CommuteSmart names UAB Smart Innovator for 2008

K’im Fort knows perfection is not a goal that is attained easily – particularly in the area of partnerships and collaborations. But for the past 10 years, UAB’s partnership with CommuteSmart has been as close to perfect as any collaboration can be. That is one reason UAB recently was recognized by the organization as its 2008 Smart Innovator Award winner for large corporations for exemplary commitment to reducing emissions through outstanding commute-options programs.

“We are thrilled that CommuteSmart thinks enough of our programs to select the university for this award,” says Fort, director of Transportation. “We’ve had a fantastic relationship with CommuteSmart for 10 years now, and we’ve been working with them to improve information on campus for our employees, increasing their ability to participate in various programs. I think it’s been a great advantage for UAB and CommuteSmart.”

The award was given as part of the Alabama Partners for Clean Air’s 2008 AIR Awards program, which recognizes area employers and individuals for their commitment to improving air quality. UAB was among 15 Birmingham-area businesses selected by the Alabama Partners for Clean Air and CommuteSmart to receive an award, further establishing the university as a community leader in alleviating traffic and providing efficient commuting options to its employees.

CommuteSmart has programs for those who bike, walk or drive to campus as part of a carpool. UAB worked throughout this year with CommuteSmart to promote its programs, creating a biking brochure, hosting a bike fair for students and enforcing CommuteSmart to help sponsor the successful Walk UAB! Challenge during the summer.

“CommuteSmart determined we were their Smart Innovator for 2008 because of the success of these programs,” Fort says. “The great thing about CommuteSmart is that they are very involved and committed to reducing traffic and developing well-organized options for commuters. They provide wonderful support for us in terms of ideas, materials and participating in all of our employee orientations and student programs.”

New device gives hope for independence to patients

Martel Smith doesn’t remember what happened to him Tuesday, July 8. The Birmingham native was told his SUV flipped four or five times. He was told he was thrown from the vehicle some 50 feet from where it stopped. He knows he had to have emergency surgery.

“I don’t know much about the accident,” he says, “but I know it was horrible.”

Waking up was worse. That’s when the doctors told him about his spinal-cord injury and that there was a 99 percent chance he never would walk again.

Now a revolutionary device that significantly improves rehabilitation for patients with spinal-cord injuries, stroke and degenerative diseases is in use at Spain Rehabilitation Center (SRC) gives Smith new hope.

The device is TheraStride, a state-of-the-art, bodyweight-support treadmill system; it enables physical therapists to help patients achieve proper motor function and control, improve balance and walking and increase weight-bearing abilities for standing. Smith has used the machine more than seven times in the past month, and that slim chance he had to walk again is increasing.

“This has given me hope,” he says. “I took that 1 percent chance they gave me to walk again and ran with it.”

Wave of the future

The SRC is the only rehabilitation facility in Alabama with a TheraStride system. TheraStride combines a treadmill and support harness system with sophisticated computer software that measures variables of gait training, including speed, weight supported, amount of time walked and amount of assistance needed while walking. It enables therapists to provide safe, hands-on training to restore function.

“The TheraStride machine is an integral component of what is referred to as locomotor training – learning how to walk again following neurologic injury or damage,” says Cathy Carver, a physical therapist who has been working with Smith.

“TheraStride combined with proper therapeutic skill will help patients recover the ability to walk rather than simply help them learn to compensate with walkers, canes or other assistive devices.”

The TheraStride system cost nearly $100,000 and was paid for by the Women’s Committee Of Spain Rehabilitation Center, the Department of Physical Therapy in the School of Health Professions, the Alabama Power Foundation and private donations.

Cathy Newhouse, SRC administrative director, says TheraStride is the wave of the future for rehabilitating neurologic injuries such as stroke, traumatic brain injury, incomplete spinal-cord injury or Parkinson’s disease. She says TheraStride represents the major shift in philosophy of the rehabilitation field away from the traditional compensation approach to focusing on functional neuro-recovery.

“When someone experiences these types of injuries their brain has the ability to re-train. A simplistic way of explaining the process is to liken it to the normal developmental process in an infant’s first year of life,” Newhouse says. “The first thing a baby does is learn to get head control. Then the baby learns how to roll over. The next is learning to roll over, then sitting up, then working on crawling and finally working on walking. Every waking hour the baby is practicing move-
Employee educational assistance policy change announced

Effective with the spring 2009 semester, employees no longer must certify themselves for employee educational assistance in Oracle; however, certification is required for eligible dependents/spouse. An eligible dependent/spouse enrolling in classes for the spring semester can be certified before the Drop/Add date for that session as published in the UAB Academic Calendar at studentaffairs.uab.edu/calendar/search.asp?fmt=2. After that, educational assistance will not be applied for the spring semester.

To certify online, go to the Educational Assistance section of the Oracle self-service menu. Log in to Oracle via www.uab.edu, select the Admin systems link, then Oracle HR & Finance Systems. For more on eligibility requirements and information on the Educational Assistance Program, visit main.uab.edu/show.asp?url=44429.

2009 Ireland Prize nominations sought

Nominations for the 2009 Caroline P. and Charles W. Ireland Prize for Scholarly Distinction are being accepted.

A nominee must be a full-time, regular UAB faculty member who has a primary appointment in the schools of Arts & Humanities, Natural Sciences & Mathematics or Social & Behavioral Sciences.

Candidates must have notable achievements in their field, have gained national and/or international recognition of peers and have demonstrated talents that contribute to the elevation of the arts and sciences at UAB and in the Birmingham community.

A brief letter of nomination by the person submitting the candidate and a curriculum vitae of the nominee should be forwarded to Claire Pool, Ph.D., associate provost for Faculty Development and Faculty Affairs, Administration Building Room 374. The deadline for receipt of nominations is Monday, Jan. 5, 2009.

Woolfolk award nominations wanted

Nominations are being solicited for the Odessa Woolfolk Community Service Award.

This award was established by UAB to recognize one of its faculty who has rendered outstanding service to the Birmingham community in one or more areas of education, economic development, health-care delivery, the arts, social services, human rights and urban and public affairs.

To be eligible, a person must currently hold a full-time regular faculty appointment at UAB, as defined by the Faculty Handbook, and have completed at least one academic year in this position.

The recipient of the Odessa Woolfolk Community Service Award will be recognized at the annual Faculty Awards Convocation March 23, 2009, and will receive a $2,500 cash award.

A nomination package should consist of the faculty member’s resume, a brief statement indicating why the person is to be considered for the award, a one- to two-page description of the community service for which the award is sought and a maximum of five letters of recommendation. This information should be submitted to the Office of the Associate Provost for Undergraduate Programs and Faculty Affairs (AB 374, +0103) or FAX to 975-7677. Direct questions to 934-0513.

Student Affairs Specialist Debbie Morgette reads a block of the AIDS Memorial Quilt, which was on display at the Blazer Hall Residence Life Center Dec. 1. At the 20th anniversary of World AIDS Day. Blocks usually comprise eight smaller panels commemorating the lives of eight individuals who died of AIDS. As of November, the AIDS Memorial Quilt comprised 5,789 blocks, and new panels arrive every week at a foundation office in Atlanta.

World AIDS Day recognized on campus

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Seeking nominations: outstanding women

The UAB Women’s Center and UAB Women’s Studies are looking for outstanding women. Do you know a woman who has made it easier for other women to achieve? Taken a courageous stance? Provided significant service to women or overcome adversity to achieve her goal?

Then nominate her (or them) for outstanding student, outstanding faculty, outstanding administrator/staff member or outstanding woman in the community.

Nominations forms are available at the UAB Women’s Center in the Holley-Mears Building Room 150 and are due no later than 5 p.m. Friday, Jan. 8, 2009. Please return the forms to the UAB Women’s Center or fax them to 934-5833. Direct any questions to 934-6946.

A reception for the honorees will be Thursday, March 5, 2009, from 4:30 to 5:30 p.m. in the Barrow Arena Green & Gold Room.

Noms now being accepted for Ireland Visiting Scholar Prize

Nominations for the 2010 Ireland Distinguished Visiting Scholar Prize now are being accepted. The prize brings to UAB outstanding scholars in the arts and sciences to present a public lecture and participate in other campus activities. The prize carries a cash award, which is made possible by an endowment established by Caroline P. and the late Charles W. Ireland.

Nominations should be individuals of distinction in the liberal arts and sciences who will interact profitably with UAB faculty and students and present that specialty in a way that will be of interest to the entire academic community.

Nominations are due by Jan. 16, 2009, then send them to the Ireland Visiting Scholar Committee by campus mail or personal delivery to the Administration Building Room 374C, +0103, or FAX 975-7677. Direct questions to 934-7190.

Discussion Book Dialogues Dec. 18

The next Discussion Book Dialogues meeting will take place Thursday, Dec. 18 from 11:30 a.m. to 12:30 p.m. in the Blazer Hall Community Center.

Michele Forman and Rosie O’Brian from the UAB Center for Urban Affairs will present the student ethnographic film “Food to Fuel” by Rachel Thompson and Jim Warnock and “Saved: The Story of the Watercress Darter” by Ingrid Piat and Linh Tran. This event is free and open to the public.

A complete list of Discussion Book activities can be found at www.uab.edu/disussionbook.
Whitley ready for NIAID duty, gives tips for flu season

UAB researcher Richard Whitely, M.D., president-elect of the Infectious Diseases Society of America (IDSA), recently was tapped to serve on the Advisory Council for the National Institute of Allergy and Infectious Diseases (NIAID) through 2012. The council advises the institute's director on issues, policies and opportunities and rewards for its employees. The council holds regular meetings and advises the president on issues, policies and practices that affect women at UAB. For more information about the commission and its initiatives, visit www.uab.edu/women.

CAMPUS NEWS

Start the new year with a clean closet and a good deed: Support CSW's 'Suits 4 Success’ drive January 12-16

T he UAB Commission on the Status of Women (CSW) will start the new year by sponsoring its third ‘Suits 4 Success’ clothing drive Monday-Friday, Jan. 12-16, 2009. Collected items will be donated to the new Women’s Closet, an outreach program of the YWCA of Central Alabama.

“The drive is aimed at providing quality clothing at a very modest cost. We’re also trying to save the single woman at risk who needs some help,” said female student director of the Women’s Closet. The past two Suits 4 Success drives have been overwhelming successes, collecting literally tons of clothing, shoes and accessories. This year, donations of clean, gently worn suits, jackets, skirts, casual pants, shoes, handbags and accessories will help them find their next good home.

“Please come by our office and check out the drive,” Arnett said. “We will gladly take anything you can give us.”

New this year, CSW will be accepting donations at the drive-thru located in front of the John N. Whitaker Building, 500 22nd St. South, from 6:30 to 10:30 a.m. each day.

For more information about the commission and its initiatives, visit www.uab.edu/women.

COMPUTESMART

CONTINUED from page 1

Numerous benefits

Irv Davis, new director of the CommuteSmart program, says UAB’s involvement with CommuteSmart provides numerous benefits for the employ- ees and students who take part in the pro- gram.

Among the advantages are a reserved parking space for employee commuters with three or more riders, check-off passes that enable those who must drive to work separate- ly an opportunity to do so once per month, and split costs for the parking place deducted before taxes evenly among the group.

“There are other incentives and rewards from CommuteSmart such as a cash award of up to $123 for the carpools and gas cards each quarter,” Davis says. “Participants also are guaranteed a ride home in case of an emergency. The program saves participants money, gives us more parking availability on campus and is better for the atmosphere because we’re not polluting as much. All employees have to do is form a three-person carpool and ride together three days a week to get started.”

Saving money

Joyce Kanute knows how much the pro- gram can benefit employees and their fami- lies. She’s been leading a vanpool of UAB employees from Hayden for 16 years — the past 10 years as part of the CommuteSmart program.

“I can’t imagine how many automobiles I’ve saved myself from buying by vanpool- ing all these years,” says Kanute, a program coordinator in Infectious Diseases. “It’s not only about saving money on gas, it’s saving my personal automobile. When you add up having to have your oil changed three or four times a year, plus the tires, plus the wear and tear on the car, you’d be saving a new automobile every three or four years, at least driving from where we live.

“I’m just so happy I can do something to help those people who are on their own,” she says. She’s been able to save a new automobile every three or four years, at least driving from where we live.

CMU bulletin 09-010

UAB researcher Richard Whitely is president-elect of the Infectious Diseases Society of America.

A. It’s usually a slight antigenic drift. It’s not a huge shift that we would worry about as would occur with a pandemic. Even if the vaccine isn’t a perfect match, your body is still going to make influenza antibodies that are very similar to the strain that is circulating. It will give you some protection, even if it’s not as much as you would want.

Quality of Fit

Q. How severe is the influenza or flu season expected to be in our area this year?

A. It is difficult to predict the severity of influenza from one year to the next. What we can say is that the current vaccine provides an excellent match for the circulating strains of influenza expected in North America this winter. However, as it relates to antiviral use, we are beginning to detect resistance to the most popular of the neuraminidase inhibitors.

Q. Will new strains of influenza circulate this season?

A. So far, influenza in the United States has been mild; so it is too early to tell.

Q. Explain about the vaccine matching up with the circulating viruses this year.

A. It matches up extremely well. We’ve seen no deviations of strains from what is in the vaccine. For this year, it’s a 100 percent match. In other years, that hasn’t always been the case. The Centers for Disease Control and the Food and Drug Administration work very hard every year to make sure the vaccine matches up with the virus. Last year was a bad year in that regard, but that was the worst year we’ve had in a long time. We expect this year’s vaccine to be very effective. If you have not been immunized there still is time to get vaccinated.

Q. How can the vaccine provide protection even if it ultimately is not a good match?

A. Certainly, excellent personal hygiene can go a long way to prevent influenza infections, including covering your cough, washing your hands, staying away from crowds if you are sick, etc. In addition, if you become infected with influenza, the antiviral drugs are excellent therapeutics. Zanamivir (Relenza) and Oseltamivir (Tamiflu) are the drugs most frequently talked about in terms of treating patients. We usually prescribe Oseltamivir because it’s orally bioavailable and it doesn’t have to be inhaled. It works quite well.
Special Lectures

Monday, Dec. 8
3:30 pm UAB Psychology Colloquium Series. Patient vs therapist: Who’s perceiving partners? Assoc Prof Deborah Haller (Psychology); Campbell Hall-327.
3:30 pm UAB Comprehensive Cancer Center. State of the Center address, Director Edward Partridge (Comprehensive Cancer Center); West Pavilion Rm E.

Wednesday, Dec. 10
Noon CMB Graduate Program. Natural killer T-cells inside immune cells in their response to microbial stimulation. Dr Mitchell Kronenberg (President, Scientific Director, La Jolla Institute for Allergy & Immunology, University of California, San Diego); Bevill Biomedical Research Bldg -170.
12:15 pm Lister Hill Center for Health Policy. Public policy and mammography: 1997-2000, Dr Christopher (K) Carpenter (University of California, Irvine); Ryan Public Health Bldg-407.

Thursday, Dec. 11
Noon Center for Nursing Research. A fresh look on some oldies but goodies. A modern approach to ANOVA & ANCOVA, Asst Prof Andres Azuero (Nursing); Center for Nursing Research-2030.
3 pm Comprehensive Neuroscience Center. Finding and understanding genetic risk variants in Parkinson’s disease, Dr Andrews Singleton (NIBH); Bevill Biomedical Research Bldg-170.

Friday, Dec. 12
9 am-noon Lister Hill Center for Health Policy Research Methods Workshop. Missing data in clinical trials, Dr Redrick Little (University of Michigan) Ryan Public Health Bldg Rm 407. No cost to attend, but registration is required. For more info, visit www.soph.uab.edu/ listerhill/workshops.

Thursday, Dec. 18
11:30 am Discussion Book Dialogues. Michele Forman and Rosie O’Beirne of the Center for Urban Affairs will present student ethnographic films Food to Fuel by Rachel Thompson and Jim Warneck and Saved: The Story of the Watersdorfer Catter by Ingrid Pfla and Linh Tran; Blazer Hall Community Center. This event is free and open to the public.
Noon UAB Vision Science Research Center Visiting Scholar Program. Motion perception deficit in schizophrenia as a consequence of eye-tracking difficulties, Dr. Elliott Hong (Asst Prof, Maryand Psychiatric Research Center); Wrenall Conference Center-1st fl.

Defenses
For a complete list of defenses and other Graduate School events, visit the Calendar of Events located in the Students section of the Graduate School Web site at www.uab.edu/graduate.

Meetings

Tuesday, Dec. 9, 16
9 am Chinese Conversation Table; HB - 3rd fl “The Hub.” Humanities Building. Jieyang Chen, jieyang@uab.edu or foreignlangs@uab.edu.
10 am International Women's Group provides activities to meet the cultural and social interests of the interna- tional community. Smolian International House. 4-1205 or ibremans@uab.edu.
11 am Arabic Conversation Table; HB - 3rd fl “The Hub.” Humanities Building. Ms. Dima Zeiden dn0208@uab.edu or foreignlangs@uab.edu.
12:10 pm Meditation, UAB Resource Center Classroom, Suite 330. C-4-2281/ www.uab.edu/epm for more info.
2 pm Spanish Conversation Table: Intermediate/ Advanced; HB - 3rd fl “The Hub,” Humanities Building. Ceniterno@uab.edu or foreignlangs@uab.edu.
3 pm Spanish Conversation Table: Level, Beginner, HB - 3rd fl “The Hub.” foreignlangs@uab.edu.
7 pm Conversational English Classes levels 1 – 4, offered free to those interested in enhancing their English conversational skills. Smolian International House. 4-1205/ carolel@uab.edu.

Wednesday, Dec. 10, 17
10 am Conversational English Classes levels 1 – 4, offered free to those interested in enhancing their English conversational skills. Smolian International House. 4-1205/ carolel@uab.edu.
noon Chinese Conversation Table: Commons on the Green cafeteria. Look for the French flag in the side din- ing room Catherine-Daniello@uab.edu or foreignlangs@uab.edu.
8 pm Italian Conversation Table; HB - 3rd fl “The Hub.” Humanities Building. Amadal Cicciolé cicco@uab.edu or foreignlangs@uab.edu.

Thursday, Dec. 11, 18
12:10 pm Tai Chi meets, UAB Resource Center Classroom, Suite 330. C-4-2281/ www.uab.edu/epm for more info.
1 pm Arabic Conversation Table; HB - 3rd fl “The Hub.” Humanities Building. Dima Zeiden, dn0208@uab.edu or for- eignlangs@uab.edu.
2 pm Medical Spanish Conversation Table: Level Intermediate/Advanced; HB - 3rd fl “The Hub.” Humanities Building. Ceniterno@uab.edu or foreignlangs@uab.edu.
6:30 pm “La Tortilla” (Spanish Conversation Table); Level Intermediate/Advanced. Starbucks Coffee Shop, 11th Ave at 5 Points South, Contact Ceniterno@uab.edu or foreignlangs@uab.edu.
3:45 pm Stammtisch conversation table, for anyone who speaks German; Lucy’s Coffee Shop. Info, for- eignlangs@uab.edu.

Friday, Dec. 12, 19
11:30 am Arabic Conversation Table; Blazer Hall. Ms. Dima Zeiden, dn0208@uab.edu or foreignlangs@uab.edu.
Noon La Reunion Spanish Conversation Table: Level Intermediate/Advanced; 4th Floor TV Lounge, HUC. Amador Jimenez-Garrido amador@uab.edu or foreign- langs@uab.edu.
9 am Japanese Language Table; Commons on the Green. Maklo Cook maklocook@uab.edu or foreignlangs@uab.edu.
12:30 pm Russian Conversation Table; HB - 3rd fl “The Hub.” Humanities Building. Marina Lysenko marina. lysenkovaly@yahoo.com or foreignlangs@uab.edu.

Exhibits
Mervyn H. Burnett Library. Wonders of the world. The exhibit is located on the 1st, 2nd and 3rd floors. Library hours: 7:30-11 am Mon-Thu; 7:30 am-7 pm Fri; 9 am-5 pm Sat; 1-11 pm Sun.
The Samuel Ullman Museum. Home of prominent Birmingham civic leader and poet. Open by appointment only, 4-3328.

WBHM-FM, 90.3
90.3 WBHM-Birmingham and 91.5 WKSJ-Gadsden broadcast NPR News and information programming as well as classical music, 24 hours a day. NPR News pro- grams offer a thorough, in-depth approach to the news of the day on program such as “Morning Edition” and “All Things Considered.” Thoughtful, intelligent talk and discus- sion can also be heard middays on program such as “The Diane Rehm Show,” “Fresh Air” and “Talk of the Nation.” “Tapestry” is WBHM’s signature local program featuring interviews and local stories on Birmingham area arts and culture. Weekend highlights include popular shows such as “Car Talk,” and “A Prairie Home Companion.” For a com- plete line-up, go to www.wbhm.org.

Special events
Friday, Dec. 12
3:30 pm Music, UAB Wind Symphony, conducted by Sue Samuels. Free. Jimerson Concert Hall, 5-2787.
Saturday, Dec. 13
3 pm Music. UAB Senior High Honor Bands Concert. Free. Jimerson Concert Hall. Free. 5-2787.
Sunday, Dec. 14
2:30 to 7:30 pm Alys Stephens Center, Second City’s Dysfunctional Holiday Reunion. A raucous blend of sketches, songs, improvisation and seasonal satire. Continue the experience and enjoy holiday music and eggnog one hour before each show. Tickets are $65, $45, $35 (students); $50 for each show. Call 5-2787 or visit www. Alsysstephens.org for more info.

UAB Sports
Dec. 15: Women’s Basketball vs Alabama State, 6 pm, Bartow Arena.
Dec. 16: Women’s Basketball vs Georgia State/Lafayette, 6 pm, Bartow Arena.
Dec. 17: Men’s Basketball vs Jacksonville State, 7 pm, Bartow Arena.
Dec. 20: Men’s Basketball vs Troy, 1 pm, Bartow Arena.
Dec. 20: Women’s Basketball vs Georgia, 6 pm, Bartow Arena.

SHERASTRIDE
CONTINUED from page 1
ment and training their brain and developing those pathways.
“Wait, after an injury, damaged brain cells are wait- ing to be re-trained, just like a baby has to train their brain cells,” she explains. “That’s why TheraStride is so good for neurological-impacted patients. This is just retraining the brain. This is the new rehabilitation model, neuro-recovery. The evidence shows that this has significant, reliable and valid outcomes”
Labor intensive
The therapy is beneficial for the patients and hard work for the therapists. As many as five people work with a patient during a therapy session. One is positioned behind the patient, helping with posture and hip positioning. Two other therapists are positioned on the side of both legs and another person works the computer, setting the speed and weight distribution for the patient. The therapists on the legs are helping the patient with each step, mas- saging muscles as they go along.
“What we try to do is enable the patient to adapt and start taking hands off a little bit at a time,” Carrier says. “Typically we try to get to 20 minutes of walking. After that, we get them down and see if they can carry over the training on the ground where we try to get them to walk some.”

The TheraStride is as labor intensive for the therapists as older rehabilitation machines, but it’s much more beneficial in measuring the success of the patient’s therapy. The therapists know that Smith, for example, began walking on TheraStride supporting 60 percent of his body weight. Now he is supporting 70 percent of his weight.

“That shows us a concrete, objective measurement and improvement,” Newsome says. “And we were never able to do that with our measurable changes before.”

Walking the sidelines
Smith has many goals left to achieve in his life.
Walking the sidelines of a football stadium is one of the biggest – he is the head coach of the Hubbard Middle School football team and an assistant at Woodlawn High.
He has hope. He has feeling in both of his legs, includ- ing completing feeds in his left leg. He can feel his muscles in both legs. He can lie in bed and raise his middle, and open to the public.

Trans. Blazer Hall Community Center. This event is free and open to the public.
Noon Vision Science Research Center Visiting Scholar Program. Motion perception deficit in schizophrenia as a consequence of eye-tracking difficulties, Dr. Elliott Hong (Asst Prof, Maryland Psychiatric Research Center); Wrenall Conference Center-1st fl.

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**Women**

**Do you or someone you know have cystic research study? Receive a physical exam, laboratory testing and metabolic testing at no charge. Receive a physical exam, laboratory testing and metabolic testing at no charge.**

**Do you have diabetes?** The Division of Endocrinology is conducting research studies in diabetes and diabetic complications such as nerve, kidney, and cardiovascular disease. Must be age 19 or older and have type 2 diabetes and are not taking diabetes medication. All study-related procedures, labs, and tests at no cost. Compensation. Rakesha 4-9189.

**Do you have high blood pressure?** Are you age 35-60 and on no more than 2 blood pressure medications? PV Espinosa can provide you with free health screening, physical checkup, labs, and ECG at no cost. Compensation. 4-9281.

**Risky behavior study: Women participants aged 25 and under who have engaged in or abstained from any of the following: fighting, lack of seat- ing, fasting, and sexual activity with marijuana use. You may be eligible for the placebo group.** Eligible study participants will receive compensation $100 to $130. Lauren 5-0545.

**Do you need dental fillings?** Are you an American female age 65-90 who are needed for a memory-loss study? If you are and have memory problems, or if you have mild Alzheimer’s disease, you may qualify to take part in a study. Call Dr. Rivera 800-405-7306.

**Do you have toenail fungus?** Are you age 19-45 recently diagnosed with (within 5 years) Type 2 diabetes needed for a research study. Participants receive a medical exam and a series of testing and procedures. Compensation. Confidential. 4-6082/1-800-815-6200/ www.HealthyDecisions.com.

**Do you need to participate in a walking study?** You may be eligible if you have thin bones or osteoporosis. Contact Dr. Rajesh Kana 996-9368.

**Do you have thin bones or osteoporosis?** Are you age 60 or older? The American Association of Bone & Joint Surgeons have an important study for you. Contact Dana 6-4015.

**Do you have mild Alzheimer’s disease?** Are you age 45-80? Have you had a heart attack or coronary artery blockage? You may qualify to participate in an international 31-week research study to evaluate the effects of an investigational drug for patients with coronary artery disease. Eligible study participants will receive study medication, blood pressure checks, physical exams, laboratory tests, and ECG at no cost. Compensation. 4-9281.

**Stroke patients.** An ongoing study seeks stroke patients who are 19-65 and have had a stroke. If you have regained at least some movement in the arm affected by the stroke, you may be eligible to receive outpatient treatment at no cost to improve the use of the arm affected by the stroke. No medication involved. Call Dr. Padgett 4-8366/8367.

**Are you a woman age 60 or older?** Are you presently experiencing vaginal discharge/odor? You are age 19-50? Are you a female age 19 or older with chronic intense itching and burning? Participants age 19 and older who are not pregnant or breast- feeding are needed. Office visits, exams and study-related procedures include a clinical interview, computerized neuropsychological testing and metabolic testing at no charge. Compensation. 5-0425.

**Patients with acne vulgaris or Cohn’s disease are needed.** If you have been diagnosed with acne vulgaris, you may be eligible for a research study at UAB. Call 800-950-6662.

**Do you have type-2 diabetes and are not taking diabetes medication?** Are you an American woman age 65-90? Are you not currently taking estrogen replacement therapy. You may have a disease called Chronic Inflammatory Bowel Disease? Call to see if you qualify to participate. Receive a lung function test at no cost. Compensation. 1-877-IBD-DOCS.

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**Do you have diabetes?** The Division of Endocrinology is conducting research studies in diabetes and diabetic complications such as nerve, kidney, and cardiovascular disease. Must be age 19 or older and have type 2 diabetes and are not taking diabetes medication. All study-related procedures, labs, and tests at no cost. Compensation. Rakesha 4-9189.

**Have you ever experienced tooth extraction sites with or without bone grafts?** Are you age 19-50? Are you a female age 19 or older with chronic intense itching and burning? Participants age 19 and older who are not pregnant or breast- feeding are needed. Office visits, exams and study-related procedures include a clinical interview, computerized neuropsychological testing and metabolic testing at no charge. Compensation. 5-0425.

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**Do you have scaly patches on your face or scalp? You might be eligible for a new treatment medication for yeast infections.** Free research study being conducted of an investigational new treatment medication for yeast infections. You may also be eligible for a study comparing two treatments and a placebo. Compensation. 4-9281/866-706-5545.

**Volunteers needed for nutrition and weight-loss study.** Participants age 21-50, 10-15% overweight with no history of hypertension or weight-related problems. Will include 4-30 visits and not on blood pressure meds needed. Involve 2 overnight stays and 17 visits of food diaries. Compensation. 4-8999.

**Male participants age 18-35 needed for a study on the treatment of urinary urgency, frequency, nighttime incontinence, and urge- uri。”

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For Sale

Applicances & Electronics

Desktop computer EIB, P4, 2GB, 10 TOM, 19” LCD monitor, w/HP tower, powered 3 years ago, comes with all cables and accessories, $250/$200/o. 261-8307.

Nikon Micro photographer, model N-65 and 28-80 zoom lens, Quantermay flash model Q7550-4, will separate all together. Just Judy Harrington. 965-3371.

46” Samsung DLP TV, 2 yr old, nice, $500. Eric D. 4-2490.

Macy dryer, $100, washer for sale, new 4-2 yr, new $150; heavy duty and perfect cond. Sam 223-4999/pj07y@gmail.com.

Sony TD Trinitron WEGA 32” TV, inc. Sony TV stand, exc cond, have manuals, $35. JR F.-4404.

Automobiles

Ford Mustang 351, Windsor 35200/o, project car, lots of new parts included. Jeff 4-670203-9806.

71 Buick Skylark, 2-dr, HT, auto, V8, PB, PS, AC, green interior, approved 14-0800, asking $12,450. 429-7030.

46” full Sierra Christmas tree w/pre-lit clear, $30.00. Donna 447-7088/donnarhmub@uab.edu.

Medela Swing breast pump, only used for 6 months, $125. No flaws, includes all manuals, $369.-9677.

6 bags of infant and toddler boy clothes, $25, 2 bags of girls clothes 6-9 yrs old, $50. 327-5327.

select intel standard rear, 1 yr old, cost $600, sold for $200. 832-7327.

Hammer out, critter plus extras, $400. 704-170-7314.

Pony gates: monarchy, baby for hire, will hold for Christmas, $900, $750, baby toys, 35 yr-old, 50 yr-old, $900. 324-3900/347-5351.

Furnisher: $35. E-mail for more info, paulhobbs@uab.edu. Metairie.

Furnisher: 19” flat screen TV, must have been knocked or dented, $90. and 8-x-has been renewed, $150/0. Knox 655-4837.

$60; self-propelled mower, $100. Also do repair, $50; 18” chainsaw, $60; Sears edger, $50; Craftsman mini-sander, $25; 16” blue ridge mountain, nc saw, $12,000, inc 2 seats, 2 sets of handlebars, regular maintenance, lots of extra chrome, $7,000. 922-4710.

$100 reward for return: silver dragonfly pin (~2 inches) was lost on Friday, Nov 21, near the Commons on the Campus on 04-557.

or $655 pump only: Fliege-Price infant-toddler child car seat, $200/. E-mail: player, $121-263-8100.

Shelby tux: 10-12 mo-old, tan & white, $250, 1 yr-old, $350. Donna 447-7088/donnarhmub@uab.edu.

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choice of music. 405-7052.

Professional videography & photography:
We have the opportunity to film all the moments of your special day. spagyriccumfu@comcast.net

Sitter services: retired RN with over 25 years
and 15 years experience. Babysitting, light
child care duties. References. 970-3206.

Looking for an experienced cook to
work at home or in a private residence. 
References required. 907-2396.

Lawn maintenance: You grow it, we cut it. Fulton
Landscaping. Cutting, edging, mulching, regular
cleaning, pruning, tiling etc. 469-8308/499-8305. 

Painting/Gardening/Artistry & Service:
Refurbishing your home, office, or business;
certified home-builder/remodeler:
Martin 240-1297 for free estimate. 

Looking for a reliable contractor to
work on your house? We are specializing in framework,
stone, and concrete needs; mailboxes, brick
work with all students. All subjects K – 6th grade.
References available by appointment only. Irene 879-
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For personal, professional,
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office coordination. call 542-4577.

Building & Window Portrait: David
Whitaker offers high quality window and
custom photography services. See his portfolio.
http://4-732-976-4857/70-223-7605.

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ASC Gift Shop & Gallery Holiday Open House

For this event only — all shoppers receive 10% off all merchandise which includes:

ASC Gift Cards, Unique Jewelry, Beautiful velvet scarves & pashminas, CDs, Children’s Books, and more!

Enjoy complimentary wine & cheese while you shop.

December 8
TODAY! 4-7 p.m.

GIVE THE PERFECT GIFT EVERY TIME!

ASC gift cards can be used for any show presented by the ASC—from legendary names like Neil Sedaka and Mavis Staples to master pianist Leon Fleisher and many more great performances. It’s a great way to support the arts and makes a wonderful gift for everyone on your list!

COWBOY JUNKIES

Experience live music like never before! A little over 100 lucky concert goers will be seated on the stage with the band and another 200 will be seated right above the stage in the balcony.

Tickets are $38/$28. Pre-Sale for ASC Social Club members, subscribers, and patrons opens on Monday, December 8th and for the general public on Monday, December 15th.

February 10
Tuesday, 7 p.m.

Sponsored by Reg’s Coffee House and Live 100.5.