IMPACT and other funds to benefit UAB, its researchers

T he University of Alabama at Birmingham and its researchers stand to benefit from three new funding sources – a $10 million pool of state funds (IMPACT) – and two new area venture capital funds, both with strong UAB ties.

IMPACT – the Investment Pool for Action – was funded as part of the overall 19 percent UAB state budget increase from $256 million to $306.5 million earlier this year. UAB President Carol Garrison made the decision to direct $10 million of the increase to create the IMPACT fund, which is designed to support biomedical research programs at UAB that have a substantial probability of enhancing economic development in the region and state. “We are proud of the pivotal role that UAB played in helping to transform Birmingham from a steel-based manufacturing center into a thriving, knowledge-based economy, and we are committed to continually growing the state’s return on its investment,” said Garrison, noting that UAB’s economic impact on the Birmingham area already exceeds $3 billion annually.

“Through IMPACT and other efforts, we intend to continue our role in the transformation of our community as our research programs develop new technologies and marketable discoveries that will change Alabamians’ lives for the better, while drawing down additional federal funds and growing new jobs,” she said.

The other two new sources of investment dollars are both venture capital funds, the $25 million Birmingham Technology Fund LLC and the $2 million UAB Concept Fund LLC. Venture capital is money provided by outside investors, venture capital investments are generally higher-risk investments that offer the potential for above-average returns.

The mission of the UAB Concept Fund, established by Birmingham business executive John McDonald and the UAB Research Foundation, is to start new companies based on UAB technology in the greater Birmingham area. The aim of the Birmingham Technology Fund, which is being funded by the University of Alabama System and the UAB Health Services Foundation, as well as Birmingham-based businesses and individual investors, is to turn research from any of the state’s research universities into Alabama-based start-up companies. The UAB Reporter will write in more detail about these funds in its next issue, Aug. 7.

IMPACT defines terms, outlines criteria

The IMPACT fund defines biomedical research investments as financial commitments to support biomedical research aligned with the research priorities of UAB, including the UAB School of Medicine’s research strategic plan, said the school’s dean and UAB Senior Vice President Robert Rich.

“The IMPACT fund will consider proposals from all UAB schools, departments, centers or divisions in accord with investment criteria, assessment standards and plans for sustainability,” said Rich. “For the IMPACT fund to consider proposals from all UAB schools and departments, centers or divisions in accord with investment criteria, assessment standards and plans for sustainability, it must offer opportunities for above-average returns.”

Records and confidentiality: Protect students and yourself

Recent high-profile news stories have highlighted a growing national problem of confidential student information accidentally being made public – incidences that, while technological in nature, are also violations of FERPA, a federal regulation enacted to protect the privacy of student records.

In this climate UAB is placing a renewed emphasis on FERPA compliance, said Provost Eli Capilouto and University Registrar Stella Cocoris. FERPA is the Family Educational Rights and Privacy Act of 1974 (amended in 1996), and is also known as the Buckley Amendment.

“Many UAB faculty and staff have access to student education records in order to fulfill their job responsibilities,” said Capilouto. “As custodians of such data, we all must pay careful, continuous attention to the potential for violations through careless electronic mishaps, or a misunderstanding of or incomplete knowledge of FERPA rules.”

“The institutional consequences of FERPA violations can be the withholding of federal funds, and the consequences to individuals can be even more serious,” he said. “All employees who have access to student education records must regularly review FERPA guidelines to protect their students, themselves, and the university.”

New ‘problem resolution procedure’ in effect Sept. 1

In a move to more strongly encourage management and employees to work together to resolve work-related issues, UAB’s nonfaculty employee grievance procedure has been revised and renamed.

The Problem Resolution Procedure for Nonfaculty Employees will go into effect Sept. 1, said Chief Human Resources Officer Cheryl Locke.

“One of UAB’s key goals is create a positive, supportive, and diverse work environment in which faculty and staff can excel,” said Locke. “As part of that, the Human Resource Management (HRM) department works to foster a workplace that promotes fairness and that can promptly and impartially address employee work concerns, which is why this procedure is in place.

“We think the changes in it will go a long way toward building trust and fostering open dialogue, and we are excited to be implementing them,” she said.

One key change in the procedure is that all employees now will be asked to first attempt to resolve work-related issues at the department level. If such issues cannot be resolved within the department by the employee and supervisor (working with their HRM consultant or an HRM

UAB ranks among best on list of nation’s top hospitals

Seven UAB Hospital specialty programs are among the nation’s Top 50 – with five among the Top 25 – according to rankings released in the 17th annual America’s Best Hospitals issue of U.S. News & World Report. Rheumatology ranked No. 6 nationally for an unprecedented 15th consecutive year.

Other ranked programs include:

• Heart and heart surgery, No. 14
• Gynecology program, No. 15
• Kidney disease, No. 17
• Cancer program, No. 23
• Orthopedics, No. 47
• Respiratory disorders, No. 48

With its seven ranked programs, UAB Hospital was one of only 176 hospitals, or about 3 percent of U.S. institutions studied — and the only hospital in Alabama or Mississippi — to rank in even one specialty. Sixteen categories were evaluated at America’s 5,189 hospitals.

See IMPACT p4

Garrison

See FERPA p3

Locke

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The Problem Resolution Committee will consist of three members who will all be randomly drawn from a pool of 50-60 eligible employees. This differs from the past practice of requiring the employee and management to each solicit a committee member to be a part of a three-member committee. All employees serving on the committee will receive training related to the procedure.

To view the full revised policy (“Problem Resolution Procedure for Nonfaculty Employees”), please visit the HRM Web site at http://main.uab.edu/hmrm.asp?durkl=42603 and click on the link.

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Employee Orientation is available online

Thanks to an online version of New Employee Orientation, UAB’s new employees can get their first taste of what it’s like to work at the institution without ever stepping into a classroom.

Available through HRM Training and Development, online orientation enables new employees to complete the process at their own pace from their home, office or anywhere they have access to the Internet. This format has some great advantages, but, says Training Instructor Mike Maner, “it’s not for everybody — there are several factors that make someone a good candidate for online orientation.

“There are some technical requirements, but it also has to do with your learning style and your preferences,” says Maner.

To determine if online orientation might be right for someone in your department, visit the Training and Development website at www.uab.edu/traindev or contact Maner at mrmuner@uab.edu. Any monthly-paid, non-hospital employee, faculty member or physician is eligible to participate.

Commons is serving wide variety for lunch

Come to the Commons on the Green and experience a new, tasty and — for those who choose — healthier alternative.

Open Monday through Friday from 11 a.m. to 2 p.m. during the summer, the new Commons on the Green is serving a smorgasbord of options sure to satisfy your mid-day food needs. Hot and fresh classic home-style entrees such as pot roast, fried chicken and turkey and dressing are available, as well as an array of side-dish options.

For those trying to slim down or just looking for a lighter option, a full Vegan and salad bar with fresh toppings is also available.

Want to know more about what’s cooking at the Commons? Visit www.uabdining.com.

The Commons is located on the new Campus Green just south of Ninth Avenue and the Campus Recreation Center. The upper plaza entrance is on the southwest corner of 16th Street and Ninth Avenue.

Watch for the full grand opening of the Commons this fall, plus a new, expanded catering menu coming soon.

Warehouse auction to be held Aug. 9

A public auction will be held Wednesday, Aug. 9, at 9 a.m. in the University Stores Warehouse. The warehouse is located at 1405 2nd Ave. S.

A special chair and office furniture sale will take place Friday, Aug. 18, at 9 a.m.

Registration will begin at 8:30 a.m. on the day of the sale. Items available for sale may be viewed Monday and Tuesday, Aug. 7-8, from 8:30 a.m. to noon and from 1 to 4:30 p.m. each day.

Watch for the full grand opening of the Commons this fall, plus a new, expanded catering menu coming soon.

Parliament House building to be razed

The UAB Education Foundation has purchased the Parliament House property on Birmingham’s 21st Street S., said UAB President Carol Garrison.

“While we don’t yet have plans for the eventual use of the property, its proximity to the north side of our campus and to our medical center made this an important acquisition for future growth,” Garrison said. “We do intend to raze the building, probably within the next 30 to 60 days.”

The UAB Education Foundation exists for the sole support of UAB’s educational mission.

Learning, technology focus of seminar on the ‘Net Generation’

Faculty, staff and students are invited to attend two forums on teaching and learning with technology, presented by Diana G. Oblinger, vice president of EDUCAUSE.

Oblinger will present “Educating the Net Generation” and “Organizing Effective Learning Spaces” Thursday, July 27, in room G028 of the School of Nursing Auditorium. “Educating the Net Generation” begins at 9 a.m., with “Organizing Effective Learning Spaces” following from 10:15 to 11:15 a.m.

The seminars are part of UAB’s ongoing efforts to provide faculty with opportunities to keep current with latest pedagogical developments.

EDUCAUSE is a nonprofit association with the mission to advance higher education by promoting the intelligent use of information technology.

Oblinger’s recent research has focused on the “Net Generation” (18-22 year olds) and how its members learn. She predicts that learning will become more active and engaged, and that faculty will use more analysis and assessment in areas such as identifying how students learn, which students are at risk, and how teachers can intervene to help them.

New course to train chemistry teachers

High-school science teachers needing chemistry hours to become “highly qualified” chemistry teachers — or those who want to learn new chemistry experiments for their classes — can enroll in a new UAB chemistry course designed for teachers.

Chemistry 619, Special Topics in Chemical Education, will be offered this fall when the semester begins Tuesday, Aug. 22. The course, which provides three hours of graduate chemistry credit, is supported by a grant from the Alabama Commission on Higher Education (ACHE) and is a partnership of the UAB Department of Chemistry, UAB Chemistry Science in Motion program, UAB School of Education and Birmingham City Schools.

The course includes online content to be completed at students’ convenience, online mentoring with UAB professors and other teachers and a lab kit to be used back in the high-school classroom. Six Saturdays of lab exercise will complement online coursework.

For more information, contact Jackie Nikles in the UAB Department of Chemistry at 834-8130 or nikles@uab.edu or Cindy Willingham in the UAB Department of Physics at 975-9430 or cwillin@uab.edu.

Go online for updates

Updated news and information for faculty and staff is posted online at www.uab.edu/reporter.
Time to get started with WebCT Vista for fall semester

All fall semester 2006 courses using the WebCT Campus Education and Blackboard programs provided via Instructional Technology have been moved to WebCT Vista, a virtual course environment built to support different teaching styles and learning needs.

With an easy-to-use interface, WebCT Vista offers a complete set of features for faculty and students such as assignments, assessments, learning modules, syllabus, calendar, chat and whiteboard, discussion board, gradebook and course mail. WebCT Vista is designed to provide immediate value to faculty as they prepare, deliver and manage their courses, and university administration expects that all courses will employ at least the basic level of features by fall 2007. WebCT Vista will also be used to roll out a number of online training courses for employees, as well.

Kathy Jackson, a student in the School of Health Professions, says she likes how the virtual program approach has been used in her classes.

Blended learning lends basic, advanced options

Faculty using a basic approach to blended learning with WebCT Vista may post the syllabi, create learning modules with course materials and assignments, use assignment submission tools such as Turnitin, post grades in the gradebook and communicate with students.

At a more enhanced level, faculty build upon the basic blended learning approach, employing UAB’s official learning-management system and other instructional technologies. The instruction delivered to students is objective-based and uses discussion boards, chat and whiteboard, multimedia technologies, on-line group assignments, assessment and surveys.

“I thought it was a good tool,” she says. “I really liked that the course materials — including the activities, assignments, communication tools, instructor feedback and grades — are all in one place.”

Instructional Technology’s Karen Shader says another advantage of using WebCT Vista is that Turnitin, a plagiarism prevention program used by thousands of institutions in more than 80 countries, is completely integrated with the system.

“When the Turnitin feature is selected, every paper submitted via the assignment feature in WebCT Vista is compared against the most comprehensive digital repository of potentially plagiarizable material,” Shader explains, noting that the Turnitin repository currently consists of three primary databases — both a current and an extensively archived copy of the public library accessible Internet; millions of commercial pages from books, newspapers, and journals; and tens of millions of student papers already submitted to Turnitin.

If you would like to enhance your course and use a basic or enhanced blended learning approach through WebCT Vista:

• Request a course section for development by completing the electronic form at www.uab.edu/academiccourses
• Finalized content in the development section
• Notify the WebCT Vista administrators that you would like to activate your course for students by completing the activation request form at www.uab.edu/academiccourses.
• WebCT Vista training is available to faculty who want to use a basic or enhanced blended learning approach in their courses.

Labs and a course design workshop are available! For more information, log on to www.uab.edu/it/instructional/technology/calendar.

Math curricula to change for middle-school teachers

Improving the quality of both middle-school teacher preparation and student performance is the focus of a new track in the bachelor of science degree in mathematics at UAB, said John Mayer, a faculty member who led the development of the track.

The first one of its kind in the state, the track was developed during the past two years as a project of the Greater Birmingham Mathematics Partnership, a collaboration (created by a grant from the National Science Foundation) that includes UAB, Birmingham-Southern College and nine Birmingham-area school districts. Mayer, associate chair and professor in the UAB Department of Mathematics, is the principal investigator for the grant.

The track includes 11 mathematics courses that combine revised and existing courses.

One of the biggest changes for teachers in grades 4-6 is the inclusion of a two-semester calculus sequence; these teachers previously have been required only to study the mathematics required of elementary teachers. Calculus is important for these teachers, who need to be able to look ahead to what students will take in high school, Mayer explained. “Calculus is really one of the centers and strengths of mathematics at a higher level,” he said.

For prospective teachers of grades 4-8, required mathematics credit hours is increased from 12 to 33. For prospective teachers of grades 7-8, the number of hours is decreased from 42 to 33, a change designed to increase the number of mathematics teachers for these grades.

Test your FERPA savvy today

Take the FERPA training course online at www.uab.edu/ferpacourse.

A colleague in your department tells you that one of his current students has requested accommodation on the final exam due to a learning disability. The colleague wants to know what, if any, accommodations were granted to that student in your class last semester. Under FERPA, would it be appropriate for you to check your files and get back to your colleague with the requested information?

Cocoris said there are four UAB policies directly related to the access and use of student records, all of which can be accessed through www.uab.edu/ferpa:

- Electronic Data Processing Security Policy
- Grade Posting and Grade Distribution Policy
- Information Disclosure Policy
- Student Records Policy, especially Sections IV and IX

“All faculty and those staff who have access to student education records need to review the FERPA guidelines and test their knowledge of how FERPA governs their day-to-day decisions and actions,” Cocoris said. “Everyone can do this via the FERPA training course now available in WebCT Vista — it can be accessed at www.uab.edu/ferpacourse.”
Past Senate chair reflects on culture of shared governance

La recent article titled “Who Needs Faculty Senate?” by Robin Matross Helms and Tanya Price, the authors made the following assertion: “Faculty participation in campus governance is declining nationwide. As higher education shifts toward market models of organization, boards and administrators increasingly apply bureaucratic modes of decision-making to areas that used to be the domain of faculty members.” All too often, administrators seem to sidestep faculty senates in favor of more efficient and accountable decision making that does not reflect faculty opinion or expertise.” (Academic, November-December 2005, pp. 34-36).

In addition, of late, numerous editorials have lamented the “corporate” management style that has permeated many institutions of higher education with a concomitant decline in the role of faculty in the decision-making process — this interactive process is classically referred to as “shared governance.”

A university is really the collective energy and intellect of the faculty, students, and staff. The product of a university is new knowledge — not grant dollars, not new buildings, not tuition dollars — but knowledge. The “job” of faculty is to generate new knowledge, to disperse that knowledge (e.g. publish) and to provide an environment where knowledge can be successfully acquired by students.

So, we have a conundrum! Using a business analogy, the output of this business — that being new knowledge — is something that is difficult to quantify. Of course, a university still has to pay its bills — and “knowledge” has to pay its bills — and “knowledge” must be quantified. Of course, a university still has to stay in the black — but also we must conveying appropriate academic freedom that trusting the trustees to make the right decisions. This scheme has an obvious logic. Faculty members and trustees each have responsibility for the tasks in which they have superior competence. Professors know the most about teaching and curriculum; trustees tend to have the advantage in subjects like finance, budgeting, and physical plant.

FACULTY SENATE

Faculty, in turn, are given the task of taking care of academic matters — deciding on the curriculum, teaching, and hiring and promoting professors. This scheme has an obvious logic. Faculty members and trustees each have responsibility for the tasks in which they have superior competence. Professors know the most about teaching and curriculum; trustees tend to have the advantage in subjects like finance, budgeting and physical plant.

In a recent article in The Chronicle of Higher Education, Derek Bok, former president of Harvard University and former trustee of the University of Massachusetts, described the “border skirmishes” that occasionally break out in a university due to the ambiguous nature of shared governance. Bok elucidates that “shared governance usually means that the trustees concentrate on the overall mission of the institution and on questions of finance, physical planning, fund raising, and, last but not least, hiring and firing presidents.

FACULTIES

Faculties, in turn, are given the task of taking care of academic matters — deciding on the curriculum, teaching and curriculum; trustees tend to have the advantage in subjects like finance, budgeting, and physical plant. (The Chronicle of Higher Education, Volume 52, Issue 17, p. B12).

Thus, there is a delicate balance in a university between the practical aspects of paying the bills and that of providing appropriate academic freedom that gives faculty the leeway needed to nurture and support teaching and the generation of new knowledge. At UAB we are fortunate to have trustees, administrators and faculty leadership that work well together as partners for the benefit of the UAB enterprise. Of course, it would be laughable to assert that the faculty and administrators always agree on everything here at UAB! But I think you will agree that the types of accomplishments that UAB has achieved certainly highlight the fact that something is working right!

There are some clear examples of the types of things UAB has been able to accomplish because of shared governance and the atmosphere of mutual respect and collaboration. The successful SACS self-study and accreditation process, the nationally recognized Quality Enhancement Plan developed by faculty as part of the SACS accreditation process, enhanced faculty development programs and the concerted efforts to increase faculty compensation are all examples of faculty-administration partnering to accomplish great things for UAB. The UAB Faculty Senate has played an integral role in bringing these accomplishments to fruition and many other issues — large and small — are in various stages of development and implementation.

The mutual respect and cooperation required of shared governance is alive and well at UAB and is allowing us to move forward to address real challenges facing us, such as the vagaries of state budget allocations, shrinking NIH budgets, the ever-increasing commitments on faculty time at the expense of necessary research time and heightened competition for exemplary faculty in the face of salary levels below the SUG average — all of which pose significant challenges for UAB.

But, as we move forward we should feel confident that we have the people and the infrastructure in place to address these challenges head on. The strength and vibrancy of the UAB academy and that of the faculty is so great that the UAB faculty and administration hold the key to addressing these challenges.

Peter G. Anderson, professor and director of pathology undergraduate education is the immediate past chair of the UAB Faculty Senate.

“Did you know...”

that recent UAB accounting students achieved first-time pass rates on the CPA Exam that were 30% higher than the national average and had the highest score in Alabama on the CPA Exam six times during the past eight years?

UAB’s CPA Exam six times during the past eight years?

IMPACT

CONTINUED from page 1

example, we are looking for proposals that will help us attract new recruits from top-tier institutions — outstanding researchers who have extramural support at the time of recruitment — and ones that...

Rich said IMPACT funding must be matched at 1:1 by the requesting department, center or consortium. This structure is in line with the university’s overall strategy of ensuring continuity in funding commitments, Rich said.

“Current climate with NIH (National Institutes of Health) funding requires that schools of medicine and universities find alternative sources of funding,” he explained. “This means that we will have to work with our states, private foundations and others to continue to have the resources necessary to maintain and expand the research enterprise.”

“We must strategically allocate the resources that we have so that we are able to leverage them into additional funding,” he said. “And, when hiring faculty, we must look at those who have very promising or established fields of study that are likely to be funded.”

Applications to the IMPACT fund, which will be accepted from deans, department chairs and center directors, will be directed to Robert Kimberly. The UAB School of Medicine senior associate dean for research. Kimberly will chair a sub-committee of the SOM Research Strategic Plan Implementation Committee – which will include representation from non-SOM schools – that will review and prioritize applications, and final decisions on funding will be made in the SOM dean’s office.

Rich and Kimberly said that for purposes of the IMPACT fund, economic development is defined as a return on investment — in at least one of several ways — beginning within three years of the investment:

• Extramural funding that brings new monies into Alabama and exceeds the IMPACT funding in committed annual expenditures

• Production of new jobs related to new research activities

• Dividends from intellectual property

For more information on the IMPACT fund, contact Kimberly at rpk@uab.edu.

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UAB’s CPA Exam six times during the past eight years?
UAB Health System is named ‘Most Wired’ for seventh year

The Office of Grants and Contracts Administration received the following awards for UAB faculty and staff. Listing includes the principal investigator along with any co-principal investigator(s) and faculty participants as well as PI’s department, project title, awarded amount, sponsor name and project dates. NOTE: Grants and contracts released before the bi-weekly publication date are listed on the Reporter Web site at www.uab.edu/reporter.

New/Competing

**Continuation**


Irshad Chaudry/ William Hubbard/ Jeffrey Korby/ Loring Rue III/ Kurt Zinn (Engineering) University of Utah $64,139, 9/30/2005-9/30/2007 (HyperGEN Network)

Bonii Elewski/ Larry Moreland/ Jeffery Kerby/ Loring Rue III/ Kurt Zinn (Medicine/Cardiovascular Disease) Corp/ PPD Development LP $45,316, 12/1/2005-10/31/2006


James Haggard (Pediactric Pulmonary Care Health Resources and Sing Gas Administration $338,000, 7/1/2006-6/30/2007


Tamas Simor/ Britta Brott (Biochemistry & Gene Expression and Functional Genomics) NINDS $37,812, 6/2/2006-6/30/2007


Ashta Tolwan (Medicine/Neurology) Division of Nephrolgy Fellowship Support Abbott Laboratories $3,000, 5/1/2006-6/30/2007


Continuation

Gracie Alaron Lupus Clinical Trials Consortium Lupus Clinical Trials Consortium Inc $1,000,000, 1/1/2006-5/31/2007


Raymond Benza/ Hermen Grenett/ Christopher Coffey Pharmacology of Pulmonary Arterial Hypertension NHLBI $450,628, 8/1/2006-7/31/2008


Anne Couchman Proteolytic-Mediated Signaling in Cells and Tissues NIDDK $269,026, 7/1/2006-6/30/2007


David Curiel Core: Virus Development Support NIH/ Bath Island Deaconess Medical Center Boston $139,411, 6/1/2006-6/30/2007

Peter Emanuel A Phase III Study of ST171 Versus Interferon-alpha (IFN-a) Combined with Cytarabine (Ara-C) in Patients with Newly Diagnosed Previously Untreated Philadelphia Chromosome Positive (Ph+) Chronic Myelogenous Leukemia in Chronic Phase (CM–) CP) Novartis Pharmaceuticals $89,320, 12/1/2006-12/31/2008

Jaeong-Yoo Hasekiol Reduced Stress in Concordance with Adenovirus (DISORD-39) King Pharmaceuticals Research and Development Inc $57,820, 6/7/2006-6/2008

Laura Hughes Pharmacogenetics of Methotrexate in Rheumatoid Arthritis NIMHD $109,464, 4/7/2006-6/30/2007

Gary Johnson The Posttranslational Processing of Trypsinogen to Active Trypsin INN $2,856,820, 7/31/2006-6/30/2007


Bharat Soin HCPMP Content Task 10: Computational Fluid Dynamics DOD/ Mississippi State University $2,000, 6/1/2006- 5/31/2007


Bonde Sparer Leadership Education Excellence in Pediatric Nutrition & Maternal & Child Health $175,000, 7/1/2006-6/30/2007


Marsha Sturdvant Leadership Education in Adolescent Health/ EAH Material & Child Health Budget, $335,000, 7/1/2006-6/30/2007


Anthony Turkiewicz A Randomized, Double-Blind, Parallel Group Study of the Safety and Prevention Damage During Treatment with MPA Versus Placebo, In Combination with Patients with Moderate to Severe Active Rheumatoid Arthritis Hoffman LaRoche $45,248, 2/18/2005-5/17/2006

Donald Tigges A Fundamentally Improved MRI Methodology Routed to NIMH R21 $345,527, 7/1/2006-6/30/2007

J. Michael Wyss Calcium Regulation in Brain Aging and Alzheimer’s Disease NIH/ National Institute of Neurological Disorders and Stroke $1,500,000, 8/2005-8/2008


REMINDER

Investigators seeking support for research or extramural activities are required to file Conflict of Interest disclosure statements with original signatures along with the proposal submission. More information can be found at www.uab.edu/cbirb.
**CALENDAR**

**NEW Employee ORIENTATION**

**Monday, July 24, 31**
8 AM - 5 PM
MEDICAL TOWERS-419

**Monday-Tuesday, July 24-25**
8 AM - NOON
UAB Hospital New Employee Orientation
LNB 1st FLOOR

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**Syllabus**

**Monday, July 24**

Noon Monday Noon Conference. Ventilator management II, Prof John Kennedy (Pulmonary, Allergy & Critical Care Medicine); WP-E.

**Tuesday, July 25**

Noon General Medicine Noon Conference. EBM, Asst Prof Terrence Shanesyfelt (Medicine); WP-E.

4 pm UAB Brain Tumor Treatment and Research Program Seminar Series. Gliaustata Multiforme: personalized therapy through pharmacopatology, Dr. Ryan Miller, Fellow, Pathology & Immunology, Washington University School of Medicine; Finley Conference Room.

5 pm Radiology GRs. Radiation-induced illness, Asst Prof Ziad Kazzi (Emergency Medicine); JT-007.

**Wednesday, July 26**

8:15 am Optometry Residency Conference. Clinical laboratory medicine, Assocs Prof Mark Swanson (Optometry) and Clinical research methodology, Prof Robert Kleinstein (Optometry); SSO-Clinic Conf Rm.

**Thursday, July 27**

8 am Rheumatology GRs. Clinical conference; WP-D.

Noon Molecular & Cellular Pathology. Summer program for Research Experience in Pathology (PREP) poster presentation; BBRR-170.

**Friday, July 28**

Noon Friday Noon Conference. Town hall meeting, Internal Medicine residents only; WP-E.


**Final defenses**

**Friday, July 28**

9 am Environmental Health. Pediatric iron toxicity: The impact of unit-dose packaging, Candidate Ann Slattery; RPHB-209.

**Meetings**

**Monday, July 24**

5:25 pm Power Yoga; UAB Arts Annex. For more info, call Fran 987-0033.

6:30 pm Power Yoga; UAB Arts Annex. For more info, call Bonnie 823-6602.

**Tuesday, July 25**

Noon UAB Resource Center Wellness Program. Stress management through meditation; The Resource Center: Call 4-2281 for more info or visit www.uab.edu/ep. 7 pm Conversational English, levels 1-4; Smolian Intl House. For more info, 4-1205/savowers@uab.edu.

**Wednesday, July 26**

Noon French conversation table; HUC Cafeteria (look for the French flag). Come to speak French and make new friends! For more info, Catherine daniell@uab.edu.

Noon UAB Resource Center Employee Assistance Program. The Joy of Stress brown bag lunch. A three part series guaranteed to make you laugh while also providing information about managing stress. Participants are encouraged to bring their lunch while the Resource Center will provide drinks and dessert. The Resource Center. Call 4-2281 for more info or visit www.uab.edu/ep.

5:25 pm Power Yoga; UAB Arts Annex. For more info, call Fran 987-0033.

6:30 pm Power Yoga; UAB Arts Annex. For more info, call Bonnie 823-6602.

7 pm Society for Intuitive Research meeting. Discuss the three levels of mind, and how to use them to your benefit. Students and faculty welcome. Spencer Honors House.

**Thursday, July 27**

12:10 pm UAB Resource Center. Tai Chi Stress management through movement; The Resource Center. Call 4-2281 for more info or visit www.uab.edu/ep.

6:30 pm SMART recovery group

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**Religion**

**Tuesday, July 25**

Noon Medical Center Christian Fellowship Meeting, WP-B. All welcome. Mark 647-5177 or Blair 951-3826.

**Wednesday, July 26**

Noon Employee-lead Bible study; Interfaith Chapel-West Pavilion. 12:15 pm Latter-day Saints Student Association, Scripture study and discussion; HUC-413. All welcome. For more info, Andrew 822-9338.

7 pm Catholic mass; St Stephen Church, 1515 S 12th Ave, 933-2500.

**Sunday, July 30**

5 pm UAB Hindu Student Council. We will have a session on singing and feasting the Hare Krishna way where everyone is welcome to join. For more info, Varadraj Prabhu 383-8903. 1501 13th Ave S, Apt 20, Bham.

7 pm Catholic mass; St Stephen Church, 1515 S 12th Ave, 933-2500.

**Exhibits**

Mervyn H. Sterne Library. Talent Show: Fancy Arts and Crafts by Sterne Library staff members. 7:30 am-10 pm Mon-Thurs; 7:30 am-7 pm Fri; 9 am-5 pm Sat; 1-10 pm Sun. The Samuel Ullman Museum. Home of prominent Birmingham civic leader and poet. Open by appointment.

Teaching sessions cancelled for summer

The following teaching sessions have been cancelled for the summer.

- CNRC/Nutrition Sciences Noon Seminar will resume in August.
- Endocrine Conference will resume in September.
- Geographic Medicine GRs will resume in October.
- GI/Hepatology GRs will resume in September.
- Hematology/Oncology GRs will resume in August or September.
- Hematology/Oncology Research Conference will resume Sept. 11.
- Medical GRs will resume July 12.
- Vascular Biology/Hypertension Program will resume Sept. 8.
- UAB Center for Aging/GREEC Scientific Seminar Series will resume in September.

**Sticks & Stones to exhibit at Civil Rights Institute**

A UAB graphic design project that started in the classroom as a way to examine labeling and stereotypes has grown into an internationa model on messaging and tolerance.

UAB Professor Audra Buck created the Sticks & Stones project for her classroom with a colleague, Pamela Beverly of Weber State University in Ogden, Utah.

A show of works created by students in the project, “Sticks & Stones: A Collaborative Exchange Exploring Labeling and Stereotyping,” is on exhibit through Aug. 27 at the Birmingham Civil Rights Institute, 520 16th St. N.

A catalogue for the project is being created to send out to graphic design programs at universities across the country. In 2008, the program will be updated with a university in China and another in university in China and another in

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**LEGEND OF LOCATIONS**

- AB Administration Bldg.
- BDB Biosol Bldg.
- BBRB Bivell Biomedical Research Bldg.
- CH Campbell Hall
- CHSB Community Health Services Bldg.
- CPM Center for Psychiatric Medicine
- HUC Hill University Center
- JT Jefferson Tower
- KHGB Kaul Human Genetics Research Bldg.
- LHL Lister Library
- LHR Lyons-Harrison Research
- MCLM McCaulum Building
- MCSA Margaret Cameron Spain Aud.
- NP North Pavilion
- RB Ryals Building
- SB Scrubling Building
- SHEL Sheby Biomedical Research Building
- SOD School of Dentistry
- SOE School of Education
- SON School of Nursing
- SOD School of Optometry
- SRC Spain Rehabilitation
- TCHA The Childrens Hospital of Ala.
- TKC The Kirklin Clinic
- THT Tinsley Harrison Tower
- UOBUB University Blvd Office Bldg.
- WH Wilmer Hall
- WP West Pavilion
- WORB Worrell Building
- ZRB Zeigler Building

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**HIGHLIGHTS**

Students, from widely varying backgrounds, created “self-portraits” using poetry, maps, family photos and other images and texts.

**WBHM-FM 90.3**

Fresh Air with Terry Gross can be heard 3-4 pm daily on 90.3 WBHM-Birmingham, and 91.5 WBGN-Gadsden, your station for NPR News and classical music. Fresh Air is NPR’s Peabody Award-winning weekday magazine of contemporary arts and issues. It offers some of the most intelligent interviews, reviews and commentary heard on radio, and features interviews with prominent cultural and entertainment figures, as well as distinguished experts on current events.
ASC to open doors to its 10th season with weekend-long event

Ticket packages now are on sale for the Alys Stephens Center’s 2006-2007 season, set to begin Friday, Aug. 4, with the first-ever Magic City Chamber Music Festival – a weekend-long event featuring the incomparable Borealis String Quartet and the Alys Stephens Center Chamber Players, including UAB’s own Yakan Konaan.

The season promises to offer audiences the thrill of extraordinary classical musicians, playful and passionate chamber music, mind-tingling circus and avant-garde dance, irreverent humor, insightful theater, creative children’s shows, jazz that spans the genre and special events both
glorious and uplifting.

And the line-up proves that nothing can compare to the joy of live performance, with artists as diverse as Itzhak Perlman, Nickel Creek, Marcia Ball, Ravi and Anoushka Shankar, Denyce Graves, Joan Baez, Dileo Dance Theatre, Preservation Hall Jazz Band, Forbidden Broadway, Awadagin Pratt, Carlotta Santana, Chick Corea and Béla Fleck – and so many more!

A new addition is the ASC Social Club for arts enthusiasts ages 21-40. The ASC Social Club will host four great events and offer membership perks such as discounts, invitations to special events, meet-the-artist opportunities, first opportunities to purchase tickets and more.

Special discounts and offers are available for UAB students, faculty and staff and for groups of 10 or more. Gift certificates are always available.

To purchase season tickets or request a season brochure, call 975-2787 or toll-free 1-877-278-8457 (877-ART-TIKS). Single tickets go on sale Monday, Aug. 14, and can be purchased by phone, at the Alys Stephens Center Box Office or online at www.AlysStephens.org.

MythBusters hosts to bring quirky science to Lecture Series July 29

Can Pop Rocks and soda make your stomach explode? Is it possible to get stuck on an airplane toilet?

What happens when you strap a rocket to the roof of a ’67 Chevy Impala?

Are escape hatches on airplanes really an asset?

What happens when you get stuck on an airplane toilet?

Is it possible to make your stomach explode? Is it possible to make Pop Rocks and soda make your garbage dance?

Is it possible to put a rocket on the roof of a car?

An erratic fencer and knife thrower, MythBusters host Kari Byron

Klapow

W

hich of us hasn’t been there? — 50 phone calls to return, six reports due, hundreds of e-mails, and the list goes on and on.

The amount of work many people face after returning from a vacation can often be enough to discourage them from ever taking another. That’s one reason Klapp has constructed a list of strategies to follow before, during and after vacation to help ensure a good time while it’s under way – and a reason to look forward to the next one.

Before leaving

• Wrap up as much as possible. “Don’t leave any ‘loose ends,’” Klapp says.

• If you can’t wrap things up, formally postpone projects.”

• Make a priority list for what will need to get done when you return. “Bring it with you at the bottom of your suitcase,” Klapp says.

• Inform co-workers that you will be out of the office and not available until you return. “If people don’t know you are gone or supposed to be gone, the phone calls, e-mails and work will continue to flow,” Klapp says.

During vacation

• “Remind yourself why you are taking a vacation,” Klapp says. Make the vacation a priority.

• If you must work while you’re on holiday, don’t allow work to take over the vacation. “Let your family or friends know ahead of time and don’t stray from that time,” Klapp says.

• Many of us start thinking about work on the last day of vacation. “Give those thoughts a productive way,” explains Klapp. “Take out that priority list from the bottom of your suitcase and make changes accordingly.”

Back to work

• Take a deep breath and remind yourself you are not going to catch up on everything the first day back in the office. Over time you will eventually catch up.

• “Pace yourself,” says Klapp. Accomplish the tasks on the priority list and then move on to other tasks.

• Communicate with co-workers. Let them know you have just gotten back and that you will need a little time to get back up to speed.

Just remember that your vacation is for you,” explains Klapp. “It is supposed to be a pleasurable event, not a major source of stress. What you do before, during and after vacation can help you get the most out of your time off work.”

UAB Gospel Choir to present its summer concert

In the spirit of the popular television music show on Black Entertainment Television Network, the UAB Gospel Choir’s will present its summer concert “106 and Praise” Monday, July 31, at 7 p.m. in the Alys Stephens Center, with Kevin Turner directing.

Concertgoers can sing along to well-known songs by Mary Mary, Tyhe Tribbett and New Direction. Traditional gospel listeners will enjoy classics by the late great Thomas Whitfield, With My Whole Heart, and Timothy Wright, For The Rest of My Life, or sing along with the new hit tune by Donald Lawrence, Giants, as well as the Bishop Carlton Pearson classic, Forever You’re My King.

The UAB Gospel Choir Dance Team will also perform.

Tickets are $5; tickets for UAB students and employees with valid ID, and for children 12 and under, are $3. Discounts are available for groups of 15 or more with advance ticket purchase.

For tickets, call the Alys Stephens Center at 205-974-2787 or the UAB Ticket Office at 205-934-8001.

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MythBusters hosts to bring quirky science to Lecture Series July 29

Can Pop Rocks and soda make your stomach explode? Is it possible to get stuck on an airplane toilet?

What happens when you strap a rocket to the roof of a ’67 Chevy Impala?

Ask Kari Byron and Grant Imahara, two hosts of “MythBusters” — the television show that seeks to answer such questions. Ask Kari Byron and Grant Imahara, two hosts of “MythBusters” — the television show that seeks to answer such questions. Ask Kari Byron and Grant Imahara, two hosts of “MythBusters” — the television show that seeks to answer such questions.

The two will headline the UAB Lecture Series Saturday, July 29, at 7 p.m. in the Alys Stephens Center.

Admission is free and open to the public, and an autograph session follows.

An erratic fencer and knife thrower, MythBusters host Kari Byron

Klapow

With only a month or so left before the fall semester begins, many UAB faculty and staff members will be trying to take one last summer vacation over the next month and a half. Guarding against adding stress to the time off will go a long way toward helping them enjoy those vacations and not dread coming back to work, says to Josh Klapp, associate professor of psychology.

“Unfortunately for many of us, the return to work can be very stressful,” Klapp says.

“Most of us have been there — 50 phone calls to return, six reports due, hundreds of e-mails, and the list goes on and on.”

The amount of work many people face after returning from a vacation can often be enough to discourage them from ever taking another. That’s one reason Klapp has constructed a list of strategies to follow before, during and after vacation to help ensure a good time while it’s under way – and a reason to look forward to the next one.

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Treutel is inaugural winner of English core teaching award

Rita Treutel says she can’t remember the specific day she decided to be a teacher.

Rather, the profession chose her.

“I never made the decision to be a teacher,” says Treutel, an instructor in the UAB Department of English. “For as long as I can remember, teaching is the only thing I wanted to do.”

Commitment and a love for her profession and her students both come through in Treutel’s classroom, as evidenced by her selection as the department’s first Core Teaching Award recipient. The endowed annual teaching award was created to identify and reward outstanding service to UAB students in core courses, recognizing a person teaching a large number of first- and second-year students who goes beyond the department’s already high expectations.

“Our committee had already supported an award for creative writing, but we knew that a lot of what the department of English does involves the hard work of teaching basic English courses,” says John Talley, past chair of the English Advisory Committee and co-creator of the award along with retired instructor Grace Carmichael Finkel.

“We wanted to recognize the importance of the core courses, as well as the contributions of the faculty teaching those courses,” Talley says.

The winner of the award is based mostly on evaluations from students. The other finalists, in alphabetical order, were Dan Butcher, Eugene Cuevas, Danielle Glassmeyer and Jody Stitt.

“It’s an honor to be selected,” Treutel says. “There were some great teachers up for the award — teachers I admire.”

Living her calling

There’s no question teaching is what Treutel believes she was called to do with her life.

Whether it’s teaching incoming freshmen composition, leading adult or children’s Sunday School classes or serving as Cub Master for her son’s Cub Scout Pack in Oneonta, Treutel is always excited about an opportunity to teach others.

Take a recent hiking excursion with her 7-year-old son Andrew’s Cub Scout group as a prime example. Treutel took Pack 53 to an Oneonta cemetery where the children were fascinated with reading the dates on the old tombstones, some of which dated back to the Civil War.

“I know some people will think taking them to the cemetery is kind of morbid, but we got to do math, talk about history and family trees,” she says. “All of these learning possibilities came from this one little hike through a cemetery.”

The learning games extend to the dinner table at home, as well, where Treutel, her husband Bill and children Philip, 11, Andrew, 7, and Sarah Beth, 4, each come up with a word that the others have to use in a sentence. It’s not only a chance for family bonding, but it’s another learning opportunity.

Opportunity, in fact, is what Treutel promises her students at UAB. Whether it’s a freshman composition class, sophomore literature class, a University 101 class or a Freshmen Learning Community Class, she tells her students they will have a chance to analyze problems and come up with their own answers. There is no hand holding in her classroom.

“I don’t stand up and say ‘This is what you are going to do.’ I say ‘This is the problem you have to solve. Here are some tools we might use. Let’s figure out which of these tools will work in this situation,’” she explains. “I think my students know I will work as hard as they will to meet expectations.”

And her students appreciate it: Treutel keeps a thank-you card in her desk that a student gave to her a few years ago. It’s a simple note, stating “Thank you for caring about my future.”

“I didn’t do anything extra for that student than what I offer to all of my students,” says Treutel, who is in her 10th year teaching at UAB. “But she saw that I had a genuine interest in whether or not she made it through this institution.”

“That’s pretty cool.”

Heimburger begins Fulbright Scholarship research in Africa

Douglas C. Heimburger says he’s a man glad of a new challenge — and a Fulbright Scholarship award that is enabling him to work in Zambia is providing just that.

That’s because winning the award has finally enabled an energized an eager Heimburger an opportunity to fulfill a life-long desire.

“I’ve always wanted to do some work and research in the developing world and help the poor and under-served,” Heimburger says. “Plus, I’m a Christian and am motivated by the example of Jesus who went to people who were really needy, identifying with and helping them.”

“It’s a little anxiety-provoking in some respects,” the 25-year professor of nutrition sciences says of his trip to Lusaka, Zambia, which began in mid July. “But that’s what I was looking for, to shake things up and try something new.”

During his six-month stay in the African nation, Heimburger (who was accompanied on the trip by his wife Beth and 16-year-old daughter Betsy) will investigate nutritional factors influencing the response to medical treatments for HIV and AIDS. His grant to do so comes from the U.S. Department of State and the J. William Fulbright Foreign Scholarship Board.

Heimburger is one of approximately 800 U.S. faculty and professionals who will travel abroad to some 150 countries this coming academic year through the Fulbright Scholar Program. Recipients of Fulbright Scholar awards are selected on the basis of academic or professional achievement and because they have demonstrated extraordinary leadership potential in their fields.

UAB has a strong presence in Zambia. It supported the establishment of the Centre for Infectious Disease Research in Zambia (CIDRZ) in 1999 and currently treats 50,000 people there with HIV/AIDS — up from 1,000 just two years ago. Doctors there are gathering a real-time database of information on maternal-child health and infectious diseases.

Heimburger is eager to help the people of Zambia and his colleagues in their continuing efforts to treat and cure diseases such as HIV/AIDS. Specifically, he is trying to analyze the link between malnutrition and mortality among those on anti-retroviral therapy (ART).

His research will center on refracting syndrome, which occurs when previously malnourished patients are fed with high carbohydrate loads. The syndrome can cause cardiac failure, muscle weakness, immune dysfunction and death.

Heimburger is studying this because of the high mortal- ity rate following the beginning of ART in low-income countries.

“I have to think that a person’s nutritional status will influence how they respond to the drugs,” Heimburger says. “We know little about how dietary intake and poor nutrition interact with ART, creating an urgent need to investigate this link.”

Heimburger, who goes out of his way to thank his colleagues in the department of nutrition sciences for their help while he pursues this endeavor, is hoping this project won’t be just a six-month investigation.

“I want to go back with some colleagues a couple of times a year and work with a Zambia team that would stay there and carry the research on,” he says.

“I’m hoping to begin some things that will have long-term results and impact.”

If you are a faculty member interested in applying for a Fulbright Scholarship award, visit www.fulbright.org on the Web.

Also, for more information on the Centre for Infectious Disease Research in Zambia, visit www.cidrz.org.
**Men**

1. **Incontinence study** compares two treatments for urinary incontinence after surgery for prostate cancer. Men may be eligible if they are experiencing urinary incontinence 1 year after their prostate surgery. 5-7938/866-435-5111.


3. **Cognitive Therapy for Post-Prostatectomy Incontinence (CTPI).** Men who have had a prostatectomy are eligible for this study. Men are being asked to participate in a 7-day follow-up period assessing daily urinary incontinence. Compensation. 996-5295.

4. **Are you a woman age 45-60 who is overweight and interested in losing weight?** The University of Alabama School of Public Health is conducting a study to investigate the effectiveness of an intra-vaginal medication and compensation. 996-5295.

5. **Are you a right-handed female age 19-45? Do you have a Spanish-speaking second language?** You may be eligible to participate in a trial to see how long-term exercise training affects stress and anxiety with people having arthritis. Call 5-0666.

6. **Do you experience dizziness or near-fainting spells?** Call 4-9683.

7. **Are you a woman age 21-65 who frequently take prescription medication to sleep, but who continue to have difficulty sleeping?** A through-the-night sleep study. Call 210-9723.

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**Children**

1. **Children’s glasses study:** Children aged 11-15 who currently wear glasses needed to compare the effect of wearing glasses and no glasses on near vision. Requires 4 visits during a 3-month period. Reimbursement up to $130 per pair of glasses. Contact 4-6734.

2. **Do you know who needs to lose weight?** African-American and Caucasian girls ages 11-16 needed to wear a class 1 glass or less of milk per day needed to participate in a study evaluating the effects of diet on weight loss and blood pressure. Compensated. 5-9629.

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**Women**

1. **Healthy African-American and Caucasian women ages 40-70 needed for a study on ethnic differences in insulin sensitivity.** Recruitment is confidential. 4-0883.

2. **Are you a woman age 21-65 who frequently take prescription medication to sleep, but who continue to have difficulty sleeping?** A through-the-night sleep study. Call 210-9723.

3. **Do you know who needs to lose weight?** African-American and Caucasian girls ages 11-16 needed to wear a class 1 glass or less of milk per day needed to participate in a study evaluating the effects of diet on weight loss and blood pressure. Compensated. 5-9629.

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**Men & women 57-68 in good physical health needed to participate in a study to test new medication.** This study is needed to test basic money skills and decision-making in older adults. Physical exam and blood work required. No medical history or risk factors needed. 4-1877.

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**Women**

1. **Are you a woman age 45-60 who is overweight and interested in losing weight?** The University of Alabama School of Public Health is conducting a study to investigate the effectiveness of an intra-vaginal medication and compensation. 996-5295.

2. **Are you a right-handed female age 19-45? Do you have a Spanish-speaking second language?** You may be eligible to participate in a trial to see how long-term exercise training affects stress and anxiety with people having arthritis. Call 5-0666.

3. **Do you have an irregular heartbeat?** You may be eligible to participate in a study for breast cancer prevention? 5-1800.

4. **Are you a woman age 46-50 who is overweight?** You may be eligible to participate in a study to determine if a chocolate or vanilla shake reduces the amount of develop diabetes. You may be eligible if you have been at least 1 year overweight and you are not taking hormone replacement therapy. Compensated. 996-6270.

5. **Do you experience vaginal discharge or odor?** If so, you may be eligible. 996-2130/866-242-2422.

6. **Are you at high risk for developing breast cancer?** You may be eligible to participate in a research study that will determine if results from a minimally invasive procedure of taking samples of milk ductal cells (ductal lavage) may be used for a genetic screen for an early-stage breast cancer. You must be at least 30 years of age. Compensation for procedures includes lab, blood and urine specimen. 4-2130/866-242-2422.

7. **Are you a woman and over age 45 and older, African-American males and females age 18-30 are being asked to participate in a study of estrogen replacement therapy to see how long-term exercise training affects stress and anxiety with people having arthritis. Call 5-0666.

8. **Do you know who needs to lose weight?** African-American and Caucasian girls ages 11-16 needed to wear a class 1 glass or less of milk per day needed to participate in a study evaluating the effects of diet on weight loss and blood pressure. Compensated. 5-9629.

9. **Are you a woman age 45-60 who is overweight and interested in losing weight?** The University of Alabama School of Public Health is conducting a study to investigate the effectiveness of an intra-vaginal medication and compensation. 996-5295.

10. **Are you a woman age 21-65 who frequently take prescription medication to sleep, but who continue to have difficulty sleeping?** A through-the-night sleep study. Call 210-9723.
For Rent

For Sale
Autumn, 2-yr-old female Rottweiler, asking $100; all shots, adorable and very loving. 205-458-8992. Love her dearly, house needs big yard and pet-friendly house. David 282-487-1215.218.15-1851.

KIDS STUFF
Canhui 4-15,000/obo. Beverly 4-1885/252-4526.

For Rent

For Sale
1995 Acura integra white, 1092/910-4920.
Patsy 391-4162.

For Sale
1993 S-10 pick-up, driver, body in fair cond, dependable transmission. 220-3887.

For Sale

For Sale
1997 legend Dominator 20’ bass boat, 116,000 mi, 4-dr, AT, Mercury 200 hp, Lorance GPS, 3 Bank fish finder, 35 hp Yamaha outboard, power lift/lrum, stainless steel prop, like new, $4500. 558-3699.

For Sale
02 Mastercraft Prostar 190 boat, very good condition. $16,000. 820-313-6879.

For Sale
1993 S-10 pick-up, 4-dr, auto, new tires, 4249-3063. 956-4779.

For Sale
15 Mustang coupe, 200cc, 3 cylinder, 3-soil floor. $2,500. 989-109-2944.

For Sale
1990 Honda Accord, 150,000 mi, very clean, driver, body in fair cond, transmission and all cars. 412-677-6979.

For Sale

For Sale
1990 Prelude, 115,000 mi, 4-dr, Pick-up F100 run, good red, 250-9296. 320-8527.

For Sale
1994 Nissan Maxima, $1850; 16 Step-F100 Pick-up run, good red, 1500 mpg, lots of parts. 420-2356.

For Sale
1997 Honda CRX200, bolted out twice with rear, head and glass, asking $299. 305-412-9727.

For Sale

For Sale
1997 Honda Prelude 250 4-wheeler: blue, 129,000 mi, 5-spd, driver, body in fair cond, dependable transmission. 220-3887.

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For Sale

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For Sale

For Sale
1997 Honda CRX200, bolted out twice with rear, head and glass, asking $299. 305-412-9727.

For Sale
Looking for a unique last minute gift? Let me do it for you, baking, cleaning; $50 week or biweekly; honest, dependable, individual with reasonable references. 608-0344.

Home improvement projects: carpentry, painting, plumbing, electrical, decks, ceramic tile, painting, drywall repair and drywall installation. Free estimates. 542-3010 to set up your free consultation. I will help you in achieving your weight loss goals. Call 572-2959.

VW Rabbit or Jetta ends. Individual lessons and crash courses available. Even adults can have fun. 259-3826.

I will be housesit, pet sit work day hours, perform light chores. 585-7980. I will work day hours, perform light chores. 655-8587.

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Alys Stephens Center and
Birmingham Chamber Music Society
present
Magic City
Chamber Music Festival
Experience Great Music with Southern Hospitality!
FRIDAY, AUGUST 4 — SUNDAY, AUGUST 6
FRIDAY EVENING SALON
“Tastes of the South” wine & cheese party and pre-concert discussion recital featuring the ASC Chamber Players: YAKOV KASMAN, piano; DENISE GAINEY, clarinet; KAREN BENTLEY POLLICK, violin; MICHAEL FERNANDEZ, viola; HILARIE HARP RIVAS, violin; and DENNIS PARKER, cello. 6 p.m. wine and cheese party 7 p.m. concert. Tickets $35
SATURDAY AFTERNOON KIDS PLAY
ASFA PIANO INSTRUCTOR KEVIN CHANCE makes chamber music accessible to kids in the fun and interactive program. 3 p.m. Tickets $15
SATURDAY EVENING SALON
Recital featuring the BOREALIS STRING QUARTET. Followed by a “Southern Sweets” reception and discussion. 7 p.m. Tickets $35
SUNDAY MUSICAL BRUNCH
Magic City Brunch featuring Southern favorites from Kathy G. & Co. Followed by a recital featuring the BOREALIS STRING QUARTET WITH SPECIAL GUEST ARTISTS YAKOV KASMAN, piano, AND DENISE GAINEY, clarinet. 1 p.m. Tickets $40

For Southerners, making and hearing music is meant to be a social event centered around lively discussions, enlightening interactions, educational opportunities, and — of course — delicious food and drinks!

Events include performances and discussions from today’s leading chamber musicians, including the Borealis String Quartet and pianist Yakov Kasman. Plus various wine tastings, parties, and opportunities to enjoy Southern delicacies.

Yakov Kasman
Denise Gainey
Kevin Chance

Weekend Passes - Attend All Events for $100! Reserve your seats now. Seating is limited.
For more information, call (205) 975-ARTS or visit www.AlysStephens.org.


City, UAB partner on ‘Get Healthy Birmingham’ campaign
UAB faculty, staff and students are encouraged to participate in a campaign to help Birmingham shed its image as one of the fattest cities in the nation.
Set to begin Saturday, July 29, at 7:30 a.m. with a public rally at Legion Field, the “Get Healthy Birmingham” campaign will be a partnership between the community and UAB’s Minority Health and Research Center (MHRC) to encourage citizens to exercise more and eat healthier. Alabama leads the nation in adult obesity: 28 percent of the state’s adults are obese and 36 percent are overweight.

“This partnership with the city is a wonderful example of how we can involve university resources in community outreach,” said UAB President Carol Garrison. “We are thankful to Mayor Kincaid for joining hands with us to raise the health status of our city’s residents.”

Birmingham Mayor Bernard Kincaid has pledged his active participation as a role model for losing weight with daily walking and healthy eating. The mayor and his wife will join Birmingham residents for a walk around Legion Field during the July 29 program kickoff. A variety of physical activities for adults and children will be available, as well as information tables, entertainment and free refreshments.

The Get Healthy Birmingham initiative was conceived and developed by Kincaid and Mona Fouad, director of the UAB MHRC. Funding for the program will come from the MHRC’s Charles Barkley Health Disparities Fund and the city.

“We are excited about this partnership with the city, which gives us the opportunity to motivate Birmingham’s residents to integrate walking into their daily routine,” Dr. Fouad said. “The campaign follows through on the MHRC’s pledge to stay involved in our hometown and help raise the standard for healthy living.

Learn about “Get Healthy Birmingham” at www.uab.mhrc.com. Click on “Watch Walk Video” to hear about the effort from Charles Barkley.

20% Discount for UAB Faculty & Staff!
$10 Student Tickets!
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