

featuring
THE WHITE OAKS

Live Music from The White Oaks
Free the Hops Complimentary Tasting
Open Mic Competition Hosted by Bottletree
Great Food from Rojo, Bottletree, & Cosmo’s Pizza
Cool Prize Giveaways including ASC Tickets

Sponsored by: Bottletree, Birmingham Budweiser, Cosmo’s Pizza, Free the Hops, Reg’s Coffee House, Rojo, and Vitamin Water.

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UAB Faculty & Staff Receive a Discount on Season Packages!

(205) 975-ARTS
www.AlysStephens.org
1200 10th Avenue South
The chances of finding Connie Bonds sitting still are slim. “I don’t do boredom very well,” she admits.

Others have taken notice of the work Bonds does in her role as office associate in the Department of Nutrition Sciences. Faculty and staff who work with her routinely commend her dedication, drive and willingness to help others — and her penchant for speaking her mind. As a result, Bonds has been selected Employee of the Month for August.

“Connie has been cited again and again as a self-starter with initiative and drive who works above and beyond in both time and effort and is diligent in assisting those she works with — faculty, staff, patients and students alike,” says Timothy Garvey, M.D., director of the UAB Diabetes Research and Training Center. “She exhibits superior technical skills and is recognized by her colleagues for her interpersonal skills, as well.”

Bonds takes the compliments in stride, saying she is fortunate to work with a group dedicated to helping each other.

“It’s really a fun atmosphere to work in,” she says. “We take our work seriously, but we cut up and kid around. I know it sounds cliché, but I really look forward to getting up and coming to work.”

Bonds’ organizational skills and professional attitude aids her in her role of supporting all of the clinics in Nutrition Sciences, says Sarah Morgan, M.D., medical director of the Osteoporosis Prevention and Treatment Clinic. Bonds supports the Optifast and EatRight programs, the Medical Risk Reduction Clinic and the Osteoporosis Prevention and Treatment Clinic.

She also has developed a system to help her track laboratory values for osteoporosis clinic patients, and she reminds patients to get repeat vitamin D levels after they have been documented to be vitamin D-deficient. Bonds also created a method that follows and orders infusions for osteoporosis patients at the proper intervals, and she developed a cross-filing system that links clinic patients with their pharmacological treatment.

“There is no task too large or small for Connie,” Morgan says. “She is an excellent office manager and is responsible for the success of many of the faculty members in the Department of Nutrition Sciences.”

Jose Fernandez, Ph.D., associate professor of nutrition sciences, has many examples of how Bonds has contributed to create a positive working environment.

He cites her work in meeting the needs of students, co-organizing and leading the departmental retreats, assisting faculty with deadlines and training newcomers to the department as critical strengths. These duties are performed with her typical smile, her desire to offer a helping hand and her spirit of camaraderie, Fernandez says.

“Connie continuously goes the extra mile, taking the initiative and embracing new challenges and opportunities,” Fernandez says. “She is one of the people who can deliver in every occasion with efficiency and charisma. She is honest, pleasant and intelligent — a prototype of efficiency and effectiveness, of professionalism and energy, of honesty and kindness.”

Bonds also plays a key role in the department’s nutrition physician specialist and dietetic intern-training programs. Clinical nutrition fellows speak highly of her willingness to walk them through the paperwork and credentialing process in an efficient and timely manner. She also has received support from individuals in the community for her extremely courteous and prompt assistance in all her interactions.

“You can see how Ms. Bonds is so valuable to us because she enhances our ability to excel in all three of our academic missions: patient care, education and research,” Garvey says.

Bonds says nothing is boring in Nutrition Sciences

Bonds is August’s Employee of the Month. If you know someone who should be Employee of the Month, nominate them. Send letters of nomination to Jason Turner at jturn1@uab.edu or visit www.uab.edu/eotm.
Do you or someone you know have cystic fibrosis? If yes, you may qualify for a research study. The study has developed a Web site that addresses the pain experienced by patients with CF. Visit the site for information about pain and how you might be eligible for a study. Contact Paul Hunziker, Study Coordinator, 4-3285/ 4-3285.

Are you a veteran receiving care at the Birmingham VA Medical Center? If so, you may be eligible to participate in a research study. Research receive a physical exam, labo-

Do you have depression or major depressive disorder? If you are a continuing adult in the age group 19-65 years of age and meet the criteria for dysthymia, you may be eligible to participate in a study that involves a 7-day drug washout period and repeated drug administration. Compensation. The study involves a 2-day stay and requires you to have depression and be 18-65. Contact Dr. C. R. Sprague, 4-9076.

Are you a dental patient at UAB Dental School? If yes, you may qualify to participate in a research study. Receive a physical exam, labo-

Do you have asthma and need a new asthma treatment? If yes, you may qualify to participate in a study that will evaluate the safety and efficacy of a new investigational medication in the treatment of severe asthma. Eligible study participants will be given either the new investigational medication, blood pressure checks, physical examination, and blood and ECG at no cost. Compensation. 9-2081.

Do you have diabetes? The Division of Endocrinology at UAB is seeking research studies in treatments for diabetes and diabetic complications such as neuropathy, obesity and cardiovascular disease. Must be age 19 or older and in normally good health. Contact Dr. L. H. Qaseem, 4-4112.

Care Teams for HIV: If you are HIV+ and are currently participating in a Care Team you are eligible to participate in a study that will look at the effects of being in a Care Team for the par-

Are you an overweight woman age 45-60? If so, you may be eligible to be a study participant. Call Robert F. Gavett, 4-9678.

Are you a postmenopausal woman at increased risk for osteoporosis? If yes, you may be eligible for a breast cancer prevention study. Join Fit Club For All! Apply to receive a fitness program that is designed for people with breast cancer and other cancer treatments. For breast cancer survivors, women who are aged 50 to 56 may qualify to participate in the study. Contact Dr. P. C. Doershuk, 4-9281.

Women with interstitial cystitis needed for research study. If you, or anyone you know, have interstitial cystitis, you may qualify for this study. You will be asked to answer questions related to cystitis symptoms and take a urine sample for a complete 

Women needed for vaginal bacteria study. If you are a woman of either race, 18-50 years old, you may be eligible. Your participation will help us understand how vaginal infections or yeast infection, you may be eligible to participate in a study that will evaluate the safety and effectiveness of the effects on the patient’s pelvic region and drain multiple times a week. 5-8887-6055 mittfjord@uab.edu.

Women may be able to be eligible for a research study. If you are an overweight woman age 60-70 years old, you may be eligible for a research study that will evaluate the safety and effectiveness of a new investigational medication in the treatment of diabetes and diabetic complications such as neuropathy, obesity and cardiovascular disease. Must be 50 or older. Compensation. You could provide valuable information that may help design future alcohol treatment programs. This is not a treatment program. Compensated. Breast Cancer, 4-8967.

No-insomnia treatment for people over 65. If you are a person age 65-79 who experiences difficulty falling asleep, you may qualify for a study that will evaluate the safety and effectiveness of a new investigational medication in the treatment of diabetes and diabetic complications such as neuropathy, obesity and cardiovascular disease. Must be 50 or older. Compensation. You could provide valuable information that may help design future alcohol treatment programs. This is not a treatment program. Compensated. Breast Cancer, 4-8967.

Dr. Sipski Alexander 4-2022/866-706-5545. 

If you are an overweight woman age 45-60 concerned about developing diabetes? You may be eligible. You are going to receive a free glu-

Women who are overweight or obese and have been diagnosed with Type 2 diabetes or are at risk for developing diabetes, may qualify for a study that will evaluate the safety and effectiveness of a new investigational medication in the treatment of diabetes and diabetic complications such as neuropathy, obesity and cardiovascular disease. Must be 50 or older. Compensation. You could provide valuable information that may help design future alcohol treatment programs. This is not a treatment program. Compensated. Breast Cancer, 4-8967.

Do you have heart disease? If you have had a heart attack or are seeking medical treatment or have a history of diabetes or heart disease, you may qualify to participate in a study that will evaluate the safety and effectiveness of a new investigational medication in the treatment of diabetes and diabetic complications such as neuropathy, obesity and cardiovascular disease. Must be 50 or older. Compensation. You could provide valuable information that may help design future alcohol treatment programs. This is not a treatment program. Compensated. Breast Cancer, 4-8967.

Are you an African American female under or graduate student? You may qualify to be a participant in a study. Writing craft. Michael Harris 939-5277.

Women who are 35-45 years old and have been previously diagnosed with breast cancer, you may qualify to participate in a study that will evaluate the safety and effectiveness of a new investigational medication in the treatment of diabetes and diabetic complications such as neuropathy, obesity and cardiovascular disease. Must be 50 or older. Compensation. You could provide valuable information that may help design future alcohol treatment programs. This is not a treatment program. Compensated. Breast Cancer, 4-8967.
For Sale

Electronics & Appliances
Kenmore washer & dryer, while, good cond, $150/bth; 5-9137.
Kenmore portable washing machine, cards, excellent condition, for $75 aps without a washer connection, $150.447/417-
Auntie Mlb.

A20 7MW wireless network mega pixel camera, brand new in box, $25.4-387.

Frigidaire washer & dryer, exc cond, $100/150, cash or LC.

Entertainment center, black, hold 37” TV, $215-3144.

Automobiles
1994 Ford Ranger pickup, 2-3WD, 4 cyl, 5-spd, AC, 105,000 mi, $450/340/lb, Mike 790- 0057.
1995 Mercury Sable, nice line new, radiator, hoses, CD runs, 145,000 mi, $980, must see 620-402.
1996 Mercedes Benz C220 2.3L, 4 cyl, 21,000 mi, exc cond, black, every electric works, 136,000 mi, mainte-
rance paid $10,000, asking $3500, exc cond, 3-5 couples and share expense/fun, 10 miles from UAB, salesman; 527-1112.

For Sale

Furnishings
Wood armoire, Fuji digital camera, 6X zoom, $50. Maria 1-7377.

Frigidaire washer & dryer, brand new in box, $250. 4-9286.

Lakefront—who that you want. 326-2262.

Oceanfront—15% discount until 12/31/08. Barb 850-236- 1817. 3 BR/2.5 BA, granite coun-

For Sale

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Completely remodeled, very clean, 28,000 mi, like new batteries &

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The UAB Personal Health Clinic specializes in comprehensive and expert care of PTSD and other psychiatric disorders. Smartphone for geriatric health and safety also available. Call 4-7345 or e-mail mathewss@uab.edu.

The Resource Center. Do you know UAB provides free counseling and assistance to students and their families? Whether you’re dealing with job loss, debt, dating, unemployment, consulting, personal and career assessment, job search skills training, job identification and job search services, call 4-7345 or e-mail mathewss@uab.edu.

Do you have computer questions or problems? Need repairs, have Microsoft Office or other software? Bring your question or computer to the help desk. UAB has a 24/7 help desk to find solutions from a staff including professional computer counselors and marriage and family therapy. 24-781-8211.

Do you need computer software support? Having problems with your computer署名, tax or printer? We offer support solutions for networks and personal computers of all flavors and Microsoft operating systems to Linux and Macintosh. ADF-4971.

Do you have computer problems or questions? Need professional help for a new computer or other software? Bring your questions or computer to the help desk. UAB has a 24/7 help desk to find solutions from a staff including professional computer counselors and marriage and family therapy. 24-781-8211.

Wanted for sale or trade. 4x6 inches. Includes deliver, mailing, processing, and return. Small painting, carpentry and all your real estate needs. Phillips baylorlou@uab.edu. Wanted for trade. Call 4-4911.

Wanted: Maid to clean for you.

Wanted to communicate in Spanish?

Wallpapering & carpeting: room additions: kitchen/bath, tile, drywall, decks. Specializing in all your catering needs. See his portfolio. Wanted to communicate in Spanish.

Want to communicate in Spanish?

Wanted: maid to clean for you.

Want to communicate in Spanish?

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High ethical standards are vital to workplace morale and productivity.

That is the reason for UAB’s Ethics Hotline, which enables you to inquire about or report actual or potential unethical or unlawful work-related behavior in a safe, anonymous way, online or over the phone. The hotline is designed for use by all members of the UAB community – the University of Alabama at Birmingham, UAB Health System, University of Alabama Health Services Foundation (HSF) and other UAB affiliates.

You can call the UAB Ethics Hotline toll-free at 1-866-362-9476 or report your issue online at www.uab.edu/ethics if you have concerns about issues such as misuse of funds, conflict of interest, record-keeping, conduct of research activities and research administration, data privacy, scientific misconduct, clinical trials billing, theft or fraud, patient billing, or other issues. A trained professional will take your call or online report and ensure that appropriate university personnel receive the information for follow-up.

Help us ensure that high standards remain a core value for UAB – where ethics matter.

UAB Ethics Hotline
1-866-362-9476
www.uab.edu/ethics